# 2011 Youth Survey Report
# Westport, Connecticut

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The 2011 Westport survey was derived from the GPIY survey, which was given by the Connecticut Department of Mental Health and Addiction Services (DMHAS) and UConn Health Center in 2000 in towns and regional districts across the state, including Westport [1]. The GPIY survey, originally in paper format, was adapted for on-line administration in 2006, and has been used in more than 20 Connecticut towns. The survey is designed to ascertain prevalence, attitudes and behaviors related to use of substances (tobacco, alcohol, illicit drugs and other substances, and misuse of prescription drugs). Refinements to the survey by prevention coalitions in several Connecticut towns have been incorporated, and are gratefully acknowledged. The language of the questions and the structure of the report are closely aligned with the original GPIY survey.

The author sincerely appreciates the cooperation of the administration and teachers of Westport Public Schools, in supervising the administration of the survey. Special thanks go to the youths who shared their personal experiences and opinions. All results of the survey are anonymous, and are reflective of the entire community, not primarily its schools. Comparisons utilize the Westport GPIY surveys of 2000 [1] and 2002 [2], the Monitoring The Future (MTF) national survey of 2010 [3], and GPIY surveys given in six Connecticut towns in Demographic Reference Groups A, B, and C (Westport is DRG-A) [4].

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## SUMMARY

April of 2011 marked the second time the Governor's Prevention Initiative for Youth (GPIY) survey was given to representative samples of Westport youth. In 2000 it was given to 434 students in grades 7-10, and in 2011 to 1,009 students in grades 7-11. The survey monitors the use of substances (alcohol, tobacco, marijuana and other illicit drugs, inhalants, prescription drugs without a medical order, and energy drinks), as well as attitudes and behaviors possibly related to substance use.

In the 11 years since the first GPIY survey, cigarette smoking has decreased dramatically in grades 7-10, by about 10-fold. As affirmation of the influence of parents, a youth with a parent who smokes cigarettes was 5 times more likely to smoke than if neither parent smokes. A youth who drinks alcohol was twice as likely to have parents who drink. Also, a youth whose parent smokes was more likely to have physician-diagnosed asthma (17%) than if neither parent smokes (10%). Cigarette smoking was almost entirely limited to marijuana users, by a ratio of 20-to-1 compared to non-users. A few older boys reported using non-cigarette tobacco products.

The use of both 30-day alcohol and marijuana has also decreased substantially since 2000. In grades 9-10, the prevalence of 30-day use of alcohol decreased from 57% (2000) to 56% (2002) to 31% (2011). Marijuana use decreased from 27% (2000) to 23% (2002) to 12% (2011). Use of marijuana in grade 8 is below national and Connecticut averages, and is about the same as other averages in grade 10. Lifetime use of illicit drugs like cocaine, heroin, or angel dust (PCP) is almost unknown in Westport. By grade 10 or 11, a few youth report having tried LSD, ecstasy (MDMA), salvia, or a synthetic cannabinoid like K2 or "spice". Increasing abuse of medicines like pain relief drugs and stimulants like Adderall or Ritalin is receiving attention nationally. Use reported so far by Westport youth is low, about 4-6%, but bears watching.

Youth who use one substance are likely to use others as well, an association also seen in other towns. For example, 21% of marijuana users also smoke cigarettes compared to fewer than 1% of non-users, and 11% of marijuana users have used another illicit drug in the past 30 days compared to 0.7% of marijuana non-users. Included in the Westport survey are energy drinks, with their high caffeine content and possible gateway effects. Recent alcohol drinkers report two times the frequency of energy drink consumption, compared to non-drinkers.

Youth who reported drinking alcohol in the past 30 days are compared with youth who did not, in a statistical procedure that separates the effect of drinking from the effect of age. Results provide a snapshot of youth who are at higher risk of use of alcohol and other substances. Compared to non-users, 30-day users of alcohol were less likely to talk over problems with parents or teachers, were more skeptical of various means of discouraging underage drinking, and expressed more leniency toward some types of "antisocial" behavior, such as physical assault, cheating on tests, and engaging in gambling activities. Alcohol users also spent more time in social activities like hanging out with friends and talking on the phone, and they spent less time reading or using computers. When asked why teens decide to drink or not, alcohol users felt that peer pressure, the disapproval of friends, and education about alcohol were all less important than non-users did.

Two "core measures" which are associated with substance use are perception of personal harm from regular use, and perception of disapproval by one's parents. When prevalence of use is plotted against degree of perceived harm or disapproval, it is clear that the highest prevalence of drinking occurs when youth perceive little or no parental disapproval – in support of the idea mentioned above, that parental opinion and example are important.

# METHODS

This youth survey was administered to Westport Public School students in grades 7-11 during April 7-14, 2011. The survey is an on-line version of the Connecticut Governor's Prevention Initiative for Youth (GPIY) Youth Survey for 6th-12th Grade, given in Westport to grades 7-10 in spring of 2000 [1] and 2002 [2]. The survey has been modified over the past several years to reflect changes in patterns of substance use and gambling behaviors that have occurred in the years since the GPIY survey was last given by the Department of Community Medicine & Health Care of the University of Connecticut. Questions now include bullying, reasons for first using (or not using) alcohol and marijuana, and social norms [7]. Questions in this survey are taken *verbatim* from the GPIY survey, which were in turn taken from national surveys, including the Youth Risk Behavior Surveillance System (YRBSS) [8], Monitoring The Future (MTF) [3], the forty "Developmental Assets®" identified by Search Institute [9], and the Connecticut School Health Survey [10]. Thus, there is compatibility of data among all the surveys, as well as validity of responses through the consistent use of research-based questions.

The survey was administered via computer on-line to grades 7-11, under the supervision of Westport Public School and Positive Directions. School subjects which are required of all students were identified, and randomly chosen classes of those subjects were given the opportunity to take the survey. The survey was administered in computer labs, using the SurveyMonkey.com® web site and software. Prior to administering the survey, parents were given the opportunity to excuse their child from participating, by contacting their principal or returning a signed form. Youth were also able to decline the survey on their own by simply logging off the computer, and a few did so and are not included in tabulations.

Guidelines for administering the survey were developed by the University of Connecticut Health Center [10]. Instructions are summarized in the on-line introduction. During the survey, conversation among students was discouraged, and classes were reassured about the anonymity of the surveys and the need for their honest input. The number of minutes required by each respondent to complete the survey was determined by subtracting the start-time from the finish-time, both of which are recorded in the SurveyMonkey.com system. Times do not include such preliminary activities as bringing youth to the computer facility. The IP address of each response corresponded to Westport Public Schools, confirming that none of the surveys originated from outside the schools.

All statistical and tabulation computations were carried out using Statistica® version 10.0 (StatSoft, Tulsa, OK). Data checking and formatting operations were carried out in Microsoft Excel® 2010, and the final report was produced in Microsoft Word® 2010 and converted to a "portable document format" (pdf) file in Adobe Acrobat® version 8.1.2. All software is licensed to Quantitative Services.

About half of all students in each grade were included in the survey, so that sampling variance (calculated by standard methods [11]) for each grade is low, about ± 3%. In asking respondents how they describe their ethnic background, the current standard of the U.S. Census was followed, separating Hispanic ethnicity from racial identification. Statistical significances of differences between groups (e.g., recent drinkers *vs.* non-drinkers, Tables 54-61) were calculated by 2-way analysis of variance (ANOVA), with 30-day alcohol use and grade as the two predictor variables. This procedure computes mean levels of each factor for drinkers and non-drinkers, and p-values comparing alcohol users *vs*. non-users, independent of age. A p-value is defined as the probability that the observed difference is due to chance alone; a low value (e.g., $p<0.01$ or

p<0.001) indicates a strong probability that the difference is due to a genuine relationship between the factor and alcohol consumption, not to age and not to random chance. For ease of interpretation, scores which are on 3 to 6 point Likert scales in the survey are converted to a 0-100 scale, inverted if necessary so that all are ascending in intensity of the factor.

Because of slight imbalance in numbers of respondents in different grades, weighting was employed for all analyses in which grade-levels were combined into multi-grade groups. Weights equalized the contributions of each grade, and were scaled so that the sum of weights equaled the number of respondents. Weights varied from 0.940 for grade 8 to 1.052 for grade 10.

Respondents were asked to estimate the percentage of their classmates who regularly use alcohol, cigarettes, or marijuana. A series of six percent-intervals ("bins") were provided in the survey. In order to compare respondents' estimates of usage ("social norms") with actual reported usage, medians were estimated by linear interpolation. The median is the usage level estimated by 50% of respondents.

$$M = X_2 - \frac{(Y_2 - 50) \times ((X_1 + X_2)/2)}{(Y_2 - Y_1)}$$ , where

$M$ = Estimated median social norm usage
$X_1$, $X_2$ = Mid-intervals of survey choices corresponding to $Y_1$, $Y_2$, where $X_2 > X_1$
$Y_1$, $Y_2$ = Cumulative % of respondents, where $Y_2 \geq 50 \geq Y_1$

The GPIY survey was conducted in Westport once, in 2000. Data for variables related to tobacco, alcohol, marijuana, and other drugs are tabulated for 2000, 2002 and 2011 (Tables 51-53). A "cohort" analysis requires that surveys be conducted every 2-3 years, in order to track changes in random samples of youth as they advance in age. The 11-year interval nevertheless provides some historical perspective.

# RESULTS

## *Demography*

The young people surveyed in Westport, Connecticut, were enrolled in the two middle schools (Bedford and Coleytown, grades 7-8) and Staples High School, grades 9-11. The survey was administered near the end of the 2010-11 school year – April 7-14, 2011 – about 11 years after the 2000 survey of Westport youth in grades 7-10. The 2011 survey sample was approximately 50% of students in each grade. Private school students were not included in this survey. Median ages of youths were 11-15 in grades 7-11. Median times required to complete the survey were 29 minutes (grade 7) to 19 minutes (grade 9).

A total of 29 responses (2.9%) were excluded from this analysis because of either incomplete or inconsistent answers (Table 1). Nine respondents in effect declined to participate in the survey, by logging off before substantial information was given. Another 18 respondents answered certain questions in a manner inconsistent with quality control criteria. Two 12$^{th}$ graders who took the survey were excluded from analysis.

The survey sample contained equal numbers of girls and boys (Table 2), and the racial mixture was similar to that of the district as a whole, with more minorities than in the town of Westport (Table 3) [12]. Youth were asked about their asthma status, for correlation with smoking and personal characteristics, and 11% said they are diagnosed asthmatics (Table 4). The 4.4% who report undiagnosed asthma was similar to other Connecticut towns.

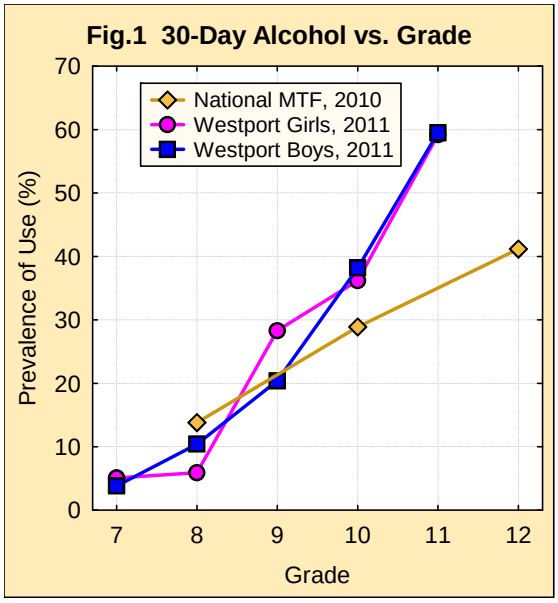
## *Alcohol Use.*

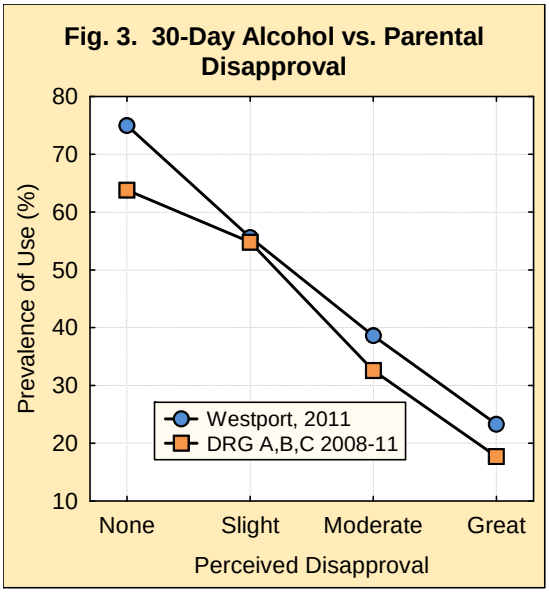
Among the substances proscribed for youth, alcohol is the most commonly used in Westport, by both boys and girls (Table 5). Before grade 10, fewer than half reported drinking in the previous 30 days. By 10$^{th}$ grade, drinking was somewhat more prevalent in Westport than nationally or in demographically comparable Connecticut towns (Table 49), and continued to increase in grade 11 (Fig. 1). However, drinking was reduced by almost half from the prevalence reported in 2000, a decrease that was already underway in 2002 (Table 52).

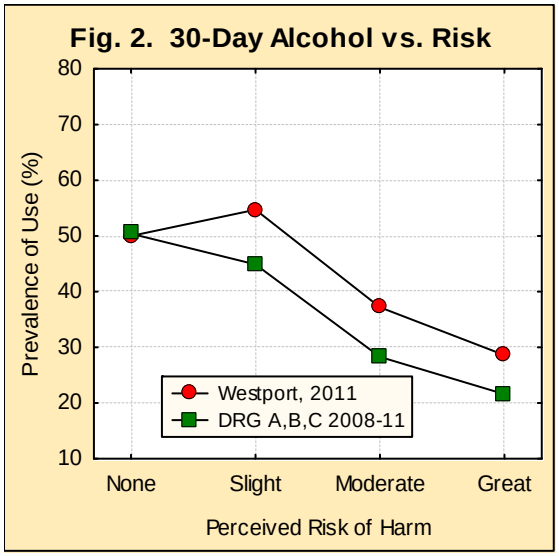
The prevalence of use of a substance, including but not limited to alcohol, is related to perception of personal risk of harm from its regular use. The relationship between 30-day use of alcohol and perception of harm is illustrated in Fig. 2, for high school youth in grades 9-11. Westport youth reported a prevalence of using alcohol somewhat higher than youth in demographically similar towns, at all but the lowest level of perceived risk. The relationship between 30-day use of alcohol is also correlated with perceived disapproval of one's own parents. The relationships for Westport and demographically similar youth are illustrated in Fig.3. Westport high school youth who perceived no harm in regular use of alcohol reported starting to drink more than one year earlier than youth who perceived great harm (averages of 12.9 and 14.2 years, respectively, highly statistically significant). There was no significant difference in the degree of drinking versus perceived risk of harm, with all respondents averaging about 2-3 drinks at a time in the past 30 days.

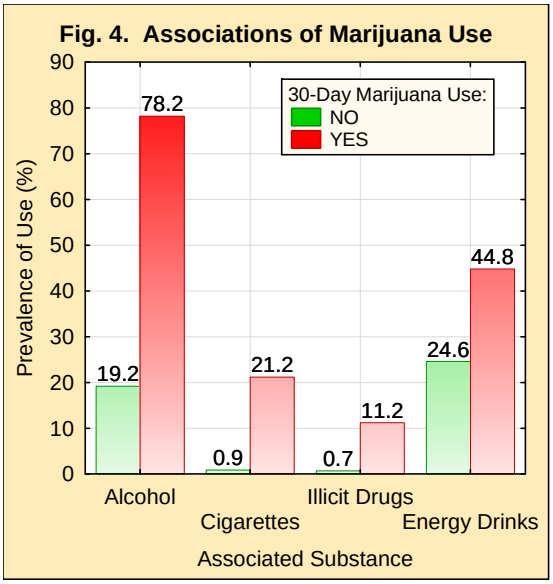
Delaying the initiation of use of any substance is a worthwhile objective, because starting early is associated with more problems later in life. The age at which Westport youth reported starting to drink alcohol has increased steadily since 2000. Average ages of initiation for 8$^{th}$ graders were

10.6 years in 2000, 11.4 in 2002, and 12.2 in 2011; and for 10th graders, ages were 11.6 years in 2000, 13.1 in 2002, and 14.4 in 2011. Youth who reported 30-day alcohol use also reported that they had recently used other substances as well. The degree of association between drinking alcohol and the use of other substances is quite striking, either recent (Table 8) or lifetime (Table 10). For example, only 0.7% of non-drinkers reported 30-day cigarette smoking, compared with 11% of recent drinkers – i.e., drinkers were 17 times more likely to smoke cigarettes. This kind of association is repeated for marijuana (Table 9) and other substances, and has been observed in many other Connecticut towns. Youth, who had used alcohol in the past 30 days (and by association, use of other substances as well), engaged in a variety of risky behaviors and held more lenient views of substance use and antisocial activities (Table 56).




Youth rated the plausibility of several possible reasons for why youth start using substances. Results are expressed as percent of maximum plausibility (see Methods), and are divided by grade-group and by whether the youth reported using in the past 30 days (Table 21). The most

prominent among reasons given by alcohol users for starting to drink were to have fun (especially older youth) and personal choice (Table 21A). Non-drinkers also rated having fun the number one reason, but many thought curiosity and fitting in with friends (i.e., peer pressure) are important. Least important were reasons related to family. Differences in overall perceptions between all drinkers and non-drinkers are shown in Table 59.

In a similar manner, youth were asked to rate several reasons why people of their own age choose *not* to use alcohol or marijuana, with results tabulated according to whether the responder did or did not use the substance (Table 22). Scores are computed as described above. For alcohol users, leading reasons were personal and lifestyle choices, bad experiences with family members, and health reasons (Table 22A). Non-drinkers rated ethical/moral reasons higher than drinkers. Choices varied considerably with grade of respondent.

The ease with which alcoholic beverages and other substances could be obtained began to increase in grade 8, and increased further in high school (Table 23). Cigarettes were considered harder to obtain than either alcohol or marijuana. Alcohol was rated "very easy" to obtain by more youth in 2010 than in 2000 (Table 52). The most prevalent sources of alcohol among older youth were from their friends and at parties without adults present (Table 25). Few youth reported buying alcohol for themselves, at either restaurants or package stores. Direct purchase of alcohol by youth has decreased since 2000, perhaps as a result of enforcement or vendor training (Table 52). Drinking took place in the youth's own home or the homes of other people – patterns which have not changed much since 2000 (Table 52) – and at parties, with or without adults present (Table 26). Reported use of alcohol by peers was consistent with self-use reports (Table 28). The prevalence of friends who drink is almost 3 times as high among youth who themselves drink than among non-drinkers (Table 61).

To further aid in identifying significant characteristics of recent alcohol drinkers, average scale scores and statistics were calculated for many of the qualitative variables (Tables 54-61), as explained in Methods and footnoted for each table. These "profiles" of drinkers *vs*. non-drinkers are intended to provide guidance for prevention programs and healthy alternative activities. Profiles differ with age; the reader is invited to examine the tables for characteristics that may be addressed by programs under consideration. For example, as mentioned above, drinkers were consistently more permissive toward various antisocial behaviors (Table 56). Drinkers were also more social, congregating in public places or talking on the phone. Drinkers reported working at paying jobs more often, perhaps providing funds for purchase of substances (Table 57). Drinkers had a slightly more negative self-concept, and also had more trouble concentrating (Table 58). Non-drinkers considered disapproval of friends and education about alcohol to be important reasons for not drinking, more than drinkers (Table 60).

Respondents were asked to estimate how many in their own grade were regular users of cigarettes, alcohol, and marijuana. Six "bins" were provided for the estimates, and complete results are tabulated (Table 35). Median "social norm" estimates were calculated for each substance for comparison with the prevalence actually reported by the same youth. Median estimate is the prevalence estimated by 50% of the respondents. Results in Table A below indicate that overall estimates were reasonably on target in all grades. Median estimates were also calculated for high school youth (grades 9-11), to compare youth who reported 30-day use of the substance with those who reported not. Users consistently estimated higher use by their peers (Table B), confirming the "social norm" concept, that a belief that others are engaging in an activity (including but not exclusively substance use) is a motivator to engage in it oneself.

Table A.

| Grade | Prevalence of 30-Day Substance Use | | | | | |
|---|---|---|---|---|---|---|
| | Cigarettes | | Alcohol | | Marijuana | |
| | Reported | Estimated | Reported | Estimated | Reported | Estimated |
| | % | median % | % | median % | % | median % |
| 7 | 0.5 | 1.3 | 4.3 | 3.4 | 1.1 | 1.4 |
| 8 | 0.5 | 1.7 | 8.1 | 4.5 | 1.0 | 1.7 |
| 9 | 1.9 | 2.7 | 25.1 | 28.6 | 7.2 | 12.3 |
| 10 | 3.0 | 4.9 | 37.0 | 47.8 | 16.5 | 19.2 |
| 11 | 11.3 | 7.5 | 59.8 | 64.3 | 37.3 | 30.0 |

Table B.

| Median estimated use, grades 9-11 | | |
|---|---|---|
| | 30-Day Use | |
| Substance | NO | YES |
| | % | % |
| Cigarettes | 4.9 | 9.8 |
| Alcohol | 38.8 | 58.0 |
| Marijuana | 17.0 | 31.2 |

### *Tobacco Use.*

The long-standing national campaign against cigarette smoking has borne fruit. Cigarette smoking has declined dramatically since 2000 (Table 51). Current cigarette smoking, which has decreased nationally by half since the mid-1990's [6], was well below national and Connecticut averages among Westport youth (Tables 49, 50). The disparity between lifetime and current cigarette smoking indicate that most Westport youth who tried cigarettes did not continue to smoke, despite the highly addictive nature of nicotine. Use of tobacco products other than cigarettes is low and limited mainly to boys (Tables 6, 12) and African-American youth (Table 7). Cigars and pipes are the most commonly used non-cigarette products (Table 13). Cigarette smoking is highly correlated with the use of both alcohol and marijuana (Table 8, 9, Fig. 4).

Youth whose parents smoke were much more likely to smoke. Of youth with non-smoker parents, 2.4% reported 30-day cigarette use, compared to 13.6% of youth with at least one parent smoker. Youth were also asked if a sibling smokes, and 27.3% of those with a smoking parent reported that a sibling also smokes, versus 5.9% with non-smoking parents and a sibling who smokes. The effect of parental example seems very clear.

Youth with a parent who smokes were more likely to have physician-diagnosed asthma, 17.1% compared to 10.3% of children of non-smoking parents. Asthmatic youth were also more likely to be smokers, 6.5% compared to 2.9% of non-asthmatics who smoke. Smoking is more common among youth who do not engage in any athletic activity: 10.4% compared to 2.4% who engage in some kind of athletics. As for sources of cigarettes, the two most frequent are from friends and from home without their parents' permission (Table 24).

Perceived risk of harm from regular smoking was very high in all grades (Table 27). Only about 10% thought there is little or no risk to smoking. As youths get older, their attitudes about the risk of alcohol and cigarettes change little – risk from alcohol is perceived to be low, tobacco high. Even smokers perceived cigarettes as risky. But the number who think there is little risk to the use of marijuana increases dramatically. By grade 10, marijuana was felt to be safer than

alcohol and far safer than cigarettes. As with alcohol (Fig. 2), decreased perception of risk of cigarettes or marijuana is associated with increased use.

### *Marijuana, Inhalants, and Other Illicit Drugs.*

Marijuana use was declining for several years in national surveys [2], but has increased steadily among 10th graders from 16.9% in 2007 to 18.5% in 2010. Since 2000, prevalence of 30-day use in Westport has decreased from 27% to 11% (Table 53), and in 2011 was very close to national and state averages (Table 49). Perception of harm from marijuana was comparable to national and state figures for 8th graders, but Westport 10th graders expressed less concern about "great harm" from regular use (Table 50). The perceived disapproval by parents was high, comparable to other Connecticut towns. Ease of obtaining marijuana was not markedly different from other Connecticut towns of similar demography.

Reported prevalence of 30-day marijuana use was higher among African-American youth (Table 7). Asian youth reported very low use of alcohol, but marijuana use was nearly the same as their white classmates. The association of marijuana with the use of other substances has been mentioned, and is displayed in Fig. 4. Of particular note is the high degree of association of marijuana with the use of other illicit drugs and with cigarette smoking. It is common for there to be age-windows during which initiation of substance use takes place – 13-15 years old for marijuana, compared to 12-14 years for alcohol – after which initiation becomes less likely (Table 20). Among 11th graders, 28% reported having bought drugs, and 9% said they sold drugs during the past year (Table 30). More than half of high school youth said it is mostly or definitely true that lots of drugs are sold in their neighborhoods (Table 46).

Inhalants typically involve a volatile organic solvent or propellant used in paint, glue, aerosols, or other product, and are "huffed" to experience a high. Inhalants are extremely dangerous but easily available, and their use is strongly discouraged. In national statistics, the use of inhalants declines in later years of high school. Use in Westport in the past 30 days is at very low levels (Table 5), but lifetime use is still a concern (Table 6). About 6% of marijuana users report also using inhalants (Table 9).

Use of prescription medicines to get high or to enhance physical or cognitive performance has received much attention at the national level. In Westport, reported use of pain medicines like codeine or Vicodin has decreased substantially since 2000 (Table 53). Compared to other Connecticut towns, reported lifetime use of pain meds is higher among Westport 8th graders, but lower among 10th graders (Table 48). Reported use of stimulant medicines is very low in Westport, as is the use of all illicit drugs except possibly hallucinogens and salvia.

### *Personal and Environmental Characteristics*

When Westport youth had problems that bothered them, they most often received support from their friends, or their parents or siblings. About 15-25% of youth of all ages reported "almost never" talking things over with their parents. Few youth reported sharing problems with teachers or mentors, and 12-19% "almost always" keep things to themselves (Table 29). The most common "antisocial" act was cheating on a test in the past year, by 18-48% of youth (Table 30). Significant numbers of older youth reported riding as a passenger with a driver using alcohol or drugs. Many youth played card games like poker for money, or played instant lottery.

The greatest disapproval of antisocial behavior was for drinking and driving, destroying or stealing property, and initiating violent behavior (Table 31). The least disapproval was for playing gambling games like instant lottery or poker, and cheating on a test at school. There were age-related variations in the degree of disapproval.

Youth were asked how much time they spend at various activities away from school (Table 32). The most common activities were exercising or playing sports, using a computer unrelated to school, and listening to music. Relatively few youth indicated working at paying jobs. Activities positively related to use of alcohol were hanging out with friends, working at a job, and listening to music (Table 57). Youth who do not drink reported somewhat more reading of books or magazines.

The greatest degree of agreement with self-concept items were with positive traits like “I am good at making decisions” and “I am good at making friends” (Table 34). Least agreement was with negative traits like “I feel no one really cares about me” and “I feel I do not have much to be proud of”. Factor analysis of the data reveals three groupings of responses: optimistic outlook, depressive feelings, and hyperactivity. The only trait significantly associated with more alcohol consumption was “I have trouble concentrating”, a trait of hyperactivity (Table 58).

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# *SECTION 1. DEMOGRAPHY*

**Table 1. Surveys included in analyses**

| Grade | Total Surveys | Excluded Because: Inconsistent | Excluded Because: Incomplete | Analyzable Surveys |
|---|---|---|---|---|
| | count | count | count | count |
| 7 | 192 | 4 | 1 | 187 |
| 8 | 202 | 4 | 1 | 197 |
| 9 | 212 | 1 | 3 | 208 |
| 10 | 208 | 6 | 2 | 200 |
| 11 | 192 | 3 | 2 | 187 |
| 12 | 2 | 2 | 0 | 0 |
| Missing | 1 | 1 | 0 | 0 |
| Totals | 1009 | 20 | 9 | 979 |

**Table 2. Gender and grade of students analyzed**

| Grade | Gender: Female | Gender: Male | Gender: Missing |
|---|---|---|---|
| | count | count | count |
| 7 | 79 | 108 | 0 |
| 8 | 101 | 96 | 0 |
| 9 | 106 | 99 | 3 |
| 10 | 94 | 102 | 4 |
| 11 | 103 | 82 | 2 |
| Missing | 1 | 0 | 0 |
| Totals | 483 | 487 | 9 |

**Table 3. Race, ethnicity of students included in survey**

| Grade | Survey Sample* | | Westport Population | |
|---|---|---|---|---|
| | | | Schools** | Town*** |
| | count | % | % | % |
| White/Caucasian | 836 | 85.3 | 91.4 | 95.2 |
| Black/African American | 22 | 2.2 | 1.5 | 1.1 |
| Asian | 35 | 3.6 | 4.2 | 2.4 |
| Native American | 8 | 0.8 | 0.2 | 0.0 |
| Other | 73 | 7.6 | - | 0.8 |
| Missing | 5 | 0.5 | - | - |
| Hispanic | 79 | 8.1 | 2.7 | 2.3 |

* Sample included in analysis, ** Strategic School Profiles, 2008-09 [13], *** U.S. Census 2000 [12]

**Table 4. Asthma status**
**Youth included in survey, all grades**

| Asthma status | Prevalence |
|---|---|
| Do you have asthma? | % |
| No | 84.7 |
| Yes, diagnosed by a doctor | 10.9 |
| I think so, but not diagnosed | 4.4 |

# *SECTION 2. TOBACCO, ALCOHOL, AND DRUG USE*

**Table 5. Recent (past 30 days) use of substances by gender, grade**

| Substance | Gender | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|---|
| | | % | % | % | | |
| Alcohol | Female | 5.1 | 5.9 | 28.3 | 36.2 | 59.2 |
| | Male | 3.8 | 10.4 | 20.4 | 38.2 | 59.5 |
| | Both | 4.3 | 8.1 | 25.1 | 37.0 | 59.8 |
| Cigarettes | Female | 0.0 | 0.0 | 2.9 | 5.4 | 10.7 |
| | Male | 0.9 | 1.0 | 1.0 | 1.0 | 12.3 |
| | Both | 0.5 | 0.5 | 1.9 | 3.0 | 11.3 |
| Other Tobacco | Female | 0.0 | 0.0 | 0.0 | 0.1 | 1.5 |
| | Male | 0.2 | 0.2 | 1.5 | 1.8 | 8.5 |
| | Both | 0.1 | 0.1 | 0.5 | 0.7 | 4.0 |
| Marijuana | Female | 1.3 | 0.0 | 3.8 | 14.9 | 38.8 |
| | Male | 0.9 | 2.1 | 11.2 | 17.6 | 35.0 |
| | Both | 1.1 | 1.0 | 7.2 | 16.5 | 37.3 |
| Inhalants | Female | 1.3 | 0.0 | 0.0 | 2.1 | 1.0 |
| | Male | 0.9 | 1.0 | 0.0 | 1.0 | 1.3 |
| | Both | 1.1 | 0.5 | 0.0 | 2.0 | 1.1 |
| Illicit Drugs | Female | 1.3 | 0.0 | 0.0 | 1.1 | 4.9 |
| | Male | 2.8 | 1.0 | 1.0 | 2.0 | 6.4 |
| | Both | 2.2 | 0.5 | 0.5 | 1.5 | 5.5 |
| Energy Drinks | Female | 12.8 | 21.8 | 19.0 | 19.4 | 34.0 |
| | Male | 32.1 | 35.4 | 35.8 | 23.0 | 36.7 |
| | Both | 23.9 | 28.4 | 27.1 | 21.3 | 34.8 |

**Table 6. Lifetime use of substances by gender, grade**

| Substance | Gender | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|---|
| | | % | % | % | | |
| Alcohol | Female | 15.2 | 30.7 | 50.0 | 66.0 | 84.5 |
| | Male | 22.6 | 38.5 | 46.9 | 64.7 | 81.0 |
| | Both | 19.5 | 34.5 | 49.3 | 65.0 | 83.2 |
| Cigarettes | Female | 0.0 | 2.0 | 6.7 | 10.8 | 31.1 |
| | Male | 2.8 | 7.3 | 5.1 | 9.8 | 27.2 |
| | Both | 1.6 | 4.6 | 5.8 | 10.1 | 29.6 |
| Other Tobacco | Female | 2.5 | 2.0 | 3.8 | 9.6 | 30.1 |
| | Male | 5.6 | 9.4 | 18.2 | 23.5 | 43.2 |
| | Both | 4.3 | 5.6 | 11.5 | 16.5 | 35.5 |
| Marijuana | Female | 2.5 | 2.0 | 7.5 | 27.7 | 56.3 |
| | Male | 0.9 | 5.2 | 20.4 | 38.2 | 51.3 |
| | Both | 1.6 | 3.6 | 13.5 | 33.0 | 54.6 |
| Inhalants | Female | 2.5 | 6.9 | 3.8 | 7.4 | 7.8 |
| | Male | 5.7 | 3.1 | 4.2 | 4.9 | 10.4 |
| | Both | 4.3 | 5.1 | 3.9 | 6.5 | 8.8 |
| Other Illicit Drugs | Female | 2.5 | 0.0 | 1.0 | 7.4 | 14.6 |
| | Male | 2.8 | 2.1 | 2.1 | 7.8 | 30.8 |
| | Both | 2.7 | 1.0 | 1.5 | 7.5 | 21.3 |
| Energy Drinks | Female | 44.9 | 54.5 | 46.7 | 62.4 | 75.7 |
| | Male | 68.9 | 68.8 | 73.7 | 72.0 | 84.8 |
| | Both | 58.7 | 61.4 | 60.1 | 67.5 | 79.9 |

**Table 7. Recent use of substances by race, ethnicity**

| Substance | Race: White/ Caucasian | Black/ African American | Asian/ Pacific Islander | Native American | Other | Ethnicity: Hispanic |
|---|---|---|---|---|---|---|
| | % | % | % | % | % | % |
| Alcohol | 27.5 | 23.8 | 5.7 | * | 26.0 | 27.3 |
| Cigarettes | 2.6 | 14.3 | 2.9 | * | 5.4 | 5.1 |
| Other Tobacco | 3.8 | 22.7 | 2.9 | * | 5.4 | 10.3 |
| Marijuana | 11.5 | 23.8 | 8.6 | * | 14.9 | 12.8 |
| Inhalants | 1.0 | 0.0 | 0.0 | * | 1.4 | 1.3 |
| Other Illicit Drugs | 1.7 | 0.0 | 2.9 | * | 4.1 | 3.8 |
| Energy Drinks | 26.8 | 30.0 | 20.0 | * | 31.1 | 41.0 |

* Too few to report statistics (N<10).

**Table 8. Association of 30-day alcohol with recent use of other substances**

| Other Substance Reportedly Used Recently | Gender | 30- Day Alcohol Use NO | 30- Day Alcohol Use YES | YES / NO Ratio |
|---|---|---|---|---|
| | | % | % | |
| Cigarettes | Female | 1.1 | 11.2 | 9.7 |
| | Male | 0.2 | 11.7 | 58.3 |
| | Both | 0.7 | 11.4 | 16.9 |
| Marijuana | Female | 2.9 | 36.3 | 12.7 |
| | Male | 4.5 | 36.7 | 8.2 |
| | Both | 3.7 | 36.5 | 10.0 |
| Inhalants | Female | 0.3 | 2.2 | 7.8 |
| | Male | 0.6 | 1.7 | 3.0 |
| | Both | 0.4 | 2.0 | 4.6 |
| Other Illicit Drugs | Female | 0.6 | 3.7 | 6.5 |
| | Male | 0.8 | 7.6 | 9.0 |
| | Both | 0.7 | 5.6 | 8.0 |
| Energy Drinks | Female | 15.8 | 37.6 | 2.4 |
| | Male | 25.4 | 52.1 | 2.1 |
| | Both | 20.6 | 44.8 | 2.2 |

**Table 9. Association of 30-day marijuana with recent use of other substances**

| Other Substance Reportedly Used Recently | Gender | 30- Day Marijuana Use NO | 30- Day Marijuana Use YES | YES / NO Ratio |
|---|---|---|---|---|
| | | % | % | |
| Alcohol | Female | 20.2 | 83.1 | 4.1 |
| | Male | 18.1 | 73.3 | 4.0 |
| | Both | 19.2 | 78.2 | 4.1 |
| Cigarettes | Female | 0.9 | 25.4 | 26.9 |
| | Male | 1.0 | 16.9 | 17.8 |
| | Both | 0.9 | 21.2 | 22.4 |
| Inhalants | Female | 0.1 | 6.9 | 69.0 |
| | Male | 0.2 | 5.2 | 21.7 |
| | Both | 0.2 | 6.0 | 35.6 |
| Other Illicit Drugs | Female | 0.2 | 10.3 | 44.0 |
| | Male | 1.2 | 12.1 | 10.1 |
| | Both | 0.7 | 11.2 | 15.7 |
| Energy Drinks | Female | 18.9 | 43.1 | 2.3 |
| | Male | 30.4 | 46.6 | 1.5 |
| | Both | 24.6 | 44.8 | 1.8 |

**Table 10. Associations of lifetime substance use**

| Other Substance Reportedly Used Recently | Gender | Lifetime Alcohol Use NO | Lifetime Alcohol Use YES | YES / NO Ratio |
|---|---|---|---|---|
| | | % | % | |
| Cigarettes | Both | 0.4 | 19.5 | 47.3 |
| Marijuana | Both | 1.0 | 40.9 | 39.5 |
| Inhalants | Both | 1.9 | 9.5 | 5.1 |
| Other Illicit Drugs | Both | 1.5 | 11.7 | 8.1 |
| Energy Drinks | Both | 45.7 | 84.7 | 1.9 |
| | | Lifetime Marijuana Use NO | Lifetime Marijuana Use YES | YES / NO Ratio |
| | | % | % | |
| Alcohol | Both | 37.7 | 97.6 | 2.6 |
| Cigarettes | Both | 2.5 | 38.7 | 15.6 |
| Inhalants | Both | 3.1 | 15.3 | 4.9 |
| Other Illicit Drugs | Both | 1.6 | 25.7 | 16.5 |
| Energy Drinks | Both | 58.4 | 92.0 | 1.6 |

**Table 11. Alcohol Use**

| Questions & Responses | Grade 7 | Grade 8 | Grade 9 | Grade 10 | Grade 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| Have you ever had an alcoholic beverage (more than a few sips)? | | | | | |
| Yes | 19.5 | 34.5 | 49.3 | 65.0 | 83.2 |
| How many occasions have you had alcohol to drink (asked only of lifetime drinkers)? | | | | | |
| 1-2 Times | 35.1 | 33.8 | 25.2 | 9.3 | 9.3 |
| 3-5 Times | 35.1 | 33.8 | 27.2 | 20.9 | 6.6 |
| 6-10 Times | 8.1 | 19.1 | 22.3 | 24.0 | 12.6 |
| More Than 10 Times | 21.6 | 13.2 | 25.2 | 45.7 | 71.5 |
| On how many occasions have you been drunk or very high from drinking alcohol (asked only of lifetime drinkers)? | | | | | |
| None | 86.5 | 77.9 | 48.0 | 30.5 | 17.8 |
| 1-2 Times | 10.8 | 20.6 | 29.4 | 28.9 | 14.5 |
| 3-9 Times | 2.7 | 0.0 | 13.7 | 24.2 | 23.7 |
| 10 or More Times | 0.0 | 1.5 | 8.8 | 16.4 | 44.1 |
| In the past 30 days, how many days did you drink alcohol (asked only of lifetime drinkers)? | | | | | |
| None | 78.4 | 76.5 | 48.0 | 43.1 | 28.1 |
| 1-2 Times | 13.5 | 14.7 | 36.3 | 40.8 | 31.4 |
| 3-5 Times | 8.1 | 7.4 | 12.7 | 13.1 | 29.4 |
| 6-10 Times | 0.0 | 1.5 | 1.0 | 1.5 | 9.2 |
| More Than 10 Times | 0.0 | 0.0 | 2.0 | 1.5 | 2.0 |
| In the past 30 days, on the days you drank, how many drinks did you usually have (asked only of recent drinkers)? | | | | | |
| 1 Drink or Less | 87.5 | 87.5 | 38.3 | 19.2 | 7.4 |
| 2-3 Drinks | 12.5 | 12.5 | 38.3 | 46.2 | 41.2 |
| More Than 3 Drinks | 0.0 | 0.0 | 23.4 | 34.6 | 51.5 |

**Table 12. Tobacco Use**

| Questions & Responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| Have you ever smoked a cigarette (more than just a puff)? | | | | | |
| Yes | 1.6 | 4.6 | 5.8 | 10.1 | 29.6 |
| On how many occasions have you smoked cigarettes (asked only of lifetime smokers)? | | | | | |
| 1-2 Times | * | * | 75.0 | 55.0 | 37.5 |
| 3-5 Times | * | * | 0.0 | 10.0 | 12.5 |
| 6-10 Times | * | * | 0.0 | 15.0 | 5.4 |
| More Than 10 Times | * | * | 25.0 | 20.0 | 44.6 |
| How many days did you smoke cigarettes in the past 30 days (asked only of lifetime smokers)? | | | | | |
| None | * | * | 69.2 | 71.4 | 62.5 |
| 1-2 Days | * | * | 30.8 | 19.0 | 14.3 |
| 3-5 Days | * | * | 0.0 | 0.0 | 5.4 |
| 6-10 Days | * | * | 0.0 | 0.0 | 7.1 |
| More Than 10 Days | * | * | 0.0 | 9.5 | 10.7 |
| In the past 30 days, on the days you smoked, how many cigarettes (asked only of recent smokers)? | | | | | |
| Less than 1 per day | * | * | 75.0 | 50.0 | 23.8 |
| 1-5 cigarettes per day | * | * | 25.0 | 33.3 | 66.7 |
| About 1/2 pack per day | * | * | 0.0 | 0.0 | 4.8 |
| More than 1/2 pack per day | * | * | 0.0 | 16.7 | 4.8 |
| Have many times in your life have you used non-cigarette tobacco products? | | | | | |
| Never | 95.7 | 94.4 | 88.5 | 83.5 | 64.5 |
| 1-2 times | 3.2 | 4.6 | 6.3 | 11.0 | 22.0 |
| 3-10 times | 1.1 | 0.5 | 3.4 | 4.0 | 7.0 |
| More than 10 times | 0.0 | 0.5 | 1.9 | 1.5 | 6.5 |

* Too few smokers (N<10) to report statistics.

**Table 13. Recent (30-day) use of non-cigarette tobacco by grade**

| Tobacco Product | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| | % | % | % | % | % |
| Chewing tobacco | 0.5 | 0.0 | 1.0 | 1.0 | 2.7 |
| Cigar | 0.5 | 1.0 | 3.8 | 3.0 | 7.0 |
| Pipe | 0.5 | 0.0 | 1.0 | 0.5 | 4.3 |

**Table 14. Marijuana use**

| Questions & Responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| Have you ever used marijuana? | | | | | |
| Yes | 1.6 | 3.6 | 13.5 | 33.0 | 54.6 |
| How many occasions have you used marijuana? (asked only of lifetime users) | | | | | |
| 1-2 occasions | * | * | 28.6 | 28.8 | 16.0 |
| 3-5 occasions | * | * | 14.3 | 27.3 | 12.0 |
| 6-10 occasions | * | * | 14.3 | 16.7 | 14.0 |
| More than 10 occasions | * | * | 42.9 | 27.3 | 58.0 |
| How many days did you use marijuana in the past 30 days? (asked only of lifetime users) | | | | | |
| None | * | * | 46.4 | 50.0 | 31.7 |
| 1-2 days | * | * | 21.4 | 28.8 | 27.7 |
| 3-5 days | * | * | 17.9 | 12.1 | 13.9 |
| 6-10 days | * | * | 0.0 | 1.5 | 8.9 |
| More than 10 days | * | * | 14.3 | 7.6 | 17.8 |

* Too few users (N<10) to report statistics.

**Table 15. Lifetime illicit drug use**

| Questions & Responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| I have used these drugs at some time in my life | | | | | |
| Inhalants | 4.3 | 5.1 | 3.9 | 6.5 | 8.8 |
| Cocaine | 1.1 | 0.5 | 0.5 | 0.5 | 2.2 |
| Crack (rock) | 1.6 | 0.0 | 0.0 | 0.0 | 0.0 |
| Hallucinogens (LSD, acid) | 2.2 | 0.5 | 0.0 | 2.5 | 6.1 |
| Heroin | 0.5 | 0.5 | 0.0 | 0.0 | 0.5 |
| Angel Dust (PCP) | 1.6 | 0.5 | 0.0 | 0.5 | 0.0 |
| MDMA (Ecstasy) | 1.6 | 0.5 | 0.0 | 1.5 | 6.6 |
| Ketamine | 1.6 | 0.5 | 0.0 | 0.0 | 1.6 |
| GHB | 0.5 | 0.0 | 0.0 | 0.0 | 0.5 |
| Salvia | 1.1 | 0.0 | 0.5 | 4.0 | 16.5 |
| Methamphetamine | 1.1 | 0.5 | 0.0 | 0.0 | 0.0 |
| K2 or Spice | 0.5 | 0.0 | 1.0 | 2.5 | 9.4 |
| Any of the illicit drugs above (except inhalants) | 2.7 | 1.0 | 1.5 | 7.5 | 21.3 |

**Table 16. Lifetime medicinal drug abuse**

| Questions & Responses | Grade | | | | |
|---|---|---|---|---|---|
| | 7 | 8 | 9 | 10 | 11 |
| | % | % | % | % | % |
| I have used these drugs or medicines on my own without a prescription or a doctor/dentist telling me. | | | | | |
| Pain meds (Oxycontin, Vicodin) | 4.9 | 10.7 | 6.9 | 6.5 | 7.1 |
| Steroids | 2.7 | 1.0 | 2.5 | 0.0 | 1.6 |
| Downers (Barbiturates, Sleeping Pills, Quaaludes) | 5.9 | 6.1 | 4.9 | 8.0 | 8.2 |
| Tranquilizers | 1.6 | 0.5 | 1.5 | 1.5 | 6.0 |
| Uppers (Stimulants, Ritalin, Adderall) | 1.6 | 0.0 | 1.5 | 0.5 | 1.1 |
| Diet meds (amphetamines, etc.) | 1.6 | 1.0 | 2.5 | 3.5 | 9.9 |
| OTC Meds to Get High (Cough Med, Mouthwash) | 4.4 | 2.1 | 2.9 | 3.0 | 6.6 |
| Any of the above medicines | 13.0 | 15.2 | 12.3 | 14.5 | 19.7 |

**Table 17. Recent (past 30 days) illicit drug use**

| Questions & Responses | Grade | | | | |
|---|---|---|---|---|---|
| | 7 | 8 | 9 | 10 | 11 |
| | % | % | % | % | % |
| I have used these drugs in the past 30 days. | | | | | |
| Inhalants | 1.1 | 0.5 | 0.0 | 2.0 | 1.1 |
| Cocaine | 0.5 | 0.0 | 0.0 | 0.0 | 0.0 |
| Crack (rock) | 1.1 | 0.0 | 0.0 | 0.5 | 0.5 |
| Hallucinogens (LSD, acid, mushrooms) | 1.6 | 0.0 | 0.0 | 0.0 | 1.1 |
| Heroin | 0.5 | 0.0 | 0.0 | 0.0 | 0.0 |
| Angel Dust (PCP) | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| MDMA (Ecstasy) | 1.6 | 0.5 | 0.0 | 0.5 | 2.2 |
| Ketamine | 0.5 | 0.0 | 0.0 | 0.0 | 0.0 |
| GHB | 0.5 | 0.0 | 0.0 | 0.0 | 0.0 |
| Salvia | 0.0 | 0.0 | 0.5 | 0.0 | 1.6 |
| Methamphetamine | 0.5 | 0.0 | 0.0 | 0.0 | 0.0 |
| K2 or Spice | 0.0 | 0.0 | 0.5 | 1.0 | 1.7 |
| Any illicit drug (except inhalants) | 2.2 | 0.5 | 0.5 | 1.5 | 5.5 |

**Table 18. Recent (past 30 days) medicinal drug abuse**

| Questions & Responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| I have used these drugs or medicines on my own without a prescription or a doctor telling me. | | | | | |
| Pain meds (Oxycontin, Vicodin) | 2.2 | 3.0 | 2.9 | 1.5 | 1.1 |
| Steroids | 1.1 | 0.0 | 1.0 | 0.0 | 0.5 |
| Downers (barbiturates, sleeping pills, Quaaludes) | 1.6 | 1.5 | 2.0 | 2.0 | 1.1 |
| Tranquilizers | 1.1 | 0.0 | 1.0 | 0.0 | 0.5 |
| Uppers (stimulants, Ritalin, Adderall) | 1.6 | 0.5 | 1.5 | 1.5 | 3.8 |
| Diet meds (amphetamines, etc.) | 1.1 | 0.0 | 1.5 | 0.0 | 0.5 |
| OTC meds to get high (cough med, mouthwash) | 2.2 | 1.5 | 0.5 | 1.0 | 1.1 |
| Any of the above medicines | 5.9 | 5.1 | 4.4 | 4.0 | 6.6 |

**Table 19. Energy drink use**

| Questions & Responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| In your whole life, have you ever had an energy drink (like Red Bull, Monster, Amp, or Rock Star)? | | | | | |
| Yes | 58.7 | 61.4 | 60.1 | 67.5 | 79.9 |
| In the past 30 days, how many times did you have an energy drink? | | | | | |
| None | 76.1 | 71.4 | 72.9 | 78.2 | 65.0 |
| 1-2 times | 16.3 | 21.4 | 19.7 | 12.7 | 20.8 |
| 3-5 times | 4.3 | 4.1 | 4.4 | 6.6 | 7.7 |
| 6-10 times | 1.6 | 1.0 | 2.5 | 1.5 | 3.8 |
| More than 10 times | 1.6 | 2.0 | 0.5 | 1.0 | 2.7 |
| In your whole life, have you ever had an energy drink that contains alcohol? | | | | | |
| Yes | 4.3 | 9.6 | 8.4 | 21.6 | 45.4 |
| In the past 30 days, how many times did you have an energy drink that contains alcohol? | | | | | |
| None | 98.4 | 97.4 | 97.0 | 93.9 | 83.4 |
| 1-2 times | 1.1 | 1.5 | 2.5 | 5.6 | 10.5 |
| 3-5 times | 0.0 | 0.0 | 0.5 | 0.5 | 5.5 |
| 6-10 times | 0.5 | 0.0 | 0.0 | 0.0 | 0.6 |
| More than 10 times | 0.0 | 1.0 | 0.0 | 0.0 | 0.0 |

**Table 20. Mean age of initiation for specific behaviors, lifetime users**

| Substance | Age | Statistic | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|---|---|
| -- | At time of survey | Average Age | 11.5 | 12.5 | 13.4 | 14.5 | 15.4 |
| | | N | 187 | 197 | 208 | 200 | 187 |
| Alcohol | At time of first use | Average Age | 11.7 | 12.2 | 13.4 | 14.0 | 14.4 |
| | | N | 34 | 70 | 103 | 128 | 152 |
| Cigarettes | At time of first use | Average Age | * | 12.4 | 14.4 | 14.7 | 15.3 |
| | | N | 2 | 9 | 13 | 21 | 56 |
| Marijuana | At time of first use | Average Age | * | * | 13.6 | 14.6 | 14.9 |
| | | N | 4 | 7 | 28 | 66 | 102 |

* Too few to calculate valid statistic.

**Table 21. Reasons for using substances.**

Thinking of people about your age who [drink/smoke/use marijuana], how important do you think the following reasons were for them to begin using [each substance]?

**Table 21A. Alcohol**

| Reason | Grades / Lifetime user: NO 7-8 | 9-10 | 11-12 | Grades / Lifetime user: YES 7-8 | 9-10 | 11-12 |
|---|---|---|---|---|---|---|
| | score* | | | | | |
| Fit in with friends | 53.5 | 67.4 | 71.3 | 50.0 | 45.4 | 52.4 |
| Parents or others in family drink | 30.8 | 31.0 | 27.5 | 50.0 | 20.5 | 19.0 |
| Readily available | 33.4 | 52.8 | 57.2 | 56.3 | 44.8 | 50.6 |
| Family tradition for special occasions | 51.7 | 48.4 | 32.9 | 56.3 | 41.2 | 26.2 |
| Personal choice | 53.5 | 60.9 | 71.6 | 68.8 | 66.9 | 80.1 |
| Lifestyle | 44.8 | 49.2 | 57.6 | 37.5 | 48.5 | 52.0 |
| Boredom | 32.8 | 49.7 | 61.6 | 56.3 | 45.3 | 61.8 |
| Relieve stress | 54.4 | 60.2 | 63.5 | 75.0 | 46.8 | 57.4 |
| Curiosity | 57.0 | 69.3 | 75.9 | 68.8 | 64.7 | 68.0 |
| To have fun | 55.0 | 72.1 | 88.9 | 62.5 | 72.2 | 90.1 |
| Not sure why | 30.9 | 39.1 | 43.0 | 21.4 | 21.3 | 37.6 |

* Score = % of maximum (100=very, 50=somewhat, 0=not very important.)

**Table 21B. Marijuana**

| Reason | Grades / Lifetime user: NO | | | Grades / Lifetime user: YES | | |
|---|---|---|---|---|---|---|
| | 7-8 | 9-10 | 11-12 | 7-8 | 9-10 | 11-12 |
| | score* | | | | | |
| Fit in with friends | 63.8 | 73.7 | 73.0 | ** | 52.9 | 52.5 |
| Adults they know use marijuana | 44.4 | 38.1 | 28.9 | ** | 26.3 | 19.8 |
| Readily available | 44.6 | 62.2 | 61.0 | ** | 79.5 | 60.5 |
| Personal choice | 63.6 | 70.4 | 79.8 | ** | 91.1 | 91.2 |
| Fits chosen lifestyle | 48.6 | 57.2 | 61.7 | ** | 67.7 | 63.0 |
| Boredom | 44.9 | 65.5 | 72.7 | ** | 79.2 | 83.2 |
| Relieve stress | 64.4 | 72.0 | 74.8 | ** | 61.9 | 82.6 |
| Curiosity | 64.5 | 75.6 | 79.9 | ** | 79.4 | 82.2 |
| To have fun | 62.4 | 79.0 | 83.6 | ** | 88.1 | 93.2 |
| Not sure why | 39.9 | 40.7 | 39.7 | ** | 30.5 | 34.3 |

** Too few to calculate valid statistic.

**Table 22. Reasons for NOT using substances.**

Thinking of people about your age who do not [drink/smoke/use marijuana], how important do you Think these reasons were in influencing them not to use [each substance]?

**Table 22A. Alcohol**

| Reason | Grades / Lifetime user: NO | | | Grades / Lifetime user: YES | | |
|---|---|---|---|---|---|---|
| | 7-8 | 9-10 | 11-12 | 7-8 | 9-10 | 11-12 |
| | score* | | | | | |
| Personal choice | 86.0 | 88.6 | 94.6 | 50.0 | 85.2 | 92.6 |
| Disapproval of parent(s) | 89.7 | 81.6 | 78.2 | 75.0 | 78.8 | 73.7 |
| Disapproval of friends | 75.9 | 69.4 | 62.4 | 81.3 | 52.3 | 48.6 |
| Bad experiences family/friends | 76.2 | 74.1 | 71.0 | 68.8 | 64.8 | 69.6 |
| Education about alcohol | 81.3 | 65.0 | 49.6 | 68.8 | 49.4 | 39.6 |
| Health reasons | 82.8 | 72.4 | 62.3 | 81.3 | 61.1 | 57.7 |
| Legal reasons | 82.5 | 69.5 | 58.2 | 68.8 | 63.5 | 48.7 |
| Ethical/moral reasons | 82.1 | 72.4 | 65.7 | 75.0 | 64.8 | 59.1 |
| Does not fit chosen lifestyle | 70.5 | 74.2 | 66.5 | 62.5 | 64.9 | 63.5 |
| Alcohol not available | 47.0 | 42.4 | 40.1 | 56.3 | 48.0 | 38.1 |

* Score = % of maximum (100=very, 50=somewhat, 0=not very important.)

**Table 22B. Marijuana**

| Reason | Grades / Lifetime user: NO | | | Grades / Lifetime user: YES | | |
|---|---|---|---|---|---|---|
| | 7-8 | 9-10 | 11-12 | 7-8 | 9-10 | 11-12 |
| | score* | | | | | |
| Personal choice | 86.5 | 88.6 | 91.7 | ** | 82.1 | 94.0 |
| Disapproval of parent(s) | 90.8 | 83.0 | 72.0 | ** | 64.8 | 72.1 |
| Disapproval of friends | 84.7 | 75.6 | 67.8 | ** | 53.1 | 65.2 |
| Bad experiences family/friends | 79.0 | 72.1 | 58.2 | ** | 50.2 | 59.4 |
| Education about marijuana | 80.6 | 66.4 | 47.2 | ** | 29.4 | 49.9 |
| Health reasons | 86.1 | 78.7 | 68.6 | ** | 46.9 | 64.7 |
| Legal reasons | 85.9 | 78.1 | 70.1 | ** | 52.8 | 78.1 |
| Ethical/moral reasons | 83.3 | 75.0 | 69.1 | ** | 55.7 | 67.1 |
| Does not fit chosen lifestyle | 74.7 | 75.4 | 68.2 | ** | 58.8 | 71.5 |
| Marijuana not available | 59.2 | 49.1 | 40.0 | ** | 21.5 | 48.9 |

** Too few to calculate valid statistic.

# *SECTION 3. INDIVIDUAL / PEER DOMAIN*

**Table 23. Availability of alcohol, tobacco, drugs and guns**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| If you wanted to, how easy would it be for you to get: | | | | | |
| Alcoholic beverages | | | | | |
| Very easy | 27.5 | 42.1 | 50.7 | 55.8 | 59.8 |
| Sort of easy | 30.2 | 35.0 | 32.5 | 28.6 | 31.0 |
| Sort of hard | 20.3 | 14.2 | 13.8 | 13.6 | 5.4 |
| Very hard | 22.0 | 8.6 | 3.0 | 2.0 | 3.8 |
| Cigarettes | | | | | |
| Very easy | 3.8 | 12.2 | 19.2 | 29.1 | 44.0 |
| Sort of easy | 12.0 | 21.3 | 32.0 | 31.2 | 26.6 |
| Sort of hard | 24.5 | 37.6 | 32.0 | 27.6 | 22.8 |
| Very hard | 59.8 | 28.9 | 16.7 | 12.1 | 6.5 |
| Marijuana | | | | | |
| Very easy | 3.3 | 13.7 | 28.6 | 37.7 | 50.5 |
| Sort of easy | 8.2 | 15.2 | 27.6 | 30.7 | 32.1 |
| Sort of hard | 13.6 | 22.8 | 22.7 | 16.1 | 11.4 |
| Very hard | 75.0 | 48.2 | 21.2 | 15.6 | 6.0 |
| A drug like cocaine, heroin, LSD or amphetamines | | | | | |
| Very easy | 2.7 | 4.1 | 3.4 | 2.0 | 6.6 |
| Sort of easy | 1.1 | 6.1 | 11.3 | 6.6 | 15.8 |
| Sort of hard | 10.4 | 17.3 | 26.6 | 36.9 | 36.1 |
| Very hard | 85.8 | 72.6 | 58.6 | 54.5 | 41.5 |
| A gun | | | | | |
| Very easy | 4.9 | 6.6 | 3.4 | 2.0 | 2.2 |
| Sort of easy | 5.4 | 8.1 | 4.4 | 4.5 | 4.4 |
| Sort of hard | 10.9 | 18.8 | 19.2 | 17.1 | 20.3 |
| Very hard | 78.8 | 66.5 | 72.9 | 76.4 | 73.1 |

**Table 24. Sources for obtaining cigarettes**
**(Responses of youth who report recent cigarette use)**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| Number of youth | 3 | 9 | 12 | 20 | 55 |
| | % | % | % | % | % |
| How often do you get cigarettes from: | | | | | |
| Your parents with their permission | | | | | |
| Sometimes | * | 10.0 | 0.0 | 0.0 | 3.7 |
| Often | * | 0.0 | 7.1 | 0.0 | 3.7 |
| Your parents without their permission | | | | | |
| Sometimes | * | 20.0 | 21.4 | 19.0 | 18.5 |
| Often | * | 10.0 | 7.1 | 0.0 | 5.6 |
| Your friends | | | | | |
| Sometimes | * | 20.0 | 57.1 | 42.9 | 41.1 |
| Often | * | 10.0 | 14.3 | 4.8 | 23.2 |
| Your brother(s) or sister(s) | | | | | |
| Sometimes | * | 20.0 | 28.6 | 4.8 | 5.6 |
| Often | * | 0.0 | 0.0 | 4.8 | 5.6 |
| Stores (you buy them) | | | | | |
| Sometimes | * | 10.0 | 21.4 | 0.0 | 23.6 |
| Often | * | 0.0 | 7.1 | 9.5 | 9.1 |
| Machines (you buy them) | | | | | |
| Sometimes | * | 0.0 | 0.0 | 4.8 | 3.7 |
| Often | * | 0.0 | 7.1 | 0.0 | 3.7 |

* Too few smokers to report statistics.

**Table 25. Sources for obtaining alcoholic beverages**
**(Responses of youth who report recent alcohol use)**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| Number of youth | 36 | 68 | 102 | 130 | 153 |
| | % | % | % | % | % |
| How often do you get alcoholic beverages from: | | | | | |
| Home, with your parents' permission | | | | | |
| Sometimes | 59.5 | 52.2 | 46.6 | 36.9 | 34.0 |
| Often | 5.4 | 13.0 | 2.9 | 3.1 | 3.3 |
| Home, without your parents' permission | | | | | |
| Sometimes | 5.4 | 19.4 | 35.0 | 31.5 | 39.2 |
| Often | 2.7 | 3.0 | 5.8 | 8.5 | 7.2 |
| Your friends | | | | | |
| Sometimes | 10.8 | 14.9 | 46.6 | 46.9 | 45.1 |
| Often | 2.7 | 3.0 | 22.3 | 30.0 | 47.1 |
| Your brother(s) or sister(s) | | | | | |
| Sometimes | 0.0 | 13.4 | 25.2 | 26.9 | 28.9 |
| Often | 8.1 | 0.0 | 7.8 | 2.3 | 7.9 |
| From other people who buy it for you | | | | | |
| Sometimes | 2.7 | 3.0 | 18.4 | 32.3 | 41.4 |
| Often | 2.7 | 0.0 | 7.8 | 13.8 | 30.3 |
| At a party with adults present who are aware of underage drinking | | | | | |
| Sometimes | 27.0 | 22.4 | 29.1 | 33.8 | 47.4 |
| Often | 2.7 | 4.5 | 2.9 | 2.3 | 13.2 |
| At a party with adults present but unaware of underage drinking | | | | | |
| Sometimes | 5.4 | 7.5 | 34.0 | 45.4 | 45.8 |
| Often | 5.4 | 4.5 | 8.7 | 8.5 | 21.6 |
| At a party with no adults present | | | | | |
| Sometimes | 10.8 | 14.9 | 38.8 | 42.6 | 43.8 |
| Often | 8.1 | 4.5 | 21.4 | 27.9 | 39.9 |
| At a restaurant (you buy it) | | | | | |
| Sometimes | 27.0 | 28.4 | 23.3 | 18.5 | 25.7 |
| Often | 5.4 | 3.0 | 0.0 | 3.1 | 5.3 |
| At a store or bar (you buy it) | | | | | |
| Sometimes | 0.0 | 1.5 | 3.9 | 2.3 | 11.9 |
| Often | 0.0 | 0.0 | 1.0 | 1.5 | 7.3 |

**Table 26. Place and prevalence of alcohol use**
**(Responses of youth who report lifetime use of alcohol)**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| Number of youth | 36 | 68 | 102 | 130 | 153 |
| | % | % | % | % | % |
| In the past month, how many times did you drink alcoholic beverages: | | | | | |
| At home | | | | | |
| None | 37.5 | 18.8 | 59.3 | 66.2 | 62.7 |
| 1-2 times | 50.0 | 50.0 | 33.3 | 25.7 | 30.9 |
| 3-5 times | 12.5 | 18.8 | 3.7 | 5.4 | 2.7 |
| 6-10 times | 0.0 | 6.3 | 1.9 | 0.0 | 1.8 |
| More than 10 times | 0.0 | 6.3 | 1.9 | 2.7 | 1.8 |
| On the street, in the woods, or in parks or fields | | | | | |
| None | 87.5 | 100.0 | 75.9 | 89.2 | 81.8 |
| 1-2 times | 0.0 | 0.0 | 16.7 | 8.1 | 15.5 |
| 3-5 times | 12.5 | 0.0 | 3.7 | 1.4 | 0.0 |
| 6-10 times | 0.0 | 0.0 | 1.9 | 1.4 | 0.9 |
| More than 10 times | 0.0 | 0.0 | 1.9 | 0.0 | 1.8 |
| With older friends | | | | | |
| None | 75.0 | 68.8 | 64.8 | 47.9 | 34.9 |
| 1-2 times | 0.0 | 25.0 | 27.8 | 39.7 | 43.1 |
| 3-5 times | 25.0 | 0.0 | 3.7 | 8.2 | 17.4 |
| 6-10 times | 0.0 | 6.3 | 1.9 | 1.4 | 3.7 |
| More than 10 times | 0.0 | 0.0 | 1.9 | 2.7 | 0.9 |
| At the homes of other people | | | | | |
| None | 75.0 | 80.0 | 31.5 | 20.3 | 11.9 |
| 1-2 times | 25.0 | 20.0 | 40.7 | 54.1 | 43.1 |
| 3-5 times | 0.0 | 0.0 | 20.4 | 16.2 | 34.9 |
| 6-10 times | 0.0 | 0.0 | 5.6 | 5.4 | 6.4 |
| More than 10 times | 0.0 | 0.0 | 1.9 | 4.1 | 3.7 |
| At school activities, like dances or football games | | | | | |
| None | 87.5 | 93.8 | 98.1 | 93.2 | 97.3 |
| 1-2 times | 12.5 | 6.3 | 0.0 | 6.8 | 1.8 |
| 3-5 times | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| 6-10 times | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| More than 10 times | 0.0 | 0.0 | 1.9 | 0.0 | 0.9 |
| At work | | | | | |
| None | 87.5 | 100.0 | 98.1 | 100.0 | 98.2 |
| 1-2 times | 12.5 | 0.0 | 0.0 | 0.0 | 0.9 |
| 3-5 times | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| 6-10 times | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| More than 10 times | 0.0 | 0.0 | 1.9 | 0.0 | 0.9 |

**Table 26. Place and prevalence of alcohol use, continued**
**(Responses of youth who report lifetime use of alcohol)**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| Number of youth | 36 | 68 | 102 | 130 | 153 |
| | % | % | % | % | % |
| In the past month, how many times did you drink alcoholic beverages: | | | | | |
| When skipping school | | | | | |
| None | 87.5 | 93.8 | 98.1 | 98.6 | 97.3 |
| 1-2 times | 0.0 | 6.3 | 0.0 | 0.0 | 0.9 |
| 3-5 times | 12.5 | 0.0 | 0.0 | 1.4 | 0.9 |
| 6-10 times | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| More than 10 times | 0.0 | 0.0 | 1.9 | 0.0 | 0.9 |
| While driving a car, truck or motorcycle | | | | | |
| None | 87.5 | 100.0 | 98.1 | 98.6 | 95.5 |
| 1-2 times | 12.5 | 0.0 | 0.0 | 1.4 | 2.7 |
| 3-5 times | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| 6-10 times | 0.0 | 0.0 | 0.0 | 0.0 | 0.9 |
| More than 10 times | 0.0 | 0.0 | 1.9 | 0.0 | 0.9 |
| At a party with an adult present who are aware of underage drinking | | | | | |
| None | 50.0 | 93.8 | 66.7 | 66.2 | 51.8 |
| 1-2 times | 25.0 | 6.3 | 27.8 | 27.0 | 34.5 |
| 3-5 times | 12.5 | 0.0 | 1.9 | 2.7 | 9.1 |
| 6-10 times | 12.5 | 0.0 | 1.9 | 2.7 | 0.9 |
| More than 10 times | 0.0 | 0.0 | 1.9 | 1.4 | 3.6 |
| At a party with adults present who are NOT aware of underage drinking | | | | | |
| None | 75.0 | 87.5 | 64.8 | 45.2 | 45.5 |
| 1-2 times | 0.0 | 6.3 | 22.2 | 43.8 | 39.1 |
| 3-5 times | 25.0 | 0.0 | 7.4 | 6.8 | 9.1 |
| 6-10 times | 0.0 | 6.3 | 1.9 | 2.7 | 3.6 |
| More than 10 times | 0.0 | 0.0 | 3.7 | 1.4 | 2.7 |
| At a party without an adult present | | | | | |
| None | 62.5 | 80.0 | 37.7 | 28.4 | 21.8 |
| 1-2 times | 0.0 | 13.3 | 34.0 | 51.4 | 44.5 |
| 3-5 times | 25.0 | 0.0 | 18.9 | 13.5 | 25.5 |
| 6-10 times | 12.5 | 6.7 | 3.8 | 2.7 | 3.6 |
| More than 10 times | 0.0 | 0.0 | 5.7 | 4.1 | 4.5 |

**Table 27. Perceived harm of substance use**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| How much do you think people risk harming themselves if they: | | | | | |
| Smoke cigarettes regularly | | | | | |
| No risk | 1.6 | 0.0 | 1.4 | 0.5 | 2.2 |
| Very little risk | 9.1 | 12.2 | 7.2 | 3.5 | 2.7 |
| Some risk | 12.9 | 14.8 | 21.3 | 22.5 | 17.8 |
| A lot of risk | 76.3 | 73.0 | 70.0 | 73.5 | 77.3 |
| Use alcohol regularly | | | | | |
| No risk | 2.7 | 6.6 | 6.3 | 7.6 | 5.5 |
| Very little risk | 11.4 | 22.8 | 22.7 | 24.7 | 28.4 |
| Some risk | 46.5 | 34.5 | 37.2 | 40.9 | 33.9 |
| A lot of risk | 39.5 | 36.0 | 33.8 | 26.8 | 32.2 |
| Use marijuana regularly | | | | | |
| No risk | 0.5 | 2.0 | 2.9 | 9.0 | 12.2 |
| Very little risk | 7.1 | 10.7 | 19.0 | 23.5 | 32.0 |
| Some risk | 13.6 | 21.4 | 34.6 | 42.0 | 30.4 |
| A lot of risk | 78.8 | 65.8 | 43.4 | 25.5 | 25.4 |

**Table 28. Peer use of substances**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| How many of your close friends: | | | | | |
| Smoke cigarettes? | | | | | |
| None | 96.2 | 90.4 | 83.3 | 78.8 | 52.5 |
| Some | 3.3 | 8.6 | 15.8 | 20.2 | 39.9 |
| Most | 0.5 | 1.0 | 1.0 | 1.0 | 7.7 |
| Drink alcoholic beverages? | | | | | |
| None | 85.3 | 71.1 | 32.0 | 18.2 | 6.0 |
| Some | 13.6 | 26.4 | 50.2 | 40.9 | 27.3 |
| Most | 1.1 | 2.5 | 17.7 | 40.9 | 66.7 |
| Use marijuana? | | | | | |
| None | 92.9 | 78.2 | 48.3 | 30.5 | 13.1 |
| Some | 7.1 | 21.8 | 45.8 | 58.9 | 51.9 |
| Most | 0.0 | 0.0 | 5.9 | 10.7 | 35.0 |
| Use inhalants? | | | | | |
| None | 97.3 | 93.4 | 96.1 | 92.4 | 89.6 |
| Some | 2.2 | 6.1 | 3.4 | 7.1 | 9.3 |
| Most | 0.5 | 0.5 | 0.5 | 0.5 | 1.1 |
| Have tried a drug like cocaine, LSD, or heroin? | | | | | |
| None | 96.7 | 93.9 | 93.1 | 86.9 | 72.7 |
| Some | 2.7 | 6.1 | 6.4 | 12.6 | 23.5 |
| Most | 0.5 | 0.0 | 0.5 | 0.5 | 3.8 |
| Have used prescription drugs on their own? | | | | | |
| None | 90.8 | 89.8 | 87.7 | 80.8 | 64.5 |
| Some | 8.2 | 8.1 | 11.3 | 18.2 | 32.8 |
| Most | 1.1 | 2.0 | 1.0 | 1.0 | 2.7 |
| Have played games for money, like poker? | | | | | |
| None | 69.4 | 74.9 | 72.9 | 67.0 | 61.2 |
| Some | 21.9 | 20.0 | 19.2 | 24.9 | 27.3 |
| Most | 8.7 | 5.1 | 7.9 | 8.1 | 11.5 |
| Are considered bullies? | | | | | |
| None | 68.3 | 62.6 | 71.4 | 74.7 | 76.5 |
| Some | 30.1 | 34.9 | 27.6 | 24.7 | 21.9 |
| Most | 1.6 | 2.6 | 1.0 | 0.5 | 1.6 |

**Table 29. Social supports**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| When you have a problem that bothers you, how often do you talk about it with: | | | | | |
| Parents or guardians | 0.0 | | | | |
| Almost never | 15.2 | 21.3 | 22.7 | 20.4 | 24.6 |
| Sometimes | 31.5 | 35.5 | 41.9 | 46.4 | 39.1 |
| Often | 26.6 | 25.4 | 18.7 | 23.0 | 26.3 |
| Almost always | 26.6 | 17.8 | 16.7 | 10.2 | 10.1 |
| A relative other than parent | | | | | |
| Almost never | 51.6 | 60.4 | 60.6 | 65.3 | 65.4 |
| Sometimes | 31.5 | 24.9 | 29.3 | 24.5 | 25.7 |
| Often | 10.3 | 8.6 | 5.1 | 7.7 | 6.7 |
| Almost always | 6.5 | 6.1 | 5.1 | 2.6 | 2.2 |
| A teacher | | | | | |
| Almost never | 56.4 | 67.5 | 78.3 | 79.6 | 78.9 |
| Sometimes | 35.9 | 22.8 | 19.2 | 16.8 | 18.9 |
| Often | 5.5 | 7.1 | 1.5 | 3.6 | 1.1 |
| Almost always | 2.2 | 2.5 | 1.0 | 0.0 | 1.1 |
| A mentor | | | | | |
| Almost never | 51.1 | 62.4 | 64.1 | 73.5 | 67.4 |
| Sometimes | 32.4 | 23.4 | 30.3 | 19.9 | 21.9 |
| Often | 11.5 | 9.1 | 3.5 | 5.1 | 7.9 |
| Almost always | 4.9 | 5.1 | 2.0 | 1.5 | 2.8 |
| An adult who is not family or a teacher | | | | | |
| Almost never | 72.8 | 71.9 | 70.4 | 72.8 | 61.8 |
| Sometimes | 21.7 | 19.9 | 21.9 | 20.5 | 27.5 |
| Often | 4.3 | 4.6 | 6.6 | 4.1 | 7.3 |
| Almost always | 1.1 | 3.6 | 1.0 | 2.6 | 3.4 |
| A brother or sister | | | | | |
| Almost never | 46.2 | 45.2 | 41.4 | 42.9 | 39.1 |
| Sometimes | 27.2 | 31.0 | 30.8 | 31.6 | 33.0 |
| Often | 14.7 | 12.7 | 15.2 | 17.3 | 17.3 |
| Almost always | 12.0 | 11.2 | 12.6 | 8.2 | 10.6 |
| A friend | | | | | |
| Almost never | 15.8 | 8.1 | 9.0 | 9.2 | 6.7 |
| Sometimes | 33.2 | 29.4 | 22.1 | 21.9 | 17.2 |
| Often | 20.7 | 29.9 | 30.2 | 34.2 | 30.6 |
| Almost always | 30.4 | 32.5 | 38.7 | 34.7 | 45.6 |
| Nobody. I keep it to myself. | | | | | |
| Almost never | 23.9 | 15.2 | 17.2 | 9.7 | 10.1 |
| Sometimes | 46.2 | 38.6 | 38.9 | 44.4 | 37.1 |
| Often | 17.9 | 32.0 | 27.8 | 27.0 | 36.0 |
| Almost always | 12.0 | 14.2 | 16.2 | 18.9 | 16.9 |

**Table 30. Antisocial behavior**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| In the past year, I have: | | | | | |
| Stolen something worth less than $100 | 15.8 | 17.3 | 14.9 | 22.6 | 27.7 |
| Gotten suspended or expelled from school | 3.8 | 6.1 | 2.0 | 0.5 | 4.3 |
| Gotten into trouble with the police | 3.8 | 4.6 | 5.4 | 5.5 | 14.7 |
| Picked a fight (not with a family member) | 20.7 | 21.8 | 21.7 | 15.7 | 12.6 |
| Attacked someone to seriously hurt them | 8.7 | 10.3 | 8.9 | 7.0 | 8.2 |
| Bullied to hurt someone's feelings | 3.3 | 10.8 | 6.9 | 9.0 | 7.7 |
| Cheated on a test | 18.5 | 23.9 | 27.6 | 48.2 | 49.5 |
| Sold illegal drugs | 0.5 | 2.0 | 1.5 | 3.5 | 8.8 |
| Bought illegal drugs | 1.1 | 2.0 | 5.9 | 13.6 | 27.9 |
| Purposely damaged another's property | 7.6 | 10.2 | 10.8 | 7.1 | 4.4 |
| Carried a weapon | 12.5 | 7.1 | 4.9 | 6.1 | 7.1 |
| Brought a weapon to school | 1.6 | 1.5 | 0.5 | 0.5 | 1.6 |
| Gotten arrested | 0.5 | 2.5 | 0.5 | 0.5 | 6.6 |
| Played games for money, like poker | 17.9 | 20.3 | 17.2 | 18.2 | 15.4 |
| Placed bets on-line | 7.6 | 4.1 | 4.9 | 10.1 | 2.7 |
| Played scratch tickets for money | 19.1 | 14.2 | 17.7 | 17.4 | 14.8 |
| Ridden as passenger with driver using alcohol | 2.2 | 3.0 | 5.0 | 8.6 | 20.2 |
| Ridden as passenger with driver using drugs | 1.6 | 2.6 | 4.4 | 13.8 | 29.5 |

**Table 31. Attitudes toward antisocial behavior**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | | | score* | | |
| How wrong do you think it is for someone your age to: | | | | | |
| Drink alcoholic beverages | 78.1 | 76.1 | 60.5 | 50.0 | 49.4 |
| Smoke cigarettes | 83.5 | 79.7 | 65.9 | 66.1 | 66.5 |
| Use marijuana | 87.6 | 82.8 | 65.2 | 62.1 | 59.1 |
| Purposely damage property not belonging to them | 82.5 | 79.8 | 72.0 | 70.8 | 89.2 |
| Carry a knife, gun or other weapon | 82.3 | 79.7 | 71.9 | 74.2 | 83.5 |
| Steal something worth less than $100 | 83.1 | 80.5 | 67.7 | 71.1 | 81.3 |
| Pick a fight with someone (not family) | 73.0 | 68.9 | 63.3 | 68.3 | 71.8 |
| Attack someone to hurt them | 83.1 | 85.0 | 79.0 | 76.0 | 88.1 |
| Tease someone to hurt their feelings | 76.3 | 77.4 | 70.7 | 68.8 | 83.9 |
| Say nothing to a bully | 75.8 | 66.5 | 63.8 | 60.0 | 72.2 |
| Use inhalants | 87.0 | 87.6 | 75.3 | 77.7 | 81.8 |
| Cheat on a test at school | 67.0 | 65.7 | 53.0 | 46.4 | 55.2 |
| Drink and drive | 89.7 | 91.4 | 84.1 | 88.9 | 94.3 |
| Play games for money, like poker | 67.8 | 58.8 | 50.0 | 47.4 | 44.9 |
| Place bets on-line | 74.7 | 65.0 | 56.7 | 57.3 | 56.8 |
| Play scratch tickets for money | 64.9 | 52.1 | 43.8 | 41.1 | 35.6 |

* Score = % of maximum (0=not at all wrong, 50=somewhat wrong, 100=very wrong)

**Table 32. How youth report spending time after school**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| How many hours a day do you usually spend doing homework? | | | | | |
| None | 0.0 | 0.5 | 1.0 | 0.5 | 2.3 |
| Less than 1 hour | 43.9 | 32.0 | 13.3 | 19.5 | 14.4 |
| 1-3 hours | 56.1 | 62.9 | 63.3 | 58.9 | 64.4 |
| More than 3 hours | 0.0 | 4.6 | 22.4 | 21.1 | 19.0 |
| How many hours a week do you usually spend: | | | | | |
| Exercising, working out, or playing informal sports | | | | | |
| None | 7.5 | 7.1 | 5.8 | 7.0 | 9.6 |
| 1-2 hours | 38.5 | 39.1 | 28.8 | 37.0 | 33.7 |
| 3-6 hours | 34.2 | 27.4 | 26.4 | 29.5 | 23.0 |
| 7 hours or more | 19.8 | 26.4 | 38.9 | 26.5 | 33.7 |
| Playing or practicing organized sports | | | | | |
| None | 27.3 | 29.4 | 26.5 | 31.5 | 39.2 |
| 1-2 hours | 32.8 | 27.3 | 13.7 | 11.0 | 8.1 |
| 3-6 hours | 26.8 | 24.2 | 18.1 | 21.0 | 16.1 |
| 7 hours or more | 13.1 | 19.1 | 41.7 | 36.5 | 36.6 |
| In clubs (like school clubs, scouts, boys/girls club) | | | | | |
| None | 76.2 | 79.4 | 60.6 | 50.5 | 44.6 |
| 1-2 hours | 18.4 | 14.4 | 28.4 | 38.9 | 43.5 |
| 3-6 hours | 4.3 | 3.1 | 5.8 | 5.1 | 7.6 |
| 7 hours or more | 1.1 | 3.1 | 5.3 | 5.6 | 4.3 |
| Watching TV | | | | | |
| None | 5.9 | 12.2 | 9.3 | 11.5 | 13.5 |
| 1-2 hours | 49.7 | 43.1 | 48.8 | 49.0 | 45.9 |
| 3-6 hours | 33.5 | 33.5 | 28.8 | 26.0 | 25.9 |
| 7 hours or more | 10.8 | 11.2 | 13.2 | 13.5 | 14.6 |
| Reading books, magazines or newspapers | | | | | |
| None | 17.7 | 17.9 | 19.1 | 21.2 | 29.0 |
| 1-2 hours | 57.0 | 57.1 | 58.3 | 59.1 | 55.9 |
| 3-6 hours | 16.7 | 16.3 | 18.1 | 16.7 | 11.8 |
| 7 hours or more | 8.6 | 8.7 | 4.4 | 3.0 | 3.2 |
| Hanging out with friends in public areas | | | | | |
| None | 36.4 | 22.8 | 23.6 | 28.7 | 19.0 |
| 1-2 hours | 48.9 | 49.7 | 58.7 | 47.2 | 52.2 |
| 3-6 hours | 13.0 | 21.8 | 13.9 | 21.5 | 21.2 |
| 7 hours or more | 1.6 | 5.7 | 3.8 | 2.6 | 7.6 |
| Working at a paying job | | | | | |
| None | 63.4 | 58.2 | 56.0 | 53.3 | 45.7 |
| 1-2 hours | 28.0 | 29.1 | 28.0 | 27.1 | 24.2 |
| 3-6 hours | 6.5 | 12.2 | 11.6 | 16.1 | 15.6 |
| 7 hours or more | 2.2 | 0.5 | 4.3 | 3.5 | 14.5 |

**Table 32. How youth report spending time after school, continued**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| How many hours a week do you usually spend: | | | | | |
| Helping around the house | | | | | |
| None | 16.8 | 18.4 | 17.9 | 15.0 | 18.4 |
| 1-2 hours | 67.0 | 59.2 | 58.5 | 66.5 | 55.1 |
| 3-6 hours | 12.4 | 19.9 | 19.8 | 16.5 | 21.6 |
| 7 hours or more | 3.8 | 2.6 | 3.9 | 2.0 | 4.9 |
| Doing volunteer work | | | | | |
| None | 66.8 | 64.3 | 53.1 | 55.0 | 48.9 |
| 1-2 hours | 26.6 | 27.6 | 38.6 | 36.0 | 34.9 |
| 3-6 hours | 6.0 | 6.6 | 6.8 | 5.5 | 11.8 |
| 7 hours or more | 0.5 | 1.5 | 1.4 | 3.5 | 4.3 |
| In a band, choir, orchestra, or playing a musical instrument | | | | | |
| None | 28.0 | 33.5 | 64.7 | 64.5 | 70.1 |
| 1-2 hours | 48.9 | 44.2 | 16.4 | 14.5 | 11.2 |
| 3-6 hours | 18.3 | 14.7 | 12.6 | 15.0 | 9.1 |
| 7 hours or more | 4.8 | 7.6 | 6.3 | 6.0 | 9.6 |
| Attending religious services or programs | | | | | |
| None | 47.1 | 50.5 | 65.9 | 69.7 | 68.4 |
| 1-2 hours | 43.9 | 41.8 | 29.8 | 25.8 | 26.2 |
| 3-6 hours | 8.0 | 6.6 | 3.4 | 3.5 | 3.7 |
| 7 hours or more | 1.1 | 1.0 | 1.0 | 1.0 | 1.6 |
| Using a computer unrelated to school | | | | | |
| None | 3.8 | 4.1 | 3.9 | 0.5 | 1.6 |
| 1-2 hours | 47.5 | 33.0 | 27.5 | 17.5 | 18.3 |
| 3-6 hours | 33.9 | 38.6 | 43.5 | 38.5 | 30.6 |
| 7 hours or more | 14.8 | 24.4 | 25.1 | 43.5 | 49.5 |
| Playing video games | | | | | |
| None | 42.5 | 48.7 | 54.9 | 50.5 | 67.4 |
| 1-2 hours | 31.7 | 29.7 | 29.6 | 28.5 | 19.3 |
| 3-6 hours | 16.7 | 12.3 | 10.2 | 16.5 | 10.2 |
| 7 hours or more | 9.1 | 9.2 | 5.3 | 4.5 | 3.2 |
| Talking on the telephone | | | | | |
| None | 14.5 | 10.7 | 7.7 | 7.5 | 6.5 |
| 1-2 hours | 55.4 | 50.8 | 53.1 | 39.7 | 33.2 |
| 3-6 hours | 17.7 | 23.4 | 22.7 | 28.6 | 25.0 |
| 7 hours or more | 12.4 | 15.2 | 16.4 | 24.1 | 35.3 |
| Listening to music | | | | | |
| None | 8.0 | 7.1 | 3.4 | 3.0 | 3.2 |
| 1-2 hours | 47.6 | 35.0 | 39.9 | 28.6 | 22.7 |
| 3-6 hours | 24.6 | 28.4 | 27.9 | 32.2 | 28.6 |
| 7 hours or more | 19.8 | 29.4 | 28.8 | 36.2 | 45.4 |

**Table 33. Youth athletic activities**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| What kinds of athletics are you involved in? | | | | | |
| None | 9.1 | 9.6 | 11.1 | 12.5 | 21.9 |
| Informal, not organized | 20.3 | 31.5 | 21.6 | 24.5 | 26.2 |
| Organized outside school | 78.6 | 75.6 | 38.5 | 34.5 | 31.6 |
| School physical education | 21.9 | 34.0 | 25.5 | 25.5 | 28.9 |
| School intramural sports | 8.0 | 9.1 | 1.0 | 1.5 | 1.1 |
| Varsity, JV or freshman teams | 1.6 | 4.1 | 59.6 | 58.5 | 54.0 |

**Table 34. Self concept**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| How much do you disagree or agree with the following: | | | | | |
| I am good at making friends. | | | | | |
| Strongly disagree | 1.6 | 2.0 | 2.0 | 2.0 | 4.4 |
| Disagree | 2.7 | 6.1 | 9.9 | 6.6 | 7.7 |
| Agree | 54.3 | 50.8 | 50.5 | 57.4 | 56.3 |
| Strongly agree | 41.3 | 41.1 | 37.6 | 34.0 | 31.7 |
| I feel no one understands me. | | | | | |
| Strongly disagree | 42.9 | 34.5 | 24.9 | 24.5 | 23.5 |
| Disagree | 42.3 | 42.1 | 51.2 | 51.5 | 49.2 |
| Agree | 12.6 | 18.3 | 19.4 | 19.9 | 22.4 |
| Strongly agree | 2.2 | 5.1 | 4.5 | 4.1 | 4.9 |
| At times, I think I am no good at all. | | | | | |
| Strongly disagree | 45.7 | 33.0 | 30.8 | 29.1 | 29.8 |
| Disagree | 28.8 | 34.5 | 33.8 | 32.7 | 34.3 |
| Agree | 20.7 | 26.9 | 27.9 | 30.1 | 28.7 |
| Strongly agree | 4.9 | 5.6 | 7.5 | 8.2 | 7.2 |
| I feel lonely. | | | | | |
| Strongly disagree | 51.6 | 41.8 | 30.0 | 25.0 | 25.8 |
| Disagree | 27.7 | 34.2 | 48.0 | 45.4 | 41.8 |
| Agree | 17.9 | 19.9 | 17.0 | 23.5 | 26.9 |
| Strongly agree | 2.7 | 4.1 | 5.0 | 6.1 | 5.5 |
| I am good at making decisions. | | | | | |
| Strongly disagree | 2.2 | 2.0 | 4.0 | 3.1 | 6.0 |
| Disagree | 12.0 | 10.7 | 12.6 | 13.8 | 15.8 |
| Agree | 56.3 | 48.0 | 53.0 | 52.3 | 53.0 |
| Strongly agree | 29.5 | 39.3 | 30.3 | 30.8 | 25.1 |

**Table 34. Self-concept, continued**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| How much do you disagree or agree with the following: | | | | | |
| I feel that no one really cares about me. | | | | | |
| Strongly disagree | 64.7 | 56.3 | 48.5 | 49.0 | 41.2 |
| Disagree | 25.0 | 29.9 | 40.1 | 36.7 | 44.0 |
| Agree | 8.2 | 11.7 | 9.9 | 9.7 | 12.6 |
| Strongly agree | 2.2 | 2.0 | 1.5 | 4.6 | 2.2 |
| I feel I do not have much to be proud of. | | | | | |
| Strongly disagree | 63.7 | 51.8 | 44.8 | 40.3 | 39.3 |
| Disagree | 26.4 | 33.5 | 35.3 | 36.7 | 38.8 |
| Agree | 6.6 | 11.7 | 15.4 | 17.3 | 17.5 |
| Strongly agree | 3.3 | 3.0 | 4.5 | 5.6 | 4.4 |
| I think I have a good sense of humor. | | | | | |
| Strongly disagree | 1.6 | 3.6 | 3.0 | 2.6 | 3.8 |
| Disagree | 10.4 | 5.1 | 5.0 | 8.2 | 5.5 |
| Agree | 50.5 | 51.0 | 57.9 | 46.4 | 56.0 |
| Strongly agree | 37.4 | 40.3 | 34.2 | 42.9 | 34.6 |
| I often have trouble sleeping. | | | | | |
| Strongly disagree | 35.9 | 32.5 | 25.4 | 24.5 | 27.5 |
| Disagree | 41.3 | 38.1 | 41.3 | 39.8 | 35.2 |
| Agree | 15.2 | 22.2 | 22.4 | 24.0 | 22.5 |
| Strongly agree | 7.6 | 7.2 | 10.9 | 11.7 | 14.8 |
| I feel sad most of the time. | | | | | |
| Strongly disagree | 62.0 | 53.6 | 40.8 | 33.8 | 39.0 |
| Disagree | 29.3 | 36.7 | 42.8 | 50.3 | 43.4 |
| Agree | 6.5 | 7.1 | 12.9 | 11.8 | 12.6 |
| Strongly agree | 2.2 | 2.6 | 3.5 | 4.1 | 4.9 |
| On the whole, I like myself. | | | | | |
| Strongly disagree | 3.3 | 1.5 | 5.0 | 5.1 | 3.3 |
| Disagree | 4.3 | 10.2 | 10.0 | 8.7 | 17.1 |
| Agree | 40.8 | 42.3 | 49.8 | 52.0 | 51.4 |
| Strongly agree | 51.6 | 45.9 | 35.3 | 34.2 | 28.2 |
| I have so much energy, I don't know what to do with it. | | | | | |
| Strongly disagree | 15.2 | 11.7 | 14.6 | 21.9 | 21.0 |
| Disagree | 55.4 | 56.3 | 54.8 | 52.6 | 55.8 |
| Agree | 21.2 | 23.4 | 22.1 | 18.9 | 19.3 |
| Strongly agree | 8.2 | 8.6 | 8.5 | 6.6 | 3.9 |
| I have less energy than I think I should. | | | | | |
| Strongly disagree | 42.4 | 39.3 | 27.9 | 17.9 | 18.8 |
| Disagree | 43.5 | 43.4 | 43.8 | 47.4 | 45.9 |
| Agree | 12.0 | 14.3 | 21.9 | 23.5 | 28.2 |
| Strongly agree | 2.2 | 3.1 | 6.5 | 11.2 | 7.2 |

**Table 34. Self-concept, continued**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| How much do you disagree or agree with the following: | | | | | |
| I have a number of good qualities. | | | | | |
| Strongly disagree | 1.7 | 3.1 | 2.5 | 2.6 | 2.7 |
| Disagree | 2.2 | 6.1 | 3.0 | 7.2 | 9.9 |
| Agree | 50.8 | 41.3 | 55.0 | 59.5 | 59.9 |
| Strongly agree | 45.3 | 49.5 | 39.6 | 30.8 | 27.5 |
| All in all, I am glad I am me. | | | | | |
| Strongly disagree | 2.7 | 2.0 | 2.5 | 2.6 | 2.7 |
| Disagree | 3.8 | 4.1 | 9.5 | 11.8 | 14.3 |
| Agree | 34.6 | 38.1 | 43.3 | 45.1 | 43.4 |
| Strongly agree | 58.8 | 55.8 | 44.8 | 40.5 | 39.6 |
| I wish I were dead. | | | | | |
| Strongly disagree | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Disagree | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Agree | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Strongly agree | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| I am restless and can't sit still | | | | | |
| Strongly disagree | 29.3 | 27.9 | 22.4 | 18.9 | 18.1 |
| Disagree | 48.9 | 45.2 | 49.3 | 52.6 | 54.4 |
| Agree | 16.8 | 20.3 | 19.9 | 23.0 | 23.6 |
| Strongly agree | 4.9 | 6.6 | 8.5 | 5.6 | 3.8 |
| I have trouble concentrating. | | | | | |
| Strongly disagree | 26.9 | 25.9 | 21.9 | 12.8 | 11.0 |
| Disagree | 41.2 | 46.7 | 34.3 | 48.0 | 35.2 |
| Agree | 25.8 | 19.8 | 28.9 | 30.1 | 39.0 |
| Strongly agree | 6.0 | 7.6 | 14.9 | 9.2 | 14.8 |
| I would stick up for someone being bullied. | | | | | |
| Strongly disagree | 2.7 | 3.1 | 3.5 | 1.0 | 3.8 |
| Disagree | 5.4 | 11.8 | 13.4 | 13.8 | 11.0 |
| Agree | 49.5 | 53.3 | 54.2 | 52.8 | 57.7 |
| Strongly agree | 42.4 | 31.8 | 28.9 | 32.3 | 27.5 |

**Table 34A. Self concept scores**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | score* | | | | |
| How much do you disagree or agree with the following: | | | | | |
| I am good at making friends. | 78.4 | 77.0 | 74.6 | 74.5 | 71.8 |
| I feel no one understands me. | 24.7 | 31.3 | 34.5 | 34.5 | 36.2 |
| At times, I think I am no good at all. | 28.3 | 35.0 | 37.3 | 39.1 | 37.8 |
| I feel lonely. | 23.9 | 28.7 | 32.3 | 36.9 | 37.4 |
| I am good at making decisions. | 71.0 | 74.8 | 69.9 | 70.3 | 65.8 |
| I feel that no one really cares about me. | 15.9 | 19.8 | 21.5 | 23.3 | 25.3 |
| I feel I do not have much to be proud of. | 16.5 | 22.0 | 26.5 | 29.4 | 29.0 |
| I think I have a good sense of humor. | 74.5 | 76.0 | 74.4 | 76.5 | 73.8 |
| I often have trouble sleeping. | 31.5 | 34.7 | 39.6 | 41.0 | 41.6 |
| I feel sad most of the time. | 16.3 | 19.6 | 26.4 | 28.7 | 27.8 |
| On the whole, I like myself. | 80.3 | 77.6 | 71.8 | 71.8 | 68.1 |
| I have so much energy, I don't know what to do. | 40.8 | 43.0 | 41.5 | 36.7 | 35.4 |
| I have less energy than I think I should. | 24.6 | 27.0 | 35.7 | 42.7 | 41.3 |
| I have a number of good qualities. | 79.9 | 79.1 | 77.2 | 72.8 | 70.7 |
| All in all, I am glad I am me. | 83.2 | 82.6 | 76.8 | 74.5 | 73.3 |
| I am restless and can't sit still | 32.4 | 35.2 | 38.1 | 38.4 | 37.7 |
| I have trouble concentrating. | 37.0 | 36.4 | 45.6 | 45.2 | 52.6 |
| I would stick up for someone being bullied. | 77.2 | 71.3 | 69.5 | 72.1 | 69.6 |

* Score = % of maximum (strongly disagree=0, disagree=33, agree=66, strongly agree=100)

**Table 35. Perceptions of normative use**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| About how many students in your grade do you think regularly use: | | | | | |
| Cigarettes | | | | | |
| Fewer than 5% | 93.5 | 75.6 | 49.0 | 32.5 | 19.9 |
| 5-10% | 4.8 | 20.8 | 25.0 | 36.0 | 30.1 |
| 10-20% | 0.5 | 2.0 | 13.5 | 19.5 | 19.9 |
| 20-30% | 0.5 | 1.0 | 9.1 | 9.0 | 18.3 |
| 30-50% | 0.5 | 0.5 | 2.4 | 3.0 | 8.1 |
| More than 50% | 0.0 | 0.0 | 1.0 | 0.0 | 3.8 |
| Alcohol | | | | | |
| Fewer than 10% | 72.8 | 56.1 | 7.7 | 3.5 | 1.1 |
| 10-25% | 19.6 | 33.7 | 23.2 | 11.1 | 2.7 |
| 25-50% | 6.0 | 4.1 | 34.3 | 19.2 | 8.2 |
| 50-75% | 1.6 | 3.1 | 21.7 | 39.4 | 34.4 |
| 75-90% | 0.0 | 2.0 | 10.1 | 22.7 | 39.3 |
| More than 90% | 0.0 | 1.0 | 2.9 | 4.0 | 14.2 |
| Marijuana | | | | | |
| Fewer than 5% | 90.8 | 73.5 | 17.0 | 8.0 | 5.5 |
| 5-10% | 5.4 | 15.8 | 18.9 | 12.0 | 4.4 |
| 10-20% | 2.2 | 4.6 | 21.8 | 19.0 | 5.5 |
| 20-30% | 0.0 | 3.1 | 22.3 | 26.5 | 24.0 |
| 30-50% | 1.1 | 1.5 | 16.0 | 25.0 | 32.2 |
| More than 50% | 0.5 | 1.5 | 3.9 | 9.5 | 28.4 |
| Median estimates | | | | | |
| Cigarettes | 1.3 | 1.7 | 2.7 | 4.9 | 7.5 |
| Alcohol | 3.4 | 4.5 | 28.6 | 47.8 | 64.3 |
| Marijuana | 1.4 | 1.7 | 12.3 | 19.2 | 30.0 |

# *SECTION 4. FAMILY DOMAIN*

**Table 36. Family attitudes toward alcohol, tobacco, and marijuana**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| How wrong do your parents/guardians feel it would be if you: | | | | | |
| Drink beer, wine, or hard liquor (more than a few sips)? | | | | | |
| Not at all wrong | 2.2 | 1.5 | 2.9 | 8.1 | 12.2 |
| A little bit wrong | 4.9 | 9.7 | 21.5 | 20.2 | 33.1 |
| Wrong | 29.2 | 30.1 | 26.3 | 36.4 | 27.6 |
| Very wrong | 63.8 | 58.7 | 49.3 | 35.4 | 27.1 |
| Smoke cigarettes? | | | | | |
| Not at all wrong | 0.0 | 0.0 | 0.5 | 0.0 | 0.5 |
| A little bit wrong | 1.1 | 2.5 | 2.4 | 1.0 | 4.3 |
| Wrong | 13.6 | 14.7 | 18.8 | 19.5 | 27.0 |
| Very wrong | 85.3 | 82.7 | 78.3 | 79.5 | 68.1 |
| Use marijuana? | | | | | |
| Not at all wrong | 0.0 | 0.0 | 2.0 | 0.5 | 6.1 |
| A little bit wrong | 1.6 | 1.5 | 5.4 | 7.5 | 14.4 |
| Wrong | 5.4 | 10.7 | 22.4 | 24.6 | 23.2 |
| Very wrong | 93.0 | 87.8 | 70.2 | 67.3 | 56.4 |

**Table 37. Family status of alcohol and cigarette use**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| Does either parent drink alcoholic beverages? | | | | | |
| Yes | 84.8 | 86.3 | 87.9 | 90.5 | 89.5 |
| Do brothers or sisters drink alcoholic beverages? | | | | | |
| Yes | 12.5 | 27.4 | 41.7 | 48.5 | 54.9 |
| I don't know | 12.0 | 7.1 | 8.7 | 8.0 | 4.9 |
| I have no siblings | 7.1 | 7.6 | 4.9 | 5.5 | 7.7 |
| Has a family member used alcohol enough to create problems? | | | | | |
| Yes | 8.1 | 11.2 | 17.3 | 16.0 | 21.9 |
| Does either parent smoke cigarettes? | | | | | |
| Yes | 7.5 | 6.6 | 7.3 | 12.1 | 11.9 |
| Do brothers or sisters smoke cigarettes? | | | | | |
| Yes | 2.1 | 6.1 | 8.7 | 7.0 | 14.7 |
| I have no siblings | 3.7 | 4.6 | 3.9 | 4.0 | 5.4 |

**Table 38. Family management**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| On a regular day, how many hours do you usually spend after school without an adult present? | | | | | |
| None | 12.4 | 12.2 | 8.7 | 4.0 | 3.8 |
| Less than 1 hour | 39.8 | 31.0 | 23.1 | 25.5 | 19.9 |
| 1-2 hours | 38.2 | 34.5 | 43.8 | 44.5 | 34.4 |
| Up to 4 hours | 7.0 | 15.2 | 17.8 | 16.0 | 24.2 |
| More than 4 hours | 2.7 | 7.1 | 6.7 | 10.0 | 17.7 |
| When I am away from home, my parent/guardian knows where I am and who I am with. | | | | | |
| Definitely not true | 0.0 | 1.5 | 1.0 | 1.0 | 2.2 |
| Mostly not true | 2.2 | 1.5 | 2.9 | 5.0 | 8.6 |
| Mostly true | 27.4 | 29.6 | 45.9 | 53.5 | 61.3 |
| Definitely true | 70.4 | 67.3 | 50.2 | 40.5 | 28.0 |
| If I break one of my parent's rules, I usually get punished. | | | | | |
| Definitely not true | 2.7 | 4.1 | 2.4 | 3.5 | 5.4 |
| Mostly not true | 14.1 | 9.8 | 18.0 | 16.5 | 23.7 |
| Mostly true | 44.3 | 52.6 | 49.5 | 51.5 | 45.2 |
| Definitely true | 38.9 | 33.5 | 30.1 | 28.5 | 25.8 |
| My family has clear rules discouraging drinking alcohol. | | | | | |
| Definitely not true | 4.3 | 4.1 | 2.4 | 2.5 | 7.7 |
| Mostly not true | 8.6 | 6.6 | 18.4 | 23.5 | 26.8 |
| Mostly true | 28.1 | 38.8 | 39.1 | 38.5 | 35.5 |
| Definitely true | 58.9 | 50.5 | 40.1 | 35.5 | 30.1 |
| My family has clear rules discouraging smoking. | | | | | |
| Definitely not true | 4.3 | 1.5 | 3.4 | 3.0 | 4.3 |
| Mostly not true | 2.7 | 3.0 | 5.8 | 7.0 | 10.3 |
| Mostly true | 10.8 | 21.3 | 19.3 | 18.1 | 15.1 |
| Definitely true | 82.3 | 74.1 | 71.5 | 71.9 | 70.3 |

**Table 39. Parental attachment and communication**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| I feel very close to my parent/guardian(s) | | | | | |
| Definitely not true | 2.2 | 3.1 | 3.4 | 2.5 | 2.7 |
| Mostly not true | 4.8 | 5.6 | 7.7 | 4.5 | 11.9 |
| Mostly true | 18.3 | 24.0 | 34.3 | 34.0 | 40.5 |
| Definitely true | 74.7 | 67.3 | 54.6 | 59.0 | 44.9 |
| I enjoy spending time with my parent/guardian(s) | | | | | |
| Definitely not true | 2.2 | 2.6 | 4.4 | 2.5 | 1.6 |
| Mostly not true | 11.3 | 10.3 | 11.2 | 12.1 | 16.2 |
| Mostly true | 33.3 | 44.1 | 49.8 | 42.7 | 48.6 |
| Definitely true | 53.2 | 43.1 | 34.6 | 42.7 | 33.5 |
| I share my thoughts and feelings with my parent/guardian(s) | | | | | |
| Definitely not true | 7.0 | 10.2 | 10.6 | 8.0 | 8.6 |
| Mostly not true | 18.4 | 20.9 | 22.2 | 27.0 | 31.2 |
| Mostly true | 44.9 | 47.4 | 45.4 | 47.5 | 38.7 |
| Definitely true | 29.7 | 21.4 | 21.7 | 17.5 | 21.5 |

**Table 40. Positive family involvement**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| My parent/guardian(s): | | | | | |
| Gives lots of chances to do fun things with them and my family. | | | | | |
| Definitely not true | 1.1 | 3.1 | 3.4 | 1.5 | 4.8 |
| Mostly not true | 8.2 | 10.7 | 13.1 | 10.0 | 18.8 |
| Mostly true | 33.7 | 41.8 | 45.1 | 49.0 | 45.2 |
| Definitely true | 57.1 | 44.4 | 38.3 | 39.5 | 31.2 |
| Gives me help and support. | | | | | |
| Definitely not true | 0.5 | 1.0 | 1.9 | 0.5 | 1.1 |
| Mostly not true | 2.2 | 6.1 | 6.3 | 3.0 | 7.5 |
| Mostly true | 21.5 | 25.5 | 25.1 | 34.0 | 36.0 |
| Definitely true | 75.8 | 67.3 | 66.7 | 62.5 | 55.4 |
| Asks if my homework is done. | | | | | |
| Definitely not true | 2.7 | 4.6 | 2.4 | 4.0 | 9.7 |
| Mostly not true | 5.4 | 6.7 | 13.0 | 12.1 | 14.1 |
| Mostly true | 21.6 | 26.7 | 27.5 | 32.7 | 35.7 |
| Definitely true | 70.3 | 62.1 | 57.0 | 51.3 | 40.5 |
| Participates in activities at my school. | | | | | |
| Definitely not true | 14.5 | 13.8 | 18.0 | 21.5 | 19.0 |
| Mostly not true | 31.7 | 29.6 | 24.9 | 22.5 | 23.9 |
| Mostly true | 33.3 | 33.7 | 42.0 | 39.0 | 37.5 |
| Definitely true | 20.4 | 23.0 | 15.1 | 17.0 | 19.6 |

# *SECTION 5. SCHOOL DOMAIN*

**Table 41. School performance**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| What kinds of grades do you usually get? | | | | | |
| Mostly A's | 32.4 | 27.9 | 20.2 | 21.5 | 23.5 |
| A's and B's | 44.9 | 35.5 | 44.7 | 43.5 | 42.8 |
| Mostly B's | 18.4 | 25.9 | 22.6 | 27.5 | 24.1 |
| B's and C's | 2.2 | 9.1 | 7.7 | 6.5 | 3.7 |
| Mostly C's | 2.2 | 1.5 | 2.4 | 1.0 | 4.3 |
| C's and D's | 0.0 | 0.0 | 1.0 | 0.0 | 1.1 |
| Mostly D's | 0.0 | 0.0 | 1.0 | 0.0 | 0.5 |
| D's and F's | 0.0 | 0.0 | 0.5 | 0.0 | 0.0 |
| Mostly F's | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| On average, how many hours a day do you spend doing homework? | | | | | |
| None | 0.0 | 0.5 | 1.0 | 0.5 | 2.1 |
| Less than 1 hour | 43.9 | 31.5 | 12.5 | 18.5 | 13.4 |
| 1-3 hours | 56.1 | 61.9 | 59.6 | 56.0 | 59.9 |
| 3-5 hours | 0.0 | 4.6 | 21.2 | 20.0 | 17.6 |
| More than 5 hours | 0.0 | 1.5 | 5.8 | 5.0 | 7.0 |

**Table 42. Perception of school enforcement of policies on substances**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| What is most severe discipline if student is caught at school: | | | | | |
| With an alcoholic beverage? | | | | | |
| Nothing | 0.5 | 0.5 | 0.0 | 1.0 | 0.5 |
| Sent to principal's office | 0.5 | 0.5 | 3.4 | 0.5 | 0.0 |
| Detention | 0.5 | 1.5 | 4.8 | 4.0 | 6.0 |
| Suspension | 36.4 | 27.4 | 48.3 | 53.3 | 45.6 |
| Expulsion | 34.2 | 44.7 | 22.2 | 24.6 | 27.5 |
| I don't know | 27.7 | 25.4 | 21.3 | 16.6 | 20.3 |
| Smoking a cigarette? | | | | | |
| Nothing | 0.5 | 0.5 | 1.9 | 0.0 | 1.1 |
| Sent to principal's office | 2.7 | 0.5 | 3.8 | 3.5 | 5.9 |
| Detention | 0.0 | 1.5 | 6.3 | 13.1 | 18.3 |
| Suspension | 33.0 | 28.9 | 41.8 | 51.8 | 41.4 |
| Expulsion | 31.4 | 38.1 | 16.3 | 11.6 | 5.4 |
| I don't know | 32.4 | 30.5 | 29.8 | 20.1 | 28.0 |
| In possession of marijuana? | | | | | |
| Nothing | 0.5 | 0.5 | 0.5 | 0.5 | 0.5 |
| Sent to principal's office | 0.0 | 0.0 | 0.5 | 0.5 | 0.5 |
| Detention | 0.0 | 0.0 | 1.0 | 0.0 | 0.0 |
| Suspension | 11.9 | 10.7 | 35.0 | 37.0 | 36.1 |
| Expulsion | 65.4 | 68.9 | 47.1 | 53.5 | 48.6 |
| I don't know | 22.2 | 19.9 | 16.0 | 8.5 | 14.2 |

**Table 43. Commitment to school**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| I try hard to do good work at school. | | | | | |
| Definitely not true | 1.1 | 1.0 | 1.0 | 0.5 | 1.1 |
| Mostly not true | 1.6 | 2.0 | 3.4 | 3.5 | 5.9 |
| Mostly true | 38.2 | 38.1 | 38.9 | 46.5 | 42.5 |
| Definitely true | 59.1 | 58.9 | 56.7 | 49.5 | 50.5 |
| I want very much to get more education after high school. | | | | | |
| Definitely not true | 0.5 | 0.0 | 1.0 | 2.0 | 1.1 |
| Mostly not true | 3.2 | 1.5 | 1.9 | 2.0 | 1.6 |
| Mostly true | 14.6 | 14.7 | 15.4 | 15.5 | 10.2 |
| Definitely true | 81.6 | 83.8 | 81.7 | 80.5 | 87.1 |
| It is important to me to get good grades. | | | | | |
| Definitely not true | 1.1 | 0.0 | 1.0 | 1.0 | 0.0 |
| Mostly not true | 2.7 | 1.6 | 1.9 | 5.0 | 3.8 |
| Mostly true | 19.9 | 22.8 | 21.6 | 25.5 | 25.7 |
| Definitely true | 76.3 | 75.6 | 75.5 | 68.5 | 70.5 |
| I have given up on school. | | | | | |
| Definitely not true | 93.5 | 82.7 | 81.6 | 73.9 | 68.6 |
| Mostly not true | 3.8 | 13.8 | 13.5 | 18.1 | 22.2 |
| Mostly true | 2.2 | 2.6 | 2.4 | 5.0 | 5.9 |
| Definitely true | 0.5 | 1.0 | 2.4 | 3.0 | 3.2 |
| I feel safe at school. | | | | | |
| Definitely not true | 1.1 | 2.0 | 1.0 | 4.0 | 0.0 |
| Mostly not true | 4.3 | 4.1 | 3.8 | 4.5 | 7.1 |
| Mostly true | 47.8 | 56.1 | 48.6 | 41.7 | 34.4 |
| Definitely true | 46.7 | 37.8 | 46.6 | 49.7 | 58.5 |

**Table 44. School environment**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| How true are the following? | | | | | |
| A lot of drugs are available in my school. | | | | | |
| Definitely not true | 81.1 | 58.4 | 10.7 | 8.6 | 9.1 |
| Mostly not true | 15.7 | 36.0 | 35.0 | 27.3 | 22.6 |
| Mostly true | 2.7 | 3.6 | 35.4 | 42.4 | 43.5 |
| Definitely true | 0.5 | 2.0 | 18.9 | 21.7 | 24.7 |
| Adults in my school try to keep kids off drugs. | | | | | |
| Definitely not true | 5.4 | 5.6 | 1.5 | 2.0 | 5.9 |
| Mostly not true | 3.3 | 4.6 | 3.9 | 6.0 | 8.1 |
| Mostly true | 6.0 | 21.8 | 28.6 | 36.7 | 41.1 |
| Definitely true | 85.3 | 68.0 | 66.0 | 55.3 | 44.9 |
| In my school kids are often bullied. | | | | | |
| Definitely not true | 9.2 | 5.2 | 6.3 | 10.0 | 5.3 |
| Mostly not true | 54.1 | 45.6 | 48.6 | 46.0 | 55.1 |
| Mostly true | 26.5 | 28.5 | 27.9 | 30.0 | 24.1 |
| Definitely true | 10.3 | 20.7 | 17.3 | 14.0 | 15.5 |

# *SECTION 6. COMMUNITY DOMAIN*

**Table 45. Perception of neighborhood environment**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| In my neighborhood: | | | | | |
| There are lots of things for young people to do | | | | | |
| Definitely not true | 4.9 | 10.2 | 14.3 | 15.1 | 27.3 |
| Mostly not true | 14.2 | 27.6 | 26.1 | 34.2 | 38.8 |
| Mostly true | 36.6 | 32.1 | 44.3 | 32.2 | 26.8 |
| Definitely true | 44.3 | 30.1 | 15.3 | 18.6 | 7.1 |
| It is a safe place | | | | | |
| Definitely not true | 2.7 | 4.6 | 1.0 | 0.5 | 4.4 |
| Mostly not true | 2.2 | 6.6 | 6.4 | 5.6 | 3.8 |
| Mostly true | 42.3 | 56.1 | 48.0 | 49.2 | 45.4 |
| Definitely true | 52.7 | 32.7 | 44.6 | 44.6 | 46.4 |
| Kids are often taunted to hurt their feelings | | | | | |
| Definitely not true | 8.2 | 6.2 | 6.9 | 9.0 | 8.7 |
| Mostly not true | 56.0 | 49.7 | 49.0 | 53.5 | 57.1 |
| Mostly true | 26.6 | 25.4 | 33.2 | 24.5 | 20.7 |
| Definitely true | 9.2 | 18.7 | 10.9 | 13.0 | 13.6 |

**Table 46. Neighborhood drug involvement**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| In my neighborhood: | | | | | |
| A lot of drugs are sold | | | | | |
| Definitely not true | 50.0 | 30.3 | 10.8 | 8.0 | 6.0 |
| Mostly not true | 37.5 | 43.1 | 41.4 | 35.2 | 34.2 |
| Mostly true | 8.2 | 19.5 | 33.0 | 41.2 | 43.5 |
| Definitely true | 4.3 | 7.2 | 14.8 | 15.6 | 16.3 |
| A lot of kids I know are into using drugs | | | | | |
| Definitely not true | 51.4 | 25.0 | 4.9 | 5.6 | 3.3 |
| Mostly not true | 38.3 | 51.5 | 35.5 | 26.4 | 17.4 |
| Mostly true | 6.6 | 16.3 | 44.3 | 43.1 | 41.8 |
| Definitely true | 3.8 | 7.1 | 15.3 | 24.9 | 37.5 |
| People are trying to keep kids off drugs | | | | | |
| Definitely not true | 3.8 | 5.1 | 1.5 | 1.0 | 7.6 |
| Mostly not true | 1.6 | 5.6 | 9.4 | 11.1 | 15.2 |
| Mostly true | 20.2 | 33.0 | 44.3 | 50.8 | 46.7 |
| Definitely true | 74.3 | 56.3 | 44.8 | 37.2 | 30.4 |

**Table 47. Perception of strategies to prevent alcohol use**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| How important do you think the following are in preventing kids from drinking alcohol? | | | | | |
| High price | | | | | |
| Very important | 13.0 | 21.3 | 12.6 | 8.5 | 14.2 |
| Somewhat important | 29.9 | 33.5 | 38.8 | 40.7 | 35.0 |
| Not important | 47.8 | 37.1 | 45.1 | 48.7 | 47.5 |
| I don't know | 9.2 | 8.1 | 3.4 | 2.0 | 3.3 |
| Checking ID's in stores and bars | | | | | |
| Very important | 67.9 | 64.0 | 45.4 | 38.4 | 40.4 |
| Somewhat important | 18.5 | 23.4 | 31.9 | 40.4 | 40.4 |
| Not important | 6.0 | 5.6 | 21.3 | 19.2 | 18.0 |
| I don't know | 7.6 | 7.1 | 1.4 | 2.0 | 1.1 |
| Ads that show the problems associated with drinking | | | | | |
| Very important | 40.2 | 27.0 | 23.3 | 8.0 | 6.0 |
| Somewhat important | 37.0 | 36.7 | 26.7 | 28.1 | 22.5 |
| Not important | 13.6 | 27.6 | 45.6 | 62.8 | 65.9 |
| I don't know | 9.2 | 8.7 | 4.4 | 1.0 | 5.5 |
| Friends who don't drink | | | | | |
| Very important | 46.7 | 45.9 | 38.2 | 37.9 | 25.8 |
| Somewhat important | 38.6 | 37.2 | 39.1 | 44.4 | 47.3 |
| Not important | 9.2 | 9.7 | 19.3 | 16.2 | 24.7 |
| I don't know | 5.4 | 7.1 | 3.4 | 1.5 | 2.2 |
| Friends who disapprove of drinking | | | | | |
| Very important | 56.5 | 57.1 | 33.8 | 38.2 | 25.7 |
| Somewhat important | 29.3 | 27.0 | 42.0 | 38.7 | 44.3 |
| Not important | 8.7 | 10.7 | 21.3 | 22.1 | 27.9 |
| I don't know | 5.4 | 5.1 | 2.9 | 1.0 | 2.2 |
| Parental strictness about drinking | | | | | |
| Very important | 64.1 | 57.9 | 38.3 | 34.8 | 33.3 |
| Somewhat important | 27.2 | 32.8 | 45.1 | 45.5 | 44.8 |
| Not important | 3.8 | 6.7 | 15.0 | 18.7 | 20.8 |
| I don't know | 4.9 | 2.6 | 1.5 | 1.0 | 1.1 |
| Driver's license suspension | | | | | |
| Very important | 55.7 | 57.4 | 49.3 | 50.3 | 42.9 |
| Somewhat important | 27.3 | 25.4 | 35.3 | 35.7 | 39.6 |
| Not important | 7.7 | 9.6 | 11.1 | 11.1 | 13.2 |
| I don't know | 9.3 | 7.6 | 4.3 | 3.0 | 4.4 |
| Fine of $200 | | | | | |
| Very important | 57.6 | 56.9 | 43.7 | 37.7 | 32.4 |
| Somewhat important | 24.5 | 22.8 | 32.5 | 37.2 | 34.1 |
| Not important | 12.5 | 13.7 | 19.4 | 21.6 | 28.6 |
| I don't know | 5.4 | 6.6 | 4.4 | 3.5 | 4.9 |

**Table 47. Perception of strategies to prevent alcohol use, continued**

| Questions and responses | Grade 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|
| | % | % | % | % | % |
| How important do you think the following are in preventing kids from drinking alcohol? | | | | | |
| Alcohol education in school | | | | | |
| Very important | 52.2 | 33.5 | 23.7 | 11.6 | 7.7 |
| Somewhat important | 29.9 | 36.0 | 37.7 | 35.7 | 25.1 |
| Not important | 11.4 | 22.3 | 35.7 | 50.3 | 62.3 |
| I don't know | 6.5 | 8.1 | 2.9 | 2.5 | 4.9 |
| Alcohol-free activities | | | | | |
| Very important | 44.6 | 40.6 | 30.0 | 17.1 | 10.4 |
| Somewhat important | 26.1 | 31.5 | 31.9 | 29.6 | 32.4 |
| Not important | 21.2 | 19.8 | 33.8 | 51.3 | 52.2 |
| I don't know | 8.2 | 8.1 | 4.3 | 2.0 | 4.9 |
| Fear of addiction | | | | | |
| Very important | 49.7 | 47.2 | 25.6 | 15.2 | 11.5 |
| Somewhat important | 29.5 | 27.4 | 31.4 | 29.8 | 26.2 |
| Not important | 16.4 | 19.8 | 37.7 | 50.5 | 55.7 |
| I don't know | 4.4 | 5.6 | 5.3 | 4.5 | 6.6 |
| Blood alcohol or breathalyzer tests at school or home | | | | | |
| Very important | 42.9 | 42.3 | 33.2 | 34.2 | 23.6 |
| Somewhat important | 29.7 | 31.6 | 41.5 | 46.2 | 50.5 |
| Not important | 16.5 | 17.9 | 21.0 | 17.6 | 22.5 |
| I don't know | 11.0 | 8.2 | 4.4 | 2.0 | 3.3 |

# *SECTION 7. COMPARISONS*

**Table 48. Lifetime substance use prevalence**

| Substance (any amount ) | Grade 8 Westport 2011 | Grade 8 MTF 2010 | Grade 8 DRG A-C 2008-11 | Grade 10 Westport 2011 | Grade 10 MTF 2010 | Grade 10 DRG A-C 2008-11 |
|---|---|---|---|---|---|---|
| | % | % | % | % | % | % |
| Cigarettes | 4.6 | 30.0 | 5.4 | 10.1 | 51.3 | 18.4 |
| Alcohol | 34.5 | 35.8 | 25.9 | 65.0 | 58.2 | 59.8 |
| Marijuana | 3.6 | 17.3 | 4.8 | 33.0 | 33.4 | 26.2 |
| Cocaine | 0.5 | 2.6 | 0.3 | 0.5 | 3.7 | 1.6 |
| Crack Cocaine | 0.0 | 1.5 | 0.2 | 0.0 | 1.8 | 0.5 |
| Heroin | 0.5 | 1.3 | 0.1 | 0.0 | 1.3 | 0.5 |
| Hallucinogens | 0.5 | 3.4 | 0.9 | 2.5 | 6.1 | 4.5 |
| Angel Dust (PCP) | 0.5 | n/a | 0.4 | 0.5 | n/a | 0.9 |
| MDMA (ecstasy) | 0.5 | 3.3 | 0.2 | 1.5 | 6.4 | 1.2 |
| Ketamine | 0.5 | n/a | 0.2 | 0.0 | n/a | 0.6 |
| GHB | 0.0 | 0.9 | 0.1 | 0.0 | 1.4 | 0.2 |
| Salvia | 0.5 | n/a | 2.0 | 4.0 | n/a | 12.7 |
| Methamphetamine | 0.5 | 1.8 | n/a | 0.0 | 2.5 | n/a |
| K2 or Spice | 0.0 | n/a | n/a | 2.5 | n/a | n/a |
| Any illicit drug other than marijuana | 1.0 | 10.6 | n/a | 7.5 | 16.8 | n/a |
| Steroids | 1.0 | 1.1 | 1.0 | 0.0 | 1.6 | 0.3 |
| Downers | 6.1 | n/a | 3.8 | 8.0 | n/a | 7.3 |
| Tranquilizers | 0.5 | 4.0 | 0.4 | 1.5 | 7.3 | 1.3 |
| Uppers (e.g., stimulants, amphetamines) | 0.0 | 5.7 | 0.8 | 0.5 | 10.6 | 3.8 |
| Pain meds (e.g., Oxycontin, Vicodin) | 10.7 | n/a | 4.6 | 6.5 | n/a | 11.2 |
| Over-the-counter meds (e.g., cough med, mouthwash) | 2.1 | n/a | 4.1 | 3.0 | n/a | 7.2 |
| Any non-prescribed med | 15.2 | n/a | 9.1 | 14.5 | n/a | 14.9 |
| Inhalants | 5.1 | 14.5 | 3.7 | 6.5 | 12.0 | 7.3 |
| Energy drinks | 61.4 | n/a | 63.5 | 67.5 | n/a | 76.1 |

* n/a = data not available

**Table 49. 30-Day substance use prevalence**

| Substance (any amount ) | Grade 8 Westport 2011 | Grade 8 MTF 2010 | Grade 8 DRG A-C 2008-11 | Grade 10 Westport 2011 | Grade 10 MTF 2010 | Grade 10 DRG A-C 2008-11 |
|---|---|---|---|---|---|---|
| | % | % | % | % | % | % |
| Cigarettes | 0.5 | 7.1 | 1.9 | 3.0 | 13.6 | 8.6 |
| Alcohol | 8.1 | 13.8 | 7.4 | 37.0 | 28.9 | 32.2 |
| Marijuana | 1.0 | 8.0 | 2.7 | 16.5 | 16.7 | 16.4 |
| Cocaine | 0.0 | 0.6 | 0.0 | 0.0 | 0.9 | 0.2 |
| Crack Cocaine | 0.0 | 0.4 | 0.0 | 0.0 | 0.5 | 0.2 |
| Heroin | 0.0 | 0.4 | 0.0 | 0.0 | 0.4 | 0.1 |
| Hallucinogens | 0.0 | 1.0 | 0.0 | 0.0 | 1.6 | 1.9 |
| Angel Dust (PCP) | 0.0 | n/a | 0.0 | 0.0 | n/a | 0.0 |
| MDMA (ecstasy) | 0.5 | 1.1 | 0.0 | 0.5 | 1.9 | 0.5 |
| Ketamine | 0.0 | n/a | 0.0 | 0.0 | n/a | 0.1 |
| GHB | 0.0 | 0.2 | 0.1 | 0.0 | 0.3 | 0.0 |
| Salvia | 0.5 | n/a | 4.0 | 0.0 | n/a | 3.8 |
| Methamphetamine | 0.0 | 0.7 | n/a | 0.0 | 0.7 | n/a |
| K2 or Spice | 0.5 | n/a | n/a | 1.0 | n/a | n/a |
| Any illicit drug other than marijuana | 0.5 | 3.5 | n/a | 1.5 | 5.8 | n/a |
| Steroids | 1.0 | 0.3 | 0.1 | 0.0 | 0.5 | 0.3 |
| Downers | 1.5 | n/a | 0.2 | 2.0 | n/a | 2.1 |
| Tranquilizers | 0.0 | 1.2 | 0.0 | 0.0 | 2.2 | 0.7 |
| Uppers (e.g., stimulants, amphetamines) | 0.5 | 1.8 | 0.3 | 1.5 | 3.3 | 1.6 |
| Pain meds (e.g., Oxycontin, Vicodin) | 3.0 | n/a | 0.9 | 1.5 | n/a | 3.5 |
| Over-the-counter meds (e.g., cough med, mouthwash) | 1.5 | n/a | 1.3 | 1.0 | n/a | 2.0 |
| Any non-prescribed med | 5.1 | n/a | 0.0 | 4.0 | n/a | 0.0 |
| Inhalants | 0.5 | 3.6 | 0.6 | 2.0 | 2.0 | 0.8 |
| Energy drinks | 28.6 | n/a | 35.6 | 21.8 | n/a | 33.1 |

* n/a = data not available

**Table 50. Perception of harm and availability**

| Substance | Grade 8 Westport 2011 | Grade 8 MTF 2010 | Grade 8 DRG A-C 2008-11 | Grade 10 Westport 2011 | Grade 10 MTF 2010 | Grade 10 DRG A-C 2008-11 |
|---|---|---|---|---|---|---|
| | % | % | % | % | % | % |
| **Perception of "great harm" with regular use** | | | | | | |
| Cigarettes (pack per day) | 73.0 | 60.9 | 72.7 | 73.5 | 67.2 | 68.3 |
| Alcohol (1-2 per day) | 39.5 | 32.3 | 37.2 | 26.8 | 33.1 | 27.8 |
| Marijuana (regularly) | 65.8 | 68.0 | 71.6 | 25.5 | 57.2 | 38.5 |
| **Parents would feel it "very wrong" for me to use:** | | | | | | |
| Cigarettes | 82.7 | n/a | 80.8 | 79.5 | n/a | 72.2 |
| Alcohol | 58.7 | n/a | 59.4 | 35.4 | n/a | 40.0 |
| Marijuana | 87.8 | n/a | 89.6 | 67.3 | n/a | 72.3 |
| **Substance "fairly" or "very " easily available** | | | | | | |
| Cigarettes | 33.5 | 55.5 | 37.9 | 60.3 | 75.6 | 71.6 |
| Alcohol | 77.2 | 61.1 | 67.6 | 84.4 | 80.0 | 86.7 |
| Marijuana | 28.9 | 41.4 | 22.9 | 68.3 | 69.4 | 68.0 |

**Table 51. Comparison in Westport: Tobacco**

| Measurement | Grades 7-8 2000 | Grades 7-8 2011 | Grades 9-10 2000 | Grades 9-10 2011 |
|---|---|---|---|---|
| | % | % | % | % |
| Lifetime cigarette use | 19.9 | 3.1 | 54.4 | 7.9 |
| 30-day cigarette use | 8.4 | 0.5 | 25.8 | 2.5 |
| Parent(s) smoke | 17.3 | 7.1 | 26.7 | 9.6 |
| Very easy to get | 13.3 | 8.1 | 45.4 | 24.1 |
| Source sometimes or often: | | | | |
| Friends | 14.2 | 1.0 | 50.6 | 4.5 |
| Parents, no permission | 7.1 | 1.0 | 12.7 | 1.8 |
| Store | 5.7 | 0.3 | 29.1 | 1.4 |
| Perceived great harm, regular use | 76.0 | 74.6 | 73.8 | 71.7 |
| Most close friends use | 1.8 | 0.8 | 16.7 | 1.0 |
| Very wrong for teen to use | 50.5 | 91.3 | 14.8 | 58.7 |
| Parent feels very wrong for me | 80.5 | 84.0 | 57.3 | 78.9 |

**Table 52. Comparison in Westport: Alcohol**

| Measurement | Grades 7-8 | | Grades 9-10 | |
|---|---|---|---|---|
| | 2000 | 2011 | 2000 | 2011 |
| | % | % | % | % |
| Lifetime use | 47.6 | 27.2 | 78.3 | 57.0 |
| 30-day use | 20.5 | 6.3 | 56.6 | 31.0 |
| Drunk 3 or more times | 5.6 | 0.5 | 26.1 | 20.6 |
| Drink 4 or more at a time | 3.2 | 0.0 | 19.9 | 13.8 |
| Family rule discourages use | 68.6 | 54.6 | 46.8 | 37.8 |
| Parent(s) drink | 63.0 | 85.6 | 65.9 | 89.2 |
| Problem drinking in family | 19.0 | 9.7 | 24.8 | 16.7 |
| Very easy to get | 28.4 | 35.1 | 42.0 | 53.2 |
| Source sometimes or often: | | | | |
| Friends | 30.1 | 4.4 | 70.7 | 41.8 |
| Parents, no permission | 17.5 | 4.7 | 43.8 | 23.0 |
| Store | 3.8 | 0.3 | 17.7 | 2.5 |
| Place of alcohol or drug use | | | | |
| At home | 9.0 | 20.4 | 30.0 | 20.9 |
| Homes of other people | 8.1 | 5.9 | 40.4 | 42.8 |
| Perceived great harm, regular use | 50.5 | 37.7 | 56.4 | 30.4 |
| Most close friends use | 2.3 | 1.8 | 33.5 | 29.2 |
| Very wrong for teen to use | 36.2 | 66.4 | 6.1 | 20.8 |
| Parent feels very wrong for me | 57.5 | 61.2 | 32.5 | 42.4 |
| Very important in preventing teens from drinking | | | | |
| High price | 28.1 | 17.3 | 17.6 | 10.6 |
| Checking IDs | 74.8 | 65.9 | 57.4 | 42.0 |
| Friends who don't drink | 58.1 | 46.3 | 44.6 | 38.0 |
| Parental strictness | 50.0 | 61.0 | 27.2 | 36.6 |
| Alcohol education in school | 41.6 | 42.5 | 23.4 | 17.7 |

**Table 53. Comparison in Westport: Drugs**

| Substance / Measurement | Grades 7-8 | | Grades 9-10 | |
|---|---|---|---|---|
| | 2000 | 2011 | 2000 | 2011 |
| | % | % | % | % |
| Marijuana | | | | |
| Lifetime use | 5.9 | 2.6 | 39.3 | 23.1 |
| 30-day use | 4.1 | 1.1 | 27.1 | 11.8 |
| Very easy to get | 6.2 | 8.7 | 33.8 | 33.1 |
| Perceived great harm, regular use | 78.6 | 72.1 | 66.0 | 34.6 |
| Most close friends use | <1.0 | 0 | 15.3 | 8.2 |
| Very wrong for teen to use | 71.8 | 89.2 | 24.7 | 44.1 |
| Parent feels very wrong for me | 91.0 | 90.3 | 73.3 | 68.8 |
| Downers (barbiturates, sleeping pills, quaaludes | | | | |
| Lifetime use | 6.8 | 6.0 | 14.2 | 6.4 |
| 30-day use | <1.0 | 7.8 | <1.0 | 6.7 |
| Pain meds (codeine, percodan, dilaudid) | | | | |
| Lifetime use | 11.9 | 7.8 | 17.4 | 6.7 |
| 30-day use | <1.0 | 2.6 | <1.0 | 2.2 |
| In past year: | | | | |
| Sold illegal drugs | 1.4 | 1.3 | 6.9 | 2.5 |
| Bought illegal drugs | 2.8 | 1.6 | 19.1 | 9.7 |
| Lot of drugs definitely sold in my neighborhood | 3.6 | 5.8 | 16.2 | 15.2 |
| People in my neighborhood definitely trying to keep kids off drugs. | 42.4 | 65.0 | 23.6 | 41.0 |

## *SECTION 8. CORRELATIONS – 30-DAY ALCOHOL USERS VS. NON-USERS*

Tables in this section compare respondents (in all grades) who reported drinking alcoholic beverages within the past 30 days (Users) with those who reported they did not (Non-Users). Mean scores reported in each table are derived from the same data used to generate the tables in previous sections of this report. Mean scores are ascending intensity scales, as explained in footnotes. The rescaling calculation and determination of statistical significance are explained in METHODS. Statistical significances indicated are: n.s. = no significant difference (p>0.05), 0.05 = [p=0.01 to 0.05], **0.01** = [p=0.001 to 0.01], **0.001** = [p<0.001 to 0.001], **<0.001** = [p<0.001]. See METHODS.

**Table 54. Prevention strategies**

| Question and response choices | Statistical Significance | Scale Score, Recent Alcohol Consumption | | |
|---|---|---|---|---|
| | | NO | YES | YES/NO |
| | p-value | % of max | % of max | % |
| How important do you think the following are in preventing kids from drinking? | | | | |
| High price | n.s. | 34.4 | | |
| Checking ID's in stores and bars | n.s. | 73.1 | | |
| Ads showing problems associated with drinking | **0.001** | **45.0** | **19.7** | **43.7** |
| Friends who don't drink | **0.001** | **67.0** | **48.3** | **72.0** |
| Friends who disapprove of drinking | **0.001** | **67.6** | **48.7** | **72.0** |
| Parental strictness about drinking | 0.05 | 70.8 | 56.0 | 79.1 |
| Driver's license restriction | n.s. | 74.2 | | |
| Fine of $200 | **0.001** | **68.3** | **52.0** | **76.2** |
| Alcohol education in school | **<0.001** | **52.4** | **21.7** | **41.4** |
| Alcohol-free activities | **<0.001** | **53.7** | **25.1** | **46.7** |
| Fear of addiction | **0.001** | **53.6** | **27.2** | **50.8** |
| Blood alcohol or breathalyzer tests | n.s. | 60.8 | | |

Statistical significance: p-value > 0.05 = n.s. (see Methods for further explanation).

* Mean scores are based on the 3-point scale of Table **, rescaled to 100.
Higher score indicates a perception of MORE EFFECTIVE prevention.

**Table 55. Social supports**

| Question and response choices | Statistical Significance | Scale Score, Recent Alcohol Consumption | | |
|---|---|---|---|---|
| | | NO | YES | YES/NO |
| | p-value | % of max | % of max | % |
| When you have a problem that bothers you, how often do you talk about it with: | | | | |
| Parents or guardians | **<0.001** | **49.0** | **35.2** | **72.0** |
| A relative other than parent | 0.05 | 20.5 | 13.8 | 67.6 |
| A teacher | 0.05 | 13.0 | 7.2 | 55.0 |
| An adult who is not family or a teacher | n.s. | 12.7 | | |
| A brother or sister | n.s. | 30.5 | | |
| A friend | 0.05 | 60.9 | 73.0 | 119.8 |
| Nobody. I keep it to myself. | n.s. | 47.0 | | |

* Mean scores are based on the 4-point scale of Table **, rescaled to 0-100.
Higher score means GREATER likelihood of talking with person(s) indicated.

**Table 56. Attitudes toward antisocial behavior**

| Question and response choices | Statistical Significance | Scale Score, Recent Alcohol Consumption | | |
|---|---|---|---|---|
| | | NO | YES | YES/NO |
| | p-value | % of max | % of max | % |
| How wrong do you think it is for someone your age to: | | | | |
| Drink alcoholic beverages | **<0.001** | **70.3** | **25.0** | **35.6** |
| Smoke cigarettes | **<0.001** | **86.4** | **65.7** | **76.0** |
| Use marijuana | **<0.001** | **81.8** | **42.7** | **52.3** |
| Purposely damage property not belonging to them | **0.001** | **88.1** | **86.7** | **98.4** |
| Carry a knife, gun or other weapon | 0.05 | 88.5 | 86.5 | 97.8 |
| Steal something worth less than $100 | 0.05 | 83.3 | 77.8 | 93.4 |
| Pick a fight with someone (not family) | **<0.001** | **74.8** | **66.5** | **88.9** |
| Attack someone to hurt them | 0.05 | 89.4 | 84.9 | 95.0 |
| Taunt someone to hurt their feelings | n.s. | 86.8 | | |
| Do nothing if a friend bullies someone | 0.05 | 75.4 | 71.5 | 94.8 |
| Use inhalants | n.s. | 90.3 | | |
| Cheat on a test at school | **<0.001** | **73.2** | **54.0** | **73.8** |
| Drink and drive | n.s. | 94.3 | | |
| Play games for money, like poker | **0.001** | **54.7** | **37.9** | **69.2** |
| Place bets on-line | **0.001** | **58.7** | **42.1** | **71.6** |
| Play scratch tickets for money | n.s. | 47.6 | | |

* Mean scores are based on the 4-point scale of Table **, rescaled to 0-100.
Higher score means the act was considered MORE WRONG by the average respondent.

**Table 57. Time spent after school**

| Question and response choices | Statistical Significance | Scale Score, Recent Alcohol Consumption | | |
|---|---|---|---|---|
| | | NO | YES | YES/NO |
| | p-value | % of max | % of max | % |
| How many hours a week do you usually spend: | | | | |
| Exercising, working out, or playing sports | n.s. | 57.1 | | |
| Playing or practicing organized sports | n.s. | 46.1 | | |
| In clubs (like school clubs, scouts, boys/girls club) | n.s. | 16.8 | | |
| Watching TV | n.s. | 48.1 | | |
| Reading books, magazines or newspapers | **0.001** | **37.5** | **29.8** | **79.6** |
| Hanging out with friends in private homes | **<0.001** | **31.3** | **39.6** | **126.5** |
| Working at a paying job | **<0.001** | **19.0** | **31.2** | **164.8** |
| Helping around the house | n.s. | 35.2 | | |
| Doing volunteer work | n.s. | 17.7 | | |
| In a band, choir, or playing a musical instrument | n.s. | 28.1 | | |
| Attending religious services | n.s. | 17.2 | | |
| Using a computer unrelated to school | **0.001** | **62.6** | **74.5** | **118.9** |
| Playing video games | n.s. | 26.0 | | |
| Talking on the telephone | **<0.001** | **46.5** | **66.5** | **142.8** |
| Listening to music | **<0.001** | **58.4** | **74.0** | **126.8** |

* Mean scores are based on the 4-point scale of Table **, rescaled to 0-100.
Higher score means more time spent in the activity by average respondent.

**Table 58. Self concept**

| Question and response choices | Statistical Significance | Scale Score, Recent Alcohol Consumption NO | YES | YES/NO |
|---|---|---|---|---|
| | p-value | % of max | % of max | % |
| How much do you disagree or agree with the following: | | | | |
| I am good at making friends. | n.s. | 74.5 | | |
| I feel no one understands me. | n.s. | 31.9 | | |
| At times, I think I am no good at all. | n.s. | 35.2 | | |
| I feel lonely. | n.s. | 32.1 | | |
| I am good at making decisions. | n.s. | 71.3 | | |
| I feel that no one really cares about me. | 0.05 | 20.2 | 23.3 | 115.3 |
| I feel I do not have much to be proud of. | n.s. | 23.9 | | |
| I think I have a good sense of humor. | n.s. | 74.7 | | |
| I often have trouble sleeping. | n.s. | 36.1 | | |
| I feel sad most of the time. | n.s. | 22.5 | | |
| On the whole, I like myself. | n.s. | 75.2 | | |
| I have so much energy, I don't know what to do. | n.s. | 39.3 | | |
| I have less energy than I think I should. | n.s. | 32.2 | | |
| I have a number of good qualities. | n.s. | 77.0 | | |
| All in all, I am glad I am me. | n.s. | 79.6 | | |
| I am restless and can't sit still | 0.05 | 35.4 | 39.5 | 111.8 |
| I have trouble concentrating. | **<0.001** | **39.3** | **54.6** | **138.8** |
| I would stick up for someone being bullied. | n.s. | 73.2 | | |

* Mean scores are based on the 4-point scale of Table **, rescaled to 0-100.
Higher score means STRONGER AGREEMENT by average respondent.

**Table 59. Perceived reasons for drinking**

| Question and response choices | Statistical Significance | Scale Score, Recent Alcohol Consumption NO | YES | YES/NO |
|---|---|---|---|---|
| | p-value | % of max | % of max | % |
| For people your age who drink, how important are the following reasons? | | | | |
| Fit in with friends | **<0.001** | **64.9** | **50.6** | **77.9** |
| Family members drink | n.s. | 29.9 | | |
| Alcohol easily available | n.s. | 49.1 | | |
| Family tradition for special occasions | n.s. | 44.9 | | |
| Personal choice | **0.001** | **62.1** | **76.4** | **123.1** |
| Fits chosen lifestyle | n.s. | 50.5 | | |
| Boredom | n.s. | 48.8 | | |
| Relieve stress | n.s. | 59.7 | | |
| Curiosity | n.s. | 68.1 | | |
| To have fun | n.s. | 72.5 | | |
| Don't know | **0.001** | **38.1** | **33.1** | **87.1** |

* Mean scores are based on the 3-point scale of Table **, scale inverted and rescaled to 0-100.
Higher score means MORE IMPORTANCE attached by average respondent.

**Table 60. Perceived reasons NOT to drink**

| Question and response choices | Statistical Significance | Scale Score, Recent Alcohol Consumption | | |
|---|---|---|---|---|
| | | NO | YES | YES/NO |
| | p-value | % of max | % of max | % |
| For people your age who do not drink, how important are the following reasons? | | | | |
| Personal choice | n.s. | 89.7 | | |
| Disapproval of parents | n.s. | 82.7 | | |
| Disapproval of friends | **0.001** | **69.1** | **50.6** | **73.2** |
| Bad experiences of family, friends | n.s. | 73.7 | | |
| Education about alcohol | **0.001** | **64.9** | **43.0** | **66.3** |
| Health reasons | n.s. | 72.2 | | |
| Legal reasons | n.s. | 69.7 | | |
| Ethical or moral reasons | n.s. | 73.0 | | |
| Does not fit lifestyle | n.s. | 71.0 | | |
| Alcohol not available | n.s. | 42.9 | | |

* Mean scores are based on the 3-point scale of Table **, scale inverted and rescaled to 0-100. Higher score means MORE IMPORTANCE attached by average respondent.

**Table 61. Other characteristics related to alcohol consumption**

| Question and response choices | Statistical Significance | Scale Score, Recent Alcohol Consumption | | |
|---|---|---|---|---|
| | | NO | YES | YES/NO |
| | p-value | % of max | % of max | % |
| Have asthma | 0.05 | 9.1 | 11.5 | 127.0 |
| Weekday time after school without adult present | **<0.001** | **43.6** | **57.4** | **131.5** |
| Does either parent drink alcohol? | n.s. | 85.9 | | |
| Do siblings drink alcohol? | **<0.001** | **21.5** | **32.2** | **149.4** |
| Anyone in family ever had problems with alcohol | **0.001** | **11.9** | **23.0** | **192.3** |
| How many close friends drink alcohol? | **<0.001** | **27.1** | **80.4** | **296.7** |
| What kinds of grades do you mostly get? | n.s. | 85.9 | | |
| How many hours a day doing homework? | n.s. | 64.7 | | |

# Appendix.

## Survey Instrument
## Westport Youth Survey 2011

# Westport Youth 2011

This survey is sponsored by Positive Directions and Westport Public Schools. The survey is open to youth in grades 7 through 12 attending school in Westport. We are conducting the survey to learn about your experiences, feelings and influences regarding tobacco, alcohol, drugs, and other activities. This is not a test. There are no right or wrong answers.

We encourage you to answer **truthfully**. Your answers cannot be traced back to you, so you can be completely honest. This is your chance to be heard.

If you are taking this survey later in the cycle, you may have heard classmates talking about the questions or answers they gave. We are relying on your independent spirit and integrity to give answers based on your OWN opinions and experiences, regardless of what you may have heard.

Please work as quickly as you can. If you don't find an answer that fits exactly, choose one that comes closest. You should not compare or discuss your answers with other students while you are taking the survey, but you may ask your teacher or survey administrator if you do not understand a question.

Until you click **Done>>** at the end, you may back up and change answers. To discontinue taking the survey, click the Exit Survey box. If you exit, you are all finished, and cannot return to the survey later. When you have completed the survey, click **Done>>** and wait for instructions from your teacher.

## SECTION 1: Questions About You.

### 1. What is your age today?

- ◯ Less Than 12
- ◯ 12
- ◯ 13
- ◯ 14
- ◯ 15
- ◯ 16
- ◯ 17
- ◯ 18
- ◯ More Than 18

### 2. What grade are you in now?

- ◯ 7
- ◯ 8
- ◯ 9
- ◯ 10
- ◯ 11
- ◯ 12

### 3. What is your gender?

- ◯ Female
- ◯ Male

### 4. Do you think of yourself as Hispanic or Latino?

- ◯ NO
- ◯ YES

### 5. How do you describe yourself?

- ◯ White or Caucasian
- ◯ Black or African American
- ◯ Asian or Pacific Islander
- ◯ Native American
- ◯ Other (please specify)

### 6. In my home, there are/is:

- ◯ Two parents or guardians
- ◯ A single parent or guardian
- ◯ Other

### 7. Do you have asthma?

- ◯ No
- ◯ Yes, I have been diagnosed by a doctor
- ◯ I think so, but I have never been diagnosed by a doctor

## SECTION 2: Questions About School, Spending Time, Relationships.

### 8. On a regular ***weekday***, how many ***hours*** do you usually spend after school ***without*** an adult present?

- ◯ None
- ◯ Less Than 1 Hour
- ◯ 1 To 2 Hours
- ◯ Up To 4 Hours
- ◯ More Than 4 Hours

### 9. What kind of grades do you mostly get? (Please choose one or two)

☐ A's ☐ B's ☐ C's ☐ D's ☐ F's

### 10. Please choose how true the following statements are for you

| | Definitely NOT True | Mostly NOT True | Mostly True | Definitely True |
|---|---|---|---|---|
| I try hard to do good work at school | ◯ | ◯ | ◯ | ◯ |
| I want very much to get more education after high school | ◯ | ◯ | ◯ | ◯ |
| It is important to me to get good grades | ◯ | ◯ | ◯ | ◯ |
| I have given up on school | ◯ | ◯ | ◯ | ◯ |
| I feel safe at school | ◯ | ◯ | ◯ | ◯ |

## 11. How many ***hours a day*** do you usually spend doing homework?

- ◯ None
- ◯ Less Than 1 Hour
- ◯ 1 to 3 Hours
- ◯ 3 to 5 Hours
- ◯ More Than 5 Hours

## 12. Are you involved in athletics? (Please choose all that apply.)

- ☐ No
- ☐ Yes -- informal, not through an organization
- ☐ Yes, organized outside school (Recreation Dept., etc.)
- ☐ Yes, school physical education activities
- ☐ Yes, school intramural sports
- ☐ Yes, on varsity, JV or freshman team(s) representing my school.

## 13. How many ***hours a week*** do you usually spend:

| | None | Up To 3 Hours | 3 To 7 Hours | More Than 7 Hours |
|---|---|---|---|---|
| Exercising, working out, or playing informal sports? | ◯ | ◯ | ◯ | ◯ |
| Playing or practicing organized sports (like intramurals or varsity)? | ◯ | ◯ | ◯ | ◯ |
| In clubs (like school clubs, scouts, or boys & girls club)? | ◯ | ◯ | ◯ | ◯ |
| Watching TV? | ◯ | ◯ | ◯ | ◯ |
| Reading books, magazines or newspapers? | ◯ | ◯ | ◯ | ◯ |
| Hanging out with friends at your or their home? | ◯ | ◯ | ◯ | ◯ |
| Hanging out with friends at malls or other public areas? | ◯ | ◯ | ◯ | ◯ |
| Working for money outside your home (like baby sitting, paper route, or a paying job)? | ◯ | ◯ | ◯ | ◯ |
| Helping around the house (like baby sitting, fixing dinner, or yard work)? | ◯ | ◯ | ◯ | ◯ |
| Doing volunteer work? | ◯ | ◯ | ◯ | ◯ |
| In a band, choir, orchestra, or playing a musical instrument? | ◯ | ◯ | ◯ | ◯ |
| Attending religious services, groups or programs at a church, synagogue, or temple? | ◯ | ◯ | ◯ | ◯ |
| Using a computer for recreation (email, online, etc.) not related to school work? | ◯ | ◯ | ◯ | ◯ |
| Playing video games? | ◯ | ◯ | ◯ | ◯ |
| Talking or texting on the telephone? | ◯ | ◯ | ◯ | ◯ |
| Listening to music? | ◯ | ◯ | ◯ | ◯ |

## 14. Please choose how true the following statements are for you.

| | Definitely NOT True | Mostly NOT True | Mostly True | Definitely True |
|---|---|---|---|---|
| When I am away from home, my parent/guardian(s) know where I am and who I am with. | ◯ | ◯ | ◯ | ◯ |
| If I break one of my parent/guardian(s) rules, I am usually disciplined. | ◯ | ◯ | ◯ | ◯ |
| My parent/guardian(s) gives me lots of chances to do fun things with them and my family. | ◯ | ◯ | ◯ | ◯ |
| My parent/guardian(s) gives me help and support when I need it. | ◯ | ◯ | ◯ | ◯ |
| I feel very close to my parent/guardian(s). | ◯ | ◯ | ◯ | ◯ |
| I enjoy spending time with my parent/guardian(s). | ◯ | ◯ | ◯ | ◯ |
| I share my thoughts and feelings with my parent/guardian(s). | ◯ | ◯ | ◯ | ◯ |
| My parent/guardian(s) asks if I've gotten my homework done. | ◯ | ◯ | ◯ | ◯ |
| My parent/guardian(s) participates in activities at my school, including attendance at school events. | ◯ | ◯ | ◯ | ◯ |

## 15. Please choose how true the following statements are.

| | Definitely NOT True | Mostly NOT True | Mostly True | Definitely True |
|---|---|---|---|---|
| A lot of drugs are available in my school. | ◯ | ◯ | ◯ | ◯ |
| Adults in my school are trying to keep kids off drugs. | ◯ | ◯ | ◯ | ◯ |
| In my school, kids are often teased or taunted so much their feelings are hurt. | ◯ | ◯ | ◯ | ◯ |

# SECTION 3: Questions About Cigarettes and Other Tobacco Products.

## 16. Please choose how true this statement is for you:
## My family has clear rules discouraging me from smoking cigarettes or using tobacco.

◯ Definitely NOT True ◯ Mostly NOT True ◯ Mostly True ◯ Definitely True

## 17. Do either of your parents/guardians smoke cigarettes?

◯ NO ◯ YES

## 18. Do any of your brothers or sisters smoke cigarettes?

◯ NO ◯ YES ◯ I don't have any brothers or sisters

## 19. Have you ever smoked a cigarette?

◯ NO ◯ YES

## 20. How old were you when you first smoked a cigarette?

- ◯ 9 Years Or Younger
- ◯ 10
- ◯ 11
- ◯ 12
- ◯ 13
- ◯ 14
- ◯ 15
- ◯ 16
- ◯ 17 Years Or Older

## 21. How often do you get cigarettes from:

| | Never | Sometimes | Often |
|---|---|---|---|
| Your parents, *with* their permission? | ◯ | ◯ | ◯ |
| Your parents, *without* their permission? | ◯ | ◯ | ◯ |
| Your friends? | ◯ | ◯ | ◯ |
| Your brother(s) or sister(s)? | ◯ | ◯ | ◯ |
| Store (you buy them)? | ◯ | ◯ | ◯ |
| Machines (you buy them)? | ◯ | ◯ | ◯ |

## 22. On how many occasions have you smoked cigarettes *in your whole lifetime*?

- ◯ 1-2 Times
- ◯ 3-5 Times
- ◯ 6-10 Times
- ◯ More Than 10 Times

## 23. How many days did you smoke cigarettes *in the past 30 days?*?

- ◯ None
- ◯ 1-2 Days
- ◯ 3-5 Days
- ◯ 6-10 Days
- ◯ More Than 10 Days

## 24. During *the past 30 days*, on the days you smoked, how many cigarettes did you smoke?

- ◯ Less than one cigarette a day
- ◯ 1 to 5 cigarettes a day
- ◯ Up to 1/2 a pack (10 cigarettes) a day
- ◯ More than 1/2 a pack a day

## 25. How much do you think people about your age risk harming themselves (physically or in other ways) if they smoke a pack of cigarettes or more per day?

- ◯ No Risk
- ◯ Slight Risk
- ◯ Moderate Risk
- ◯ Great Risk

## 26. How wrong do your parents feel it would be for you to smoke cigarettes?

- ◯ Not At All Wrong
- ◯ A Little Bit Wrong
- ◯ Wrong
- ◯ Very Wrong

**27. What is the most severe thing that is likely to happen to a student who is caught smoking a cigarette or using smokeless tobacco at school?**

- ◯ Nothing
- ◯ Sent to principal's office for a lecture
- ◯ Detention
- ◯ Suspension
- ◯ Expulsion
- ◯ I don't know

**28. About how many students *in your grade* do you think smoke cigarettes?**

- ◯ Fewer than 5% (fewer than 1 in 20)
- ◯ Between 5% and 10%
- ◯ Between 10% and 20%
- ◯ Between 20% and 30%
- ◯ Between 30% and 50%
- ◯ More than 50%

**29. *In your whole lifetime* on how many occasions have you used tobacco products other than cigarettes, like chewing tobacco, snuff, cigars, cigarillos, or a pipe?**

◯ Never ◯ 1-2 Times ◯ 3-10 Times ◯ More Than 10 Times

**30. *In the past 30 days*, what kinds of tobacco products other than cigarettes have you used? (Please check all that apply.)**

- ☐ Smokeless tobacco (like chewing tobacco or snuff)
- ☐ Cigars, cigarillos, or little cigars
- ☐ A pipe
- ☐ Other (please specify)

## SECTION 4: Questions About Alcoholic Beverages.

**31. Please choose how true this statement is for you:**
**My family has clear rules to discourage me from drinking alcoholic beverages.**

- ◯ Definitely NOT True
- ◯ Mostly NOT True
- ◯ Mostly True
- ◯ Definitely True

**32. Do either of your parents/guardians drink alcoholic beverages?**

- ◯ NO
- ◯ YES

**33. Do any of your brothers or sisters drink alcoholic beverages?**

- ◯ NO
- ◯ YES
- ◯ I don't know
- ◯ I don't have any brothers or sisters

**34. Has anyone in your family (such as a parent, brother or sister, not including you) ever used alcohol so that it created problems at home, at work, or with friends?**

- ◯ NO
- ◯ YES

**35. Have you ever had an alcoholic beverage (more than one or two sips) like beer, wine, or hard liquor (vodka, whiskey, gin, etc.)?**

- ◯ NO
- ◯ YES

**36. How old were you when you first began drinking alcohol - more than one or two sips - of beer, wine, or hard liquor?**

- ◯ 9 Years Or Younger
- ◯ 10
- ◯ 11
- ◯ 12
- ◯ 13
- ◯ 14
- ◯ 15
- ◯ 16
- ◯ 17 Years Or Older

**37. How often do you get alcoholic beverages from:**

| | Never | Sometimes | Often |
|---|---|---|---|
| Home, *with* your parents' permission? | ◯ | ◯ | ◯ |
| Home, *without* your parents' permission? | ◯ | ◯ | ◯ |
| Your friends? | ◯ | ◯ | ◯ |
| Your brother(s) or sister(s)? | ◯ | ◯ | ◯ |
| From other people who buy it for you? | ◯ | ◯ | ◯ |
| At a party *with* an adult (21 or older) present who *knows* underage drinking is taking place? | ◯ | ◯ | ◯ |
| At a party *with* an adult present who does *not know* underage drinking is taking place? | ◯ | ◯ | ◯ |
| At a party *without* an adult present? | ◯ | ◯ | ◯ |
| At a restaurant? | ◯ | ◯ | ◯ |
| At a store or bar (you buy it)? | ◯ | ◯ | ◯ |

**38. On how many occasions have you had beer, wine, or hard liquor *in your whole lifetime*?**

- ◯ 1-2 Times
- ◯ 3-5 Times
- ◯ 6-10 Times
- ◯ More Than 10 Times

**39. On how many occasions *in your lifetime* have you been drunk or very high from drinking alcoholic beverages?**

- ◯ Never
- ◯ 1-2 Occasions
- ◯ 3-9 Occasions
- ◯ 10 Or More Occasions

**40. On how many days did you have beer, wine, or hard liquor *in the past 30 days*?**

- ◯ None
- ◯ 1-2 Times
- ◯ 3-5 Times
- ◯ 6-10 Times
- ◯ More Than 10 Times

**41. In the past month, on the days you drank, how many drinks did you *usually* have?**

- ◯ 1 Drink Or Less
- ◯ 2-3 Drinks
- ◯ 3-4 Drinks
- ◯ 5 Drinks Or More

**42. In the past month, how many times did you drink alcoholic beverages:**

| | None | 1-2 Times | 3-5 Times | 5-10 Times | More Than 10 Times |
|---|---|---|---|---|---|
| At your home? | ◯ | ◯ | ◯ | ◯ | ◯ |
| On the street, in the woods, or in parks or fields? | ◯ | ◯ | ◯ | ◯ | ◯ |
| With older friends? | ◯ | ◯ | ◯ | ◯ | ◯ |
| At the homes of other people? | ◯ | ◯ | ◯ | ◯ | ◯ |
| At school activities, like dances or sporting events? | ◯ | ◯ | ◯ | ◯ | ◯ |
| At work? | ◯ | ◯ | ◯ | ◯ | ◯ |
| When skipping school? | ◯ | ◯ | ◯ | ◯ | ◯ |
| While you were driving a car, truck or motorcycle? | ◯ | ◯ | ◯ | ◯ | ◯ |
| At a party *with* an adult (21 or older) present who *knows* underage drinking is taking place? | ◯ | ◯ | ◯ | ◯ | ◯ |
| At a party *with* an adult present who does *not know* underage drinking is taking place? | ◯ | ◯ | ◯ | ◯ | ◯ |
| At a party *without* an adult present? | ◯ | ◯ | ◯ | ◯ | ◯ |

**43. Thinking of people about your age who drink alcoholic beverages, how important do you think the following reasons were for them to begin drinking? (Please rate each choice.)**

| | Very Important | Somewhat Important | Not Very Important |
|---|---|---|---|
| To fit in with friends | ◯ | ◯ | ◯ |
| Parent or others in family drink | ◯ | ◯ | ◯ |
| Alcoholic beverages easily available | ◯ | ◯ | ◯ |
| Family tradition for special occasions | ◯ | ◯ | ◯ |
| Personal choice | ◯ | ◯ | ◯ |
| Fits chosen lifestyle | ◯ | ◯ | ◯ |
| Boredom | ◯ | ◯ | ◯ |
| Relieve stress | ◯ | ◯ | ◯ |
| Curiosity | ◯ | ◯ | ◯ |
| To have fun | ◯ | ◯ | ◯ |
| Not sure why | ◯ | ◯ | ◯ |

Other (please specify)

**44. Thinking of people your age who do not not drink, how important do you think the following reasons are that influence them not to drink? (Please rate each choice.)**

| | Very Important | Somewhat Important | Not Very Important |
|---|---|---|---|
| Personal choice | ◯ | ◯ | ◯ |
| Disapproval of parent(s) | ◯ | ◯ | ◯ |
| Disapproval of friends or peers | ◯ | ◯ | ◯ |
| Bad experiences of family or friends | ◯ | ◯ | ◯ |
| Education about alcohol | ◯ | ◯ | ◯ |
| Health reasons | ◯ | ◯ | ◯ |
| Legal reasons (including "I am too young") | ◯ | ◯ | ◯ |
| Becaue they feel it is wrong (ethically or morally) | ◯ | ◯ | ◯ |
| Does not fit chosen lifestyle (athletics or other activities) | ◯ | ◯ | ◯ |
| Alcoholic beverages are not available | ◯ | ◯ | ◯ |

Other (please specify)

**45. How much do you think people about your age risk harming themselves (physically or in other ways) if they take one or two drinks of an alcoholic beverage (beer, wine, or liquor) every day?**

- ◯ No Risk
- ◯ Slight Risk
- ◯ Moderate Risk
- ◯ Great Risk

**46. How wrong do your parents feel it would be for you to drink beer, wine, or hard liquor twice a month or more?**

- ◯ Not At All Wrong
- ◯ A Little Bit Wrong
- ◯ Wrong
- ◯ Very Wrong

**47. What is the most severe thing that is likely to happen to a student who is caught with an alcoholic beverage at school?**

- ◯ Nothing
- ◯ Sent to principal's office for a lecture
- ◯ Detention
- ◯ Suspension
- ◯ Expulsion
- ◯ I don't know

**48. About how many student *in your grade* do you think drink alcoholic beverages twice a month or more?**

- ◯ Fewer than 10% (fewer than 1 in 10)
- ◯ Between 10% and 25%
- ◯ Between 25% and 50%
- ◯ Between 50% and 75%
- ◯ Between 75% and 90%
- ◯ More than 90%

**49. How important do you think the following are in preventing kids from drinking alcoholic beverages?**

| | Very Important | Somewhat Important | Not Important | Don't Know |
|---|---|---|---|---|
| High price | ◯ | ◯ | ◯ | ◯ |
| Checking ID in stores and bars | ◯ | ◯ | ◯ | ◯ |
| Advertisements that show the problems associated with drinking | ◯ | ◯ | ◯ | ◯ |
| Friends who don't drink | ◯ | ◯ | ◯ | ◯ |
| Friends who disapprove of drinking | ◯ | ◯ | ◯ | ◯ |
| Parental strictness about drinking | ◯ | ◯ | ◯ | ◯ |
| Having driver's license suspended for drinking | ◯ | ◯ | ◯ | ◯ |
| Being fined about $200 for drinking | ◯ | ◯ | ◯ | ◯ |
| Alcohol education in school | ◯ | ◯ | ◯ | ◯ |
| Alcohol-free activities (like dances, concerts, or sporting events) | ◯ | ◯ | ◯ | ◯ |
| Fear of addiction | ◯ | ◯ | ◯ | ◯ |
| Breathalyzer tests | ◯ | ◯ | ◯ | ◯ |

## SECTION 5: Marijuana and Other Drugs.

**50. Have you ever used marijuana?**

◯ NO ◯ YES

**51. How old were you when you first used marijuana?**

◯ 10 Years Or Younger ◯ 11 ◯ 12 ◯ 13 ◯ 14 ◯ 15 ◯ 16 ◯ 17 Years Or Older

**52. On how many occasions have you used marijuana *in your whole lifetime*?**

◯ 1-2 Times

◯ 3-5 Times

◯ 6-10 Times

◯ More Than 10 Times

**53. How many days did you use marijuana *in the past 30 days?*?**

- ◯ None
- ◯ 1-2 Days
- ◯ 3-5 Days
- ◯ 6-10 Days
- ◯ More Than 10 Days

**54. Thinking of people about your age who use marijuana, how important do you think the following reasons were for them to start? (Please rate each choice.)**

| | Very Important | Somewhat Important | Not Very Important |
|---|---|---|---|
| To fit in with friends | ◯ | ◯ | ◯ |
| Adults they know use marijuana | ◯ | ◯ | ◯ |
| Marijuana is easily available | ◯ | ◯ | ◯ |
| Personal choice | ◯ | ◯ | ◯ |
| Fits chosen lifestyle | ◯ | ◯ | ◯ |
| Boredom | ◯ | ◯ | ◯ |
| Relieve stress | ◯ | ◯ | ◯ |
| Curiosity | ◯ | ◯ | ◯ |
| To have fun | ◯ | ◯ | ◯ |
| Not sure why | ◯ | ◯ | ◯ |

Other (please specify)

**55. Thinking of people your age who do *not* use marijuana, how important do you think the following reasons were in influencing them *not* to start? (Please rate each choice.)**

| | Very Important | Somewhat Important | Not Very Important |
|---|---|---|---|
| Personal choice | ◯ | ◯ | ◯ |
| Disapproval of parent(s) | ◯ | ◯ | ◯ |
| Disapproval of friends or peers | ◯ | ◯ | ◯ |
| Bad experiences of family or friends | ◯ | ◯ | ◯ |
| Education about marijuana | ◯ | ◯ | ◯ |
| Health reasons | ◯ | ◯ | ◯ |
| Legal reasons | ◯ | ◯ | ◯ |
| Because they feel it is wrong (ethically or morally) | ◯ | ◯ | ◯ |
| Does not fit chosen lifestyle (athletics or other activities) | ◯ | ◯ | ◯ |
| Marijuana is not available | ◯ | ◯ | ◯ |

Other (please specify)

**56. How much do you think people about your age risk harming themselves (physically or in other ways) if they use marijuana regularly?**

◯ No Risk ◯ Slight Risk ◯ Moderate Risk ◯ Great Risk

**57. How wrong do your parents feel it would be for you to use marijuana?**

◯ Not At All Wrong ◯ A Little Bit Wrong ◯ Wrong ◯ Very Wrong

**58. What is the most severe thing that is likely to happen to a student who is caught with marijuana at school?**

◯ Nothing

◯ Sent to principal's office for a lecture

◯ Detention

◯ Suspension

◯ Expulsion

◯ I don't know

## 59. About how many students *in your grade* do you think use marijuana?

- ◯ Fewer than 5% (fewer than 1 in 20)
- ◯ Between 5% and 10%
- ◯ Between 10% and 20%
- ◯ Between 20% and 30%
- ◯ Between 30% and 50%
- ◯ More than 50%

## 60. Have you EVER used any of these drug(s)?

| | NO, Never | YES, But NOT in the Past 30 Days | YES, In Past 30 Days |
|---|---|---|---|
| Inhalants (things you sniff or inhale to get high) | ◯ | ◯ | ◯ |
| Cocaine | ◯ | ◯ | ◯ |
| Crack cocaine (rock) | ◯ | ◯ | ◯ |
| Allovites (vites) | ◯ | ◯ | ◯ |
| Hallucinogens (LSD, acid, mushrooms) | ◯ | ◯ | ◯ |
| Heroin | ◯ | ◯ | ◯ |
| Angel Dust (PCP) | ◯ | ◯ | ◯ |
| MDMA (Ecstasy) | ◯ | ◯ | ◯ |
| Salvia | ◯ | ◯ | ◯ |
| Ketamine (Special K) | ◯ | ◯ | ◯ |
| GHB | ◯ | ◯ | ◯ |
| Methamphetamine (Meth) | ◯ | ◯ | ◯ |
| Synthetic cannabinoids (Spice, K2, K3) | ◯ | ◯ | ◯ |

## 61. Have you ever used any of these drug(s) *on your own*, without your own prescription or a doctor or dentist telling you to?

| | No, Never | Yes, But NOT in the Past 30 Days | Yes, In Past 30 Days |
|---|---|---|---|
| Prescription pain medicines (for example OxyContin, Vicodin, Percodan, Codeine, or Dilaudid) | ◯ | ◯ | ◯ |
| Steroids (juice, roids) | ◯ | ◯ | ◯ |
| Downers (for example barbiturates, sleeping pills, sedatives, Quaaludes) | ◯ | ◯ | ◯ |
| Tranquilizers (for example Librium, Valium, or Xanax) | ◯ | ◯ | ◯ |
| Uppers (for example Ritalin, Adderall, Amphetamines, or Speed) | ◯ | ◯ | ◯ |
| Diet pills, to try to get "high" | ◯ | ◯ | ◯ |
| Over-the-counter medicines to try to get "high" (for example cough medicines, mouthwash) | ◯ | ◯ | ◯ |

## SECTION 6: Your Community and Friends.

### 62. Please choose how true the following statements are.

| | Definitely NOT True | Mostly NOT True | Mostly True | Definitely True |
|---|---|---|---|---|
| A lot of drugs are sold in my community. | ◯ | ◯ | ◯ | ◯ |
| There are lots of things for young people to do in my community. | ◯ | ◯ | ◯ | ◯ |
| People in my community are trying to keep kids off drugs. | ◯ | ◯ | ◯ | ◯ |
| In my community, kids are often teased or taunted so much their feelings are hurt. | ◯ | ◯ | ◯ | ◯ |
| My community is a safe place. | ◯ | ◯ | ◯ | ◯ |
| A lot of kids in my community are into using marijuana and other drugs. | ◯ | ◯ | ◯ | ◯ |

### 63. If you wanted to, how easy would it be for you to get:

| | Very Easy | Sort Of Easy | Sort Of Hard | Very Hard |
|---|---|---|---|---|
| Beer, wine, wine coolers, or hard liquor? | ◯ | ◯ | ◯ | ◯ |
| Cigarettes? | ◯ | ◯ | ◯ | ◯ |
| Marijuana? | ◯ | ◯ | ◯ | ◯ |
| A gun? | ◯ | ◯ | ◯ | ◯ |
| A drug like cocaine, heroin, LSD, or amphetamine? | ◯ | ◯ | ◯ | ◯ |

### 64. In your whole life, have you ever had an energy drink (like Red Bull, Monster, Amp or Rock Star)?

◯ No ◯ Yes

### 65. In the past 30 days, how many times did you have an energy drink?

◯ None ◯ 1-2 Times ◯ 3-5 Times ◯ 6-10 Times ◯ More Than 10 Times

### 66. In your whole life, have you ever had an energy drink <u>that contains alcohol</u>?

◯ No ◯ Yes

### 67. In the past 30 days, how many times did you have an energy drink <u>that contains alcohol</u>?

◯ None ◯ 1-2 Times ◯ 3-5 Times ◯ 6-10 Times ◯ More Than 10 Times

## 68. In the past *year*, did you

| | NO | YES |
|---|---|---|
| Steal something worth less than $100? | ◯ | ◯ |
| Get suspended or expelled from school? | ◯ | ◯ |
| Get into trouble with the police? | ◯ | ◯ |
| Pick a fight with someone, not a family member? | ◯ | ◯ |
| Physically attack someone with the idea of hurting them? | ◯ | ◯ |
| Bully someone with the idea of hurting their feelings? | ◯ | ◯ |
| Cheat on a test at school? | ◯ | ◯ |
| Sell illegal drugs? | ◯ | ◯ |
| Buy illegal drugs? | ◯ | ◯ |
| Purposely damage property that did not belong to you? | ◯ | ◯ |
| Carry a knife, gun, or other weapon? | ◯ | ◯ |
| Bring a knife, gun, or other weapon to school? | ◯ | ◯ |
| Get arrested? | ◯ | ◯ |
| Play games for money, like poker or blackjack? | ◯ | ◯ |
| Place bets online? | ◯ | ◯ |
| Scratch tickets for money? | ◯ | ◯ |
| Ride as a passenger with a driver under age 21 who had been drinking alcohol? | ◯ | ◯ |
| Ride as a passenger with a driver who had been using drugs? | ◯ | ◯ |

## 69. How many of your close friends:

| | NONE | SOME | MOST |
|---|---|---|---|
| Smoke cigarettes? | ◯ | ◯ | ◯ |
| Drink beer, wine, wine coolers, or hard liquor? | ◯ | ◯ | ◯ |
| Use marijuana? | ◯ | ◯ | ◯ |
| Use inhalants (things you inhale, like glue, paint, aerosol sprays, whippets, or snappers) | ◯ | ◯ | ◯ |
| Have tried a drug like cocaine, LSD, heroin, amphetamine, or ketamine? | ◯ | ◯ | ◯ |
| Have used prescription medicines on their own, without a doctor telling them to? | ◯ | ◯ | ◯ |
| Have played games for money, like poker or blackjack? | ◯ | ◯ | ◯ |
| Are considered "bullies"? | ◯ | ◯ | ◯ |

## SECTION 7: Your Personal Traits and Opinions.

## 70. How much do you disagree or agree with the following?

| | Strongly Disagree | Disagree | Agree | Strongly Agree |
|---|---|---|---|---|
| I am good at making friends. | ◯ | ◯ | ◯ | ◯ |
| I feel no one understands me. | ◯ | ◯ | ◯ | ◯ |
| At times, I think I am no good at all. | ◯ | ◯ | ◯ | ◯ |
| I feel lonely. | ◯ | ◯ | ◯ | ◯ |
| I am good at making decisions. | ◯ | ◯ | ◯ | ◯ |
| I feel that no one really cares about me. | ◯ | ◯ | ◯ | ◯ |
| I feel I do not have much to be proud of. | ◯ | ◯ | ◯ | ◯ |
| I think I have a good sense of humor. | ◯ | ◯ | ◯ | ◯ |
| I often have trouble sleeping. | ◯ | ◯ | ◯ | ◯ |
| I feel sad most of the time. | ◯ | ◯ | ◯ | ◯ |
| On the whole, I like myself. | ◯ | ◯ | ◯ | ◯ |
| I have so much energy, I don't know what to do with it. | ◯ | ◯ | ◯ | ◯ |
| I have less energy than I think I should. | ◯ | ◯ | ◯ | ◯ |
| I have a number of good qualities. | ◯ | ◯ | ◯ | ◯ |
| All in all, I am glad I am me. | ◯ | ◯ | ◯ | ◯ |
| I am restless and can't sit still. | ◯ | ◯ | ◯ | ◯ |
| I have trouble concentrating. | ◯ | ◯ | ◯ | ◯ |
| If someone were bullying a friend or classmate, I would stick up for them or get help from an adult. | ◯ | ◯ | ◯ | ◯ |

## 71. When you have a problem that bothers you, how often do you:

| | Never Or Almost Never | Sometimes | Often | Always Or Almost Always |
|---|---|---|---|---|
| Talk about it with your parent(s) or guardian(s)? | ◯ | ◯ | ◯ | ◯ |
| Talk about it with a relative, other than a parent (like a grandparent, aunt or uncle)? | ◯ | ◯ | ◯ | ◯ |
| Talk about it with a teacher? | ◯ | ◯ | ◯ | ◯ |
| Talk about it with a mentor or counselor? | ◯ | ◯ | ◯ | ◯ |
| Talk about it with an adult who is not a family member and not a teacher? | ◯ | ◯ | ◯ | ◯ |
| Talk about it with a brother or sister? | ◯ | ◯ | ◯ | ◯ |
| Talk about it with a friend? | ◯ | ◯ | ◯ | ◯ |
| Keep it to yourself? | ◯ | ◯ | ◯ | ◯ |

## 72. How wrong do you think it is for someone your age to:

| | Not At All Wrong | Somewhat Wrong | Very Wrong |
|---|---|---|---|
| Drink beer, wine, wine coolers, or hard liquor? | ◯ | ◯ | ◯ |
| Smoke cigarettes? | ◯ | ◯ | ◯ |
| Use marijuana? | ◯ | ◯ | ◯ |
| Purposely damage property that does not belong to them? | ◯ | ◯ | ◯ |
| Carry a knife, gun, or other weapon? | ◯ | ◯ | ◯ |
| Steal something worth less than $100? | ◯ | ◯ | ◯ |
| Pick a fight with someone, not a family member? | ◯ | ◯ | ◯ |
| Physically attack someone with the idea of seriously hurting them? | ◯ | ◯ | ◯ |
| Tease or taunt someone with the idea of hurting their feelings? | ◯ | ◯ | ◯ |
| Say or do nothing if a friend bullies someone? | ◯ | ◯ | ◯ |
| Use inhalants (things you sniff to get high)? | ◯ | ◯ | ◯ |
| Cheat on a test at school? | ◯ | ◯ | ◯ |
| Drink and drive? | ◯ | ◯ | ◯ |
| Play games for money, like poker or blackjack? | ◯ | ◯ | ◯ |
| Place bets, online or in person? | ◯ | ◯ | ◯ |
| Play scratch tickets for money? | ◯ | ◯ | ◯ |

Everybody in Westport thanks you very much for sharing your thoughts and experiences!

Make sure you are all finished, then click on **Done>>** at the bottom.

**Thanks!!**