

2014 Youth Survey Report Westport, Connecticut

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This survey is the fourth time the youth of Westport have been asked to respond to questions about their use of substances – including alcohol, tobacco, marijuana, other illicit drugs, and recreational use of prescription meds – and related beliefs and activities. The surveys have all been developed from the Connecticut Governor’s Prevention Initiative for Youth (GPIY) survey, with modifications for on-line administration and for decreasing the time required for completion by omitting some redundant measurements. The GPIY survey was given in paper format in Westport in 2000 and 2002 by the Connecticut Department of Mental Health and Addiction Services (DMHAS) and UConn Health Center, and was given on-line in 2011 and 2014 by Quantitative Services.

The youth survey was sponsored by Westport Public Schools and Positive Directions, in collaboration with Westport’s Positive Youth Development (PYD). PYD is a partnership of the United Way of Coastal Fairfield County, Westport Department of Human Services, Westport Public Schools, Positive Directions and the Westport PTA Council. This survey was funded by the Positive Directions’ Partnership For Success Grant from Department of Health and Human Services. It was administered October 27 to November 3, 2014, to a total of 1,373 students in grades 7-12 in Bedford Middle School, Coleytown Middle School, and Staples High School. Quantitative Services is an independent contract agency for program evaluation, and has worked with Connecticut public health agencies and prevention coalitions since 2002.

The author sincerely appreciates the cooperation of the administration and teachers of Westport Public Schools, who approved and administered the survey. Special thanks go to the youths who shared their personal experiences and opinions. All results of the survey are anonymous, and are reflective of the entire community, not primarily its schools. Comparisons utilize the Westport GPIY surveys of 2000 [1], 2002 [2] and 2011 [3], and the Monitoring The Future (MTF) national survey of 2013 (the most recent MTF survey available) [4].

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SUMMARY

In October, 2014, the Governor's Prevention Initiative for Youth (GPIY) survey on substance use was given for the fourth time to a representative sample of Westport youth in grades 7-12. The survey was previously given in springtime of 2000, 2002, and 2011 to grades 7-10 or 7-11. The GPIY survey monitors the use of substances (alcohol, tobacco, marijuana and other illicit drugs, inhalants, prescription drugs without a medical order, and energy drinks), plus attitudes and behaviors possibly related to substance use.

The accepted standard for recent, or current, use of a substance is whether it has been used at least one time in the 30 days prior to the survey. The 30-day uses of tobacco, alcohol, and marijuana have all steadily declined, from 2000 to 2014. Among youth in grades 7-8, decreases have been dramatic – for cigarettes, from 8.4% in 2000 to 0.2% in 2014, and for alcohol, from 20.5% in 2000 to 1.7% in 2014. Among youth in grades 9-10, 30-day cigarette use has decreased from 25.8% in 2000 to 0.8% in 2014, alcohol has decreased from 56.6% to 16.2%. The only Westport youth who reported 30-day alcohol use higher than national averages were 12th-grade girls.

Marijuana use has also declined in Westport, despite current touting of its “medicinal” value. Lifetime use in grades 9-10 has decreased from 39% in 2000 to 23% in 2011 and 9% in 2014. The ratio of 30-day prevalence to lifetime prevalence provides a rough measure of the degree to which experimentation may lead to habituation. For marijuana in 2011, 69% of lifetime users also reported 30-day use. In 2014, this ratio had decreased to 53%, a favorable change. Perception of “great risk” of harm from regular marijuana use increased among 10th graders from 25% in 2011 to 35% in 2014. Perception of harm is a core measure, inversely correlated with prevalence of use.

The use of illicit drugs by Westport youth is very low, although experimentation is reported by a few older youth for hallucinogens, ecstasy (MDMA) and synthetic cannabinoids (K2, Spice). The use of prescription medicines without one's own prescription is receiving national attention mainly because of the dangers associated with opioid pain meds. Experimentation with pain meds was reported by 4.3% of Westport youth, some at each grade level. 30-Day use is low, but consequences of abusing these drugs can be so severe that prevention measures continue to be important. There was some use of stimulants in grades 11-12, possibly to boost academic performance (“study drugs”).

Youth who use one substance are likely to use others as well. For example, 10% of marijuana users also smoke cigarettes, down from 21% in 2011, and compared to only 0.2% of cigarette smokers among marijuana non-users. Although cigarette smoking is increasingly uncommon, 80% of smokers reported using marijuana. Marijuana users are also more likely to use various other illicit drugs – 12% vs. 0.2% for non-users, close to the same ratio as in 2011. The survey included energy drinks, with their high caffeine content. 30-Day alcohol users reported 3 times as much energy drink consumption as non-users, up from 2 times as much in 2011.

30-Day alcohol users were compared with non-users by a statistical method which separates any differences due of alcohol from those due to age. Besides the expected more permissive attitude toward alcohol and marijuana use, drinkers also reported spending more time in homes of their friends (where they reportedly obtain alcohol) and having parents who are more likely to drink. Overall survey results indicate that, comparing 2014 to 2011, Westport parents are more aware of problems associated with underage drinking and are having more influence on their children.

METHODS

The Westport youth surveys were administered in spring of 2000 [1], 2002 [2], and 2011 [3]. The 2014 youth survey was administered in autumn, 3½ years after the 2011 survey, October 27 to November 3, 2014. Youth surveys were given to grades 7-10 in 2000 and 2002, grades 7-11 in 2011, and grades 7-12 in 2014. The 2014 survey was decreased in length by reducing redundancy, to allow for less time to complete. In 2011 and 2014, surveys were on-line versions – using SurveyMonkey.com® – of the Connecticut Governor’s Prevention Initiative for Youth (GPIY) Youth Survey for 6th-12th Grade. The original GPIY survey was given in Westport in paper format in 2000 and 2002 by Connecticut Department of Mental Health and Addiction Services (DMHAS) and UConn Health Center. The wording of all retained questions is the same in all four surveys, to allow for analysis of trends. Modifications to the survey have been made to reflect changing federal guidelines, newly available substances and activities, and integration of substance use into other mental health issues.

Parents of Westport youth in grades 6-12 were surveyed in 2008, and again in 2014, regarding perceptions and practices related to substance use by youth in their community. There were 479 respondents in 2008, and 469 respondents in 2014. Results of the 2008 parent survey have been reported [7], and 2014 results will be reported soon.

Details of the youth survey sample, and tabulation and analysis of data in 2014, are essentially the same as described in the 2011 youth survey report [3]. As in 2011, parents were given the opportunity to excuse their child from participating, and youth were also able to decline to participate simply by logging off the SurveyMonkey.com web site. Guidelines for the survey are according to the University of Connecticut Health Center, with instructions summarized in the on-line introduction. Students are reassured about the anonymity of the surveys and the need for their honest input. The IP address of each response corresponded to Westport Public Schools; none of the surveys originated from outside the schools.

All tabulation and statistical computations were carried out using Statistica 64 version 10 (StatSoft, Tulsa, OK). Data checking and formatting was done using Microsoft Excel 2010, and the final report was produced in Microsoft Word 2010 and converted to a “portable document format” (pdf) file in Adobe Acrobat XI version 11.0.06. All software is licensed to Quantitative Services.

The survey was administered to a random sample of about half of enrolled students. The samples in each grade were large, so that sampling variance is small, about $\pm 3\%$. For correlations, (Tables 47-51), 2-way analysis of variance is used to compute the significance of the effect of 30-day alcohol use on the measurement, by factoring out possible effects of age (or grade). As explained in footnotes to the tables, scores are computed from the 3- or 4-point Likert scales, expressed as percent of maximum affirmative response. For example, mean scores for Social Supports (Table 47) are the percentages the average respondent indicates talking over problems “almost always” with the indicated party. When there is no significant difference between users and non-users of alcohol, only the scores of users is tabulated. A p-value is defined as the probability that the observed difference is due to chance alone. A low value (e.g., $p < 0.01$ or $p < 0.001$) indicates a strong probability that the difference is due to a genuine relationship between the factor and alcohol consumption, not to age and not to random chance.

Because of imbalance in numbers of respondents in different grades, weighting was employed for all analyses in which grade-levels were combined into multi-grade groups. Weights equalized the

contributions from each grade, and were scaled so that the sum of weights equaled the number of respondents. Weights varied from 0.584 for grade 7 to 1.909 for grade 12.

Respondents were asked to estimate the percentage of their classmates who regularly use alcohol, cigarettes, or marijuana. A series of seven -intervals (“bins”) were provided in the survey, plus “I don’t know”. In order to compare respondents’ estimates of usage (“social norms”) with actual reported usage, medians were estimated by linear interpolation. Medians are usage levels estimated by 50% of respondents. Calculations are the same as in 2011 (3).

RESULTS

Demography

Random samples of Westport students in grades 7-8 in the two middle schools (Bedford and Coleytown), and grades 9-12 in Staples High School, were surveyed (Table 1). Sampling variance for each grade, which varies inversely with the size of the sample, was $\pm 5.3\%$ for grade 12 (99 responses), $\pm 1.8\%$ for grade 7 (325 responses), and $\pm 0.9\%$ when all 1,323 results were combined. Median times required to complete the survey were 15.2 minutes for all students, from 16.2 minutes in grade 7 to 13.9 minutes in grade 12. Times are the intervals between opening and completing the survey, and do not include student transit times. Compared to 2011, Westport students in 2014 required averages of 5 to 13 minutes less time for completion, probably because the survey has been shortened.

A total of 50 surveys (3.6%) were excluded from tabulations and analysis, because of incomplete answers to questions about substance use, or inconsistency with respect to control criteria (Table 1). Numbers of girls and boys taking the survey were roughly equal in grades 7-10, but female respondents outnumbered males in grades 11-12 (Table 2). The ethnic/racial composition of the survey sample generally reflected population of the schools and the town (Table 3), except for a slight excess in the number of minority students, as was also true in the 2011 survey.

Alcohol

Alcohol was the most commonly used substance among Westport youth in 2014 (Tables 6, 7), as it was in 2011 [3]. Use of alcohol in 2014 began at a later age than in 2011, judging from low 30-day use among 9th graders (Table 6), and from shapes of curves in Figures 1 and 2. Starting to drink at an early age is associated with increased issues with substances later in life. In 2014, an average of only about 4% of Westport youth first used alcohol before age 13 (Table 17), a favorable finding. 30-Day use of alcohol was higher among Westport youth than national Monitoring The Future averages in 2011, but was close to national figures in 2014 (Figures 1, 2). Girls in grades 11-12 in 2014 reported more alcohol use than boys, although the result for boys is based on a relatively small sample size (Table 2).

The ratio of 30-day use to lifetime use of a substance (expressed as a percentage) gives an idea of how likely experimentation might be to lead to more habitual use. In grade 11, this ratio was 72% in 2011, and had decreased to 61% in 2014. A question was added in 2014 about heavier

use of alcohol: 5 or more drinks on a single occasion. Of youth in grades 11-12 who reported drinking at all, most (73%) also reported heavier drinking (Table 6).

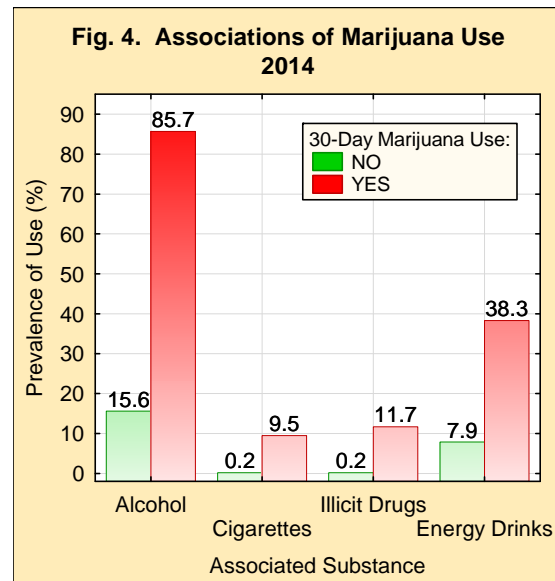
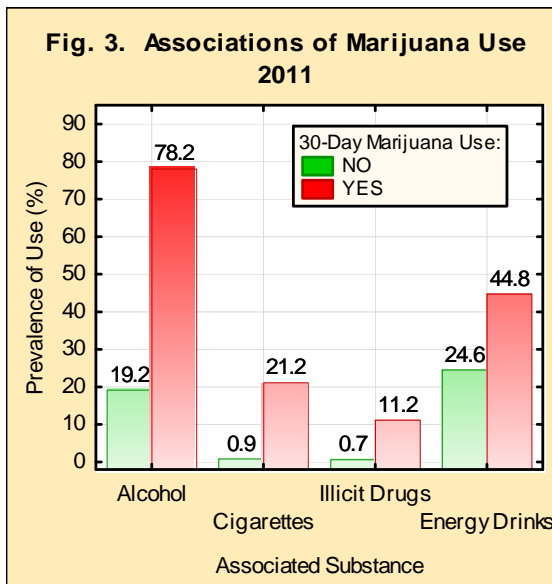
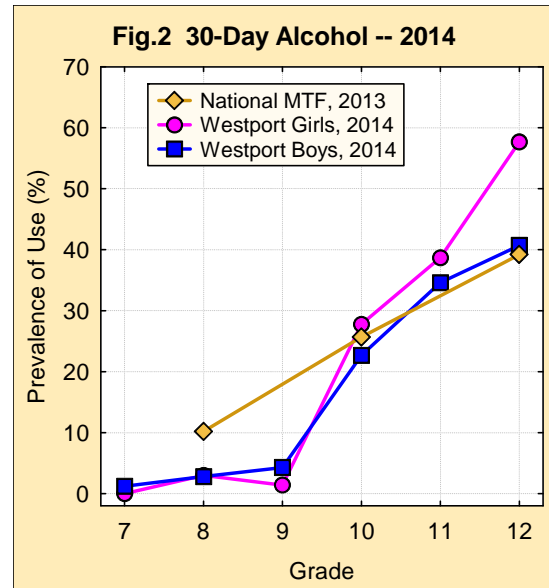
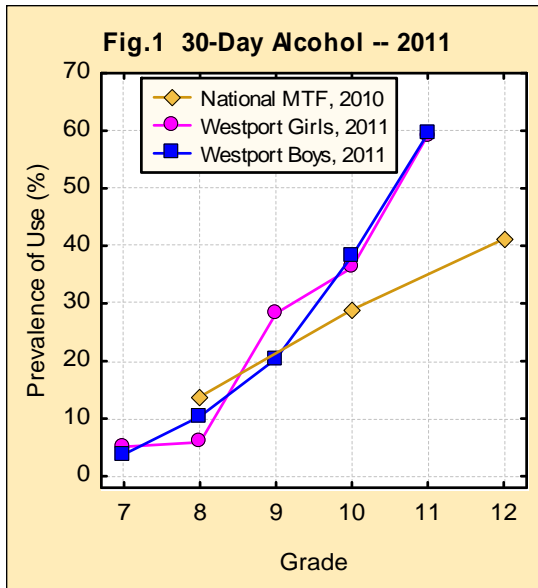
Respondents were asked to rate the top three reasons why youth choose to drink, from nine possible choices. Both girls and boys rated peer pressure as most important (Table 18). Also important were simply having fun, and curiosity. Girls rated relieving stress as important. There were a few differences in opinions, comparing 30-day users to non-users of alcohol.

Trends over the 14 years since the first Westport survey in 2000 are recorded in Table 45 for several variables related to alcohol for grades 7-8 and 9-10. 30-Day prevalence has decreased dramatically, especially among younger youth. Parental influence to discourage drinking has increased; and perceptions of other influences on teen drinking have changed very little. Primary sources of alcohol have remained from home without permission and from friends, but access has decreased. Perception of disapproval by the respondent's close friends was added to the survey in 2012, and is now a federally-mandated core measure.

Many of the youth who reported using alcohol also used various other substances (Table 9). In 2011, 30-day use of marijuana was 10-fold higher among 30-day users of alcohol than among alcohol non-users. In 2014, this ratio had more than doubled, to 23-fold, due mainly to decreased use of marijuana by non-drinkers. Similar relationships between the use of marijuana and the use of other substances are discussed below (Table 10).

Scores for many personal characteristics were computed (see Methods), and statistical comparisons were drawn between 30-day users vs. non-users of alcohol, for the purpose of identifying characteristics of youth who choose to use alcohol. There were no differences in social supports – the people with whom problems are discussed – between drinkers and non-drinkers (Table 47). Disapproval of use of alcohol and marijuana, but not cigarettes, was lower among drinkers, who were also somewhat less likely to disapprove of aggressive behavior (Table 48). Among after-school activities, only visiting at friends' homes was different for drinkers (Table 49). There were no significant differences in self-concept or mental health indicators (Table 50). Youth who drink reported somewhat more drinking by parents, and more family issues with alcohol (Table 51).

Respondents were asked to estimate how many in their own grade were regular users of cigarettes, alcohol, marijuana, and prescription drugs. Seven “bins” were provided for the estimates, and complete results are tabulated (Table 31). Median “social norm” estimates were calculated for each substance for comparison with the prevalence actually reported by the same cohort (Table 6). The median estimate is the prevalence estimated by 50% of the respondents. Westport high school students consistently overestimated the use of all substances by their classmates. For example, in grade 12, the median estimate was 70.3% regular users of alcohol, compared with a reported prevalence of 53.1%.



Tobacco

30-Day cigarette smoking is very low among all Westport youth, and reportedly zero among 12th graders (Table 6). Boys reported higher lifetime use than girls in 2014 (Table 7), but experimentation has apparently not led to habituation, even though nicotine can be highly addictive. Smoking by Westport youth is far less than national averages (Table 41). There has been a dramatic decrease in lifetime tobacco use in Westport – from 54% in 2000 for grades 9-10 to 3.5% in 2014. (Table 44) Perception of harm from regular smoking has remained high since 2000, and general disapproval of cigarette use has increased steadily.

Understanding reasons for the success of anti-smoking campaigns of the past 20+ years should yield insights into campaigns against the use of marijuana by youth, should that become necessary. One can only hope it will not take decades to get the message across.

Marijuana and Other Drugs

The second most-frequently used substance among Westport youth was marijuana (Tables 6, 7). Both lifetime and 30-day use by Westport youth, especially younger youth, is well below national averages (Tables 41, 42). Marijuana use has been decreasing steadily since 2000, and trends for several other related variables are presented (Table 46). Disapproval of marijuana use by the respondent's parents has remained high since 2000, and feelings that its use is wrong have increased. These feelings are much stronger among younger youth. Perceived risk of harm from use of marijuana has decreased among older youth, perhaps as a result of publicity about the alleged medicinal value of marijuana.

In 2014, of the youth in grades 11-12 who reported lifetime marijuana use, 47% reported using marijuana in the past 30 days. In 2011, this ratio was 68% among 11th-graders, suggesting that experimentation by Westport youth is becoming less likely to lead to habituation. The tendency of some youth to use more than one substance, mentioned above for alcohol, was also observed with marijuana (Table 10). Trends in these associations are displayed graphically (Figures 3, 4). Use of cigarettes or illicit drugs is almost unknown among non-users of marijuana. Almost 90% of 30-day users of marijuana also reported using alcohol, an increase from 2011. A cohort of youth who do not use marijuana reported using alcohol or energy drinks.

The current use of illicit drugs by Westport youth is very low (Table 14), although there is some experimentation among older youth with hallucinogens, ecstasy (MDMA) and synthetic cannabinoids (K2, Spice) (Table 13). The use of prescription medicines without one's own prescription has received attention nationally and regionally, because of the danger of overdose or addiction, especially with opioid pain meds. Experimentation with pain meds was reported by 4.3% of youth, at all grade levels (Table 15). Although 30-day use is low (Table 16), the consequences of abusing these drugs can be so severe that prevention measures are important. The use of stimulants is mainly confined to youth in grades 11-12, possibly as "study drugs" to enhance academic performance.

Personal and Environmental Characteristics

Questions about suicide prevention were included in the 2014 survey (Table 32). Few Westport youth have received training in suicide prevention, but about one-quarter expressed an interest in receiving such training. About one-third of youth did not feel prepared to direct a friend with expresses suicidal thoughts to someone who can help.

In response to questions about their neighborhood, 65% of 11th graders in 2011 indicated that there are not a lot of things for young people to do there. In 2014, this perception had decreased to 48%, and is only 10-12% among middle school youth (Table 39). Youth were asked about the sale of drug paraphernalia in local stores; younger youth mostly opposed, and older youth either opposed or were neutral.

In questions about parental influence, respondents were asked about sharing their thoughts with their parents. In 2011, 60% of 11th graders indicated they do share, and this increased to 74% in 2014. In 2014, 65% of 11th graders felt parental strictness about drinking was an important prevention measure, compared to 78% in 2011. Of youth in grades 7-11 who reported lifetime use of alcohol, only 5% claimed they drank at home with parental permission, in both 2011 and 2014. When the respondents in grade 7-11 were asked how wrong their parents would feel for if they drank alcohol, more than a few sips, "very wrong" was checked by 47% in 2011, and by

87% in 2014. It was mostly or definitely true in both 2011 and 2014 that 77-79% of families have rules discouraging underage drinking. Overall, survey results indicate that parents in Westport are more aware in 2014 than in 2011 of problems associated with underage drinking, and are having more influence on their children.

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SECTION 1. DEMOGRAPHY

Table 1. Surveys included in analyses

Grade	Total Surveys	Excluded Because:		Analyzable Surveys
		Inconsistent	Incomplete	
	count	count	count	count
7	331	0	6	325
8	285	1	4	280
9	180	1	8	171
10	214	5	6	203
11	259	3	11	245
12	104	5	0	99
Missing	0	0	0	0
Totals	1373	15	35	1323

Table 2. Gender and grade of students analyzed

Grade	Gender		
	Female	Male	Missing
	count	count	count
7	158	166	1
8	132	146	2
9	72	92	7
10	108	90	5
11	186	53	6
12	72	27	0
Missing	0	0	0
Totals	728	574	21

Table 3. Race, ethnicity of students included in survey

Grade	Survey Sample*		Westport Population	
			Schools**	Town***
	count	%	%	%
White/Caucasian	1109	83.8	89.6	92.6
Black/African American	29	2.2	2.1	1.2
Asian	97	7.3	4.6	4.0
Native American	4	0.3	0.2	0.1
Other	17	1.3	1.6	1.6
Missing	0	0.0	-	-
Hispanic	56	4.2	3.2	3.5

* Sample included in analysis, ** Reference [9], *** Reference [8]

Table 4. Westport students eligible for Free/Reduced Lunch

Grade	Lunch Price		
	Full Price	Free or Reduced	Don't Know
	%	%	%
7	72.0	4.3	23.4
8	67.1	2.9	30.0
9	77.8	2.9	18.1
10	80.3	3.9	15.8
11	85.7	4.9	9.0
12	96.0	2.0	2.0
7-12	79.8	3.5	16.4

Table 5. Years in Westport

Grade	Prevalence, Years in Westport Schools				
	<1	1-2	3-5	>5	Missing
	%	%	%	%	%
7	3.1	7.1	14.8	74.2	0.9
8	4.3	5.7	15.7	73.9	0.4
9	6.4	4.1	11.7	77.2	0.6
10	3.4	6.4	12.8	76.8	0.5
11	4.5	7.4	11.8	75.9	0.4
12	0.0	2.0	17.2	79.8	1.0
7-12	3.6	5.4	14.0	76.3	0.6

SECTION 2. TOBACCO, ALCOHOL, AND DRUG USE

Table 6. Recent (past 30 days) use of substances by gender, grade

Substance	Gender	Grade					
		7	8	9	10	11	12
Alcohol (1+ in past 30 days)		%	%	%			
	Female	0.0	3.0	1.4	27.8	38.7	57.7
	Male	1.2	2.8	4.3	22.7	34.6	40.7
	Both	0.6	2.9	2.9	25.9	37.3	53.1
Alcohol (5+ in past 30 days)	Female	0.0	0.8	1.4	15.7	28.5	39.4
	Male	1.8	2.1	3.3	18.2	25.0	37.0
	Both	0.9	1.4	2.3	17.4	27.5	38.8
Cigarettes	Female	0.0	0.0	0.0	0.9	2.2	0.0
	Male	0.6	0.0	2.2	0.0	5.7	0.0
	Both	0.3	0.0	1.2	0.5	2.9	0.0
Other Tobacco	Female	0.0	0.8	0.0	0.0	1.1	0.0
	Male	0.6	0.0	1.1	4.4	7.5	3.8
	Both	0.3	0.4	0.6	2.0	2.5	1.0
e-Cigarettes	Female	0.0	1.5	0.0	5.6	5.9	9.7
	Male	0.6	0.7	1.1	15.6	9.4	3.7
	Both	0.3	1.1	0.6	10.8	6.6	8.1
Marijuana	Female	0.0	0.8	0.0	4.6	14.1	18.3
	Male	0.6	0.0	3.3	10.1	11.3	14.8
	Both	0.3	0.4	1.8	6.9	13.6	17.3
Illicit Drugs	Female	0.0	0.0	0.0	0.9	2.7	0.0
	Male	0.6	0.0	0.0	4.5	3.8	0.0
	Both	0.3	0.0	0.0	2.5	2.9	0.0
Prescription Drugs without Rx	Female	0.6	0.8	0.0	2.8	4.3	4.3
	Male	1.2	0.0	1.1	4.5	3.8	0.0
	Both	0.9	0.4	0.6	3.5	4.1	3.1
Energy Drinks	Female	0.6	5.3	7.0	8.3	12.9	6.9
	Male	9.6	9.6	13.2	17.8	9.4	22.2
	Both	5.2	8.2	10.1	12.8	12.3	11.1
Energy Drinks with Alcohol	Female	0.0	1.5	1.4	6.5	9.7	8.3
	Male	0.6	2.1	1.1	7.8	9.4	11.1
	Both	0.3	1.8	1.2	7.4	9.4	9.1

Table 7. Lifetime use of substances by gender, grade

Substance	Gender	Grade					
		7	8	9	10	11	12
Alcohol (1+ in past 30 days)	Female	%	%	%	%		
	Male	3.2	8.3	19.4	56.5	61.8	77.5
	Both	13.3	17.9	23.9	46.6	59.6	74.1
Alcohol (5+ in past 30 days)	Female	8.3	13.6	21.6	51.7	61.1	76.5
	Male	0.0	1.5	2.8	27.8	41.9	57.7
	Both	3.6	5.5	8.7	31.8	42.3	63.0
Cigarettes	Female	1.9	3.9	5.8	29.9	41.8	59.2
	Male	0.0	0.8	1.4	4.6	7.0	6.9
	Both	1.2	0.0	2.2	4.4	11.3	11.1
Other Tobacco	Female	0.6	0.4	1.8	4.9	7.8	8.1
	Male	0.0	0.8	0.0	4.6	3.8	1.4
	Both	0.6	0.7	1.1	11.1	11.3	11.5
e-Cigarettes	Female	0.3	0.7	0.6	7.9	5.3	4.1
	Male	0.0	1.5	2.8	23.1	17.8	25.0
	Both	1.8	4.1	3.3	23.3	22.6	22.2
Marijuana	Female	0.9	3.2	3.0	23.6	18.9	24.2
	Male	0.0	1.5	0.0	8.3	31.0	35.2
	Both	0.6	1.4	6.7	16.9	24.5	40.7
Illicit Drugs	Female	0.3	1.4	3.6	12.9	29.3	36.7
	Male	0.0	0.8	0.0	3.7	8.6	4.2
	Both	0.6	0.0	0.0	6.7	5.7	11.1
Prescription Drugs without Rx	Female	0.3	0.4	0.0	5.4	7.8	6.1
	Male	1.3	5.3	4.2	6.5	10.2	8.6
	Both	2.4	3.5	6.7	7.9	7.5	11.1
Energy Drinks	Female	1.9	4.7	5.4	7.4	9.4	9.3
	Male	10.8	14.4	16.9	34.3	38.2	33.3
	Both	25.9	40.4	47.3	50.0	45.3	51.9
Energy Drinks with Alcohol	Female	18.5	28.6	33.1	41.4	39.8	38.4
	Male	1.3	4.6	2.9	17.6	22.6	22.2
	Both	3.6	10.3	3.3	14.4	26.4	29.6
		2.8	7.5	3.0	16.7	23.4	24.2

Table 8. Recent (30-day) use of substances by race, ethnicity

Substance	Race					
	White/ Caucasian	Black/African American	Asian/Pacific Islander	Native American	Hispanic	Other
	%	%	%	%	%	%
Alcohol (1+)	16.6	6.9	7.2	*	10.7	23.5
Alcohol (5+)	11.8	6.9	4.1	*	10.7	17.6
Cigarettes	0.5	6.9	0.0	*	3.6	0.0
Other Tobacco	0.8	3.4	1.0	*	1.8	0.0
e-Cigarettes	3.7	3.4	2.1	*	3.6	5.9
Marijuana	5.3	6.9	3.1	*	3.6	11.8
Illicit Drugs	0.6	6.9	1.0	*	3.6	0.0
Rx Drugs	1.7	6.9	1.0	*	3.6	0.0
Energy Drinks	9.6	3.4	3.1	*	16.1	17.6
ED with Alcohol	4.0	6.9	2.1	*	7.1	11.8

* Too few for valid statistics (N<10).

Table 9. Association of 30-day alcohol (1+) with recent use of other substances

30-Day Use of Other Substance	Gender	30- Day Alcohol Use		YES / NO Ratio
		NO	YES	
		%	%	
Alcohol 5+	Female	0.9	65.0	70.6
	Male	0.8	77.1	91.3
	Both	0.9	68.6	79.0
Cigarettes	Female	0.2	2.0	12.0
	Male	0.3	6.5	23.8
	Both	0.2	3.2	15.1
Other Tobacco	Female	0.1	0.9	6.6
	Male	0.0	17.4	--
	Both	0.1	5.3	70.4
e-Cigarettes	Female	1.3	13.8	10.8
	Male	1.1	26.8	23.3
	Both	1.2	18.0	15.1
Marijuana	Female	0.9	28.0	31.2
	Male	1.4	30.3	21.1
	Both	1.2	28.4	23.4
Other Illicit Drugs	Female	0.0	2.9	--
	Male	0.0	9.5	--
	Both	0.0	4.7	--
Prescription Drugs	Female	0.4	8.6	20.2
	Male	0.4	9.8	26.0
	Both	0.4	8.9	22.4
Energy Drinks	Female	4.8	15.0	3.1
	Male	9.6	37.7	3.9
	Both	7.1	21.4	3.0
Energy Drinks with Alcohol	Female	0.5	19.4	41.2
	Male	0.2	30.6	132.5
	Both	0.4	22.7	64.1

Table 10. Association of 30-day marijuana with recent use of other substances

30-Day Use of Other Substance	Gender	30- Day Marijuana Use		YES / NO Ratio
		NO	YES	
Alcohol 1+		%	%	
	Female	20.2	91.6	4.5
	Male	9.7	76.3	7.8
	Both	15.6	85.7	5.5
Alcohol 5+	Female	12.9	71.2	5.5
	Male	7.3	76.3	10.4
	Both	10.5	72.2	6.9
Cigarettes	Female	0.1	6.5	49.2
	Male	0.2	16.3	65.6
	Both	0.2	9.6	53.7
Other Tobacco	Female	0.1	3.1	26.7
	Male	1.0	24.1	23.6
	Both	0.5	9.9	19.8
e-Cigarettes	Female	1.7	36.9	22.1
	Male	2.2	46.1	20.8
	Both	2.1	39.5	19.2
Other Illicit Drugs	Female	0.0	9.6	--
	Male	0.4	16.3	38.7
	Both	0.2	11.7	65.3
Prescription Drugs	Female	1.3	17.0	13.1
	Male	1.0	12.5	12.3
	Both	1.2	15.3	13.3
Energy Drinks	Female	5.2	32.2	6.2
	Male	11.1	52.1	4.7
	Both	7.9	38.3	4.9
Energy Drinks with Alcohol	Female	3.8	24.6	6.5
	Male	2.7	32.3	12.1
	Both	3.3	26.9	8.1

Table 11. Associations of lifetime substance use

Lifetime Use of Other Substance	Gender	Lifetime Alcohol Use (1+)		YES / NO Ratio
		NO	YES	
		%	%	
Alcohol 5+	Both	0.0	61.1	--
Cigarettes	Both	0.3	9.7	28.3
Tobacco	Both	0.1	8.1	83.3
e-Cigarettes	Both	0.8	30.9	39.2
Marijuana	Both	0.9	35.1	39.1
Other Illicit Drugs	Both	0.0	8.7	--
Prescription Drugs	Both	2.2	12.9	5.9
Energy Drinks	Both	21.0	53.3	2.5
ED + Alcohol	Both	1.0	32.2	30.7
		Lifetime Marijuana Use		YES / NO Ratio
		NO	YES	
		%	%	
Alcohol 1+	Both	29.1	96.1	--
Alcohol 5+	Both	13.2	86.1	6.5
Cigarettes	Both	0.6	24.2	43.1
Tobacco	Both	0.8	17.6	21.1
e-Cigarettes	Both	4.9	58.0	11.8
Other Illicit Drugs	Both	0.3	22.2	81.2
Prescription Drugs	Both	3.6	23.8	6.7
Energy Drinks	Both	27.1	71.2	2.6
ED + Alcohol	Both	7.3	47.3	6.5

Table 12. Levels of Substance Use

Substance	Days used in past 30 days	Grade					
		7	8	9	10	11	12
Alcohol, 1+	Never in lifetime	%	%	%	%	%	%
	Never in 30 days	91.7	86.4	78.4	48.3	38.9	23.5
	1-4 days	7.7	10.8	18.7	25.9	23.8	23.5
	5-20 days	0.3	2.2	2.3	20.4	28.3	37.8
	21+ days	0.0	0.7	0.6	5.5	8.2	15.3
Alcohol, 5+	Never in lifetime	0.3	0.0	0.0	0.0	0.8	0.0
	Never in 30 days	80.8	73.7	73.7	44.2	32.0	23.3
	1-4 days	11.5	18.4	15.8	24.0	23.8	27.4
	5-20 days	0.0	5.3	10.5	25.0	37.4	34.2
	21+ days	3.8	2.6	0.0	6.7	6.8	13.7
Cigarettes	Never in lifetime	3.8	0.0	0.0	0.0	0.0	1.4
	Never in 30 days	99.4	99.6	98.2	95.1	92.2	91.9
	1-4 days	0.3	0.4	0.6	4.4	4.9	8.1
	5-20 days	0.0	0.0	0.6	0.0	2.0	0.0
	21+ days	0.0	0.0	0.0	0.5	0.4	0.0
Other tobacco	Never in lifetime	0.3	0.0	0.6	0.0	0.4	0.0
	Never in 30 days	99.7	99.3	99.4	92.1	94.7	95.9
	1-4 days	0.0	0.4	0.0	5.9	2.9	3.1
	5-20 days	0.0	0.4	0.6	1.0	1.2	1.0
	21+ days	0.0	0.0	0.0	0.5	0.8	0.0
e-Cigarettes	Never in lifetime	0.3	0.0	0.0	0.5	0.4	0.0
	Never in 30 days	99.1	96.8	97.0	76.4	81.1	75.8
	1-4 days	0.6	2.1	2.4	12.8	12.3	16.2
	5-20 days	0.0	0.7	0.0	6.9	5.3	6.1
	21+ days	0.0	0.4	0.6	1.0	0.8	2.0
Marijuana	Never in lifetime	0.3	0.0	0.0	3.0	0.4	0.0
	Never in 30 days	99.7	98.6	96.4	87.1	70.7	63.3
	1-4 days	0.0	1.1	1.8	5.9	15.7	19.4
	5-20 days	0.0	0.4	1.2	5.0	9.1	14.3
	21+ days	0.0	0.0	0.6	0.5	3.3	3.1
Other illicit drug	Never in lifetime	0.3	0.0	0.0	1.5	1.2	0.0
	Never in 30 days	99.7	99.6	100.0	94.6	92.2	93.9
	1-4 days	0.0	0.4	0.0	3.0	4.9	6.1
	5-20 days	0.0	0.0	0.0	1.5	1.2	0.0
	21+ days	0.0	0.0	0.0	1.0	1.2	0.0
Prescription drug without own Rx	Never in lifetime	0.3	0.0	0.0	0.0	0.4	0.0
	Never in 30 days	98.1	95.3	94.6	92.6	90.6	90.7
	1-4 days	0.9	4.3	4.8	4.0	5.3	6.2
	5-20 days	0.3	0.4	0.6	2.0	2.9	3.1
	21+ days	0.0	0.0	0.0	0.5	0.8	0.0
Energy drink	Never in lifetime	0.6	0.0	0.0	1.0	0.4	0.0
	Never in 30 days	81.5	71.4	66.9	58.6	60.2	61.6
	1-4 days	13.2	20.4	23.1	28.6	27.5	27.3
	5-20 days	3.7	6.8	7.7	9.4	9.8	10.1
	21+ days	0.9	1.1	1.2	3.0	2.0	1.0

Table 12. Levels of Substance Use, continued

Substance	Days used in past 30 days	Grade					
		7	8	9	10	11	12
		%	%	%	%	%	%
Energy drink with alcohol	Never in lifetime	97.2	92.5	97.0	83.3	76.6	75.8
	Never in 30 days	2.5	5.7	1.8	9.4	13.9	15.2
	1-4 days	0.0	1.4	0.6	6.4	6.6	6.1
	5-20 days	0.0	0.4	0.0	1.0	2.5	3.0
	21+ days	0.3	0.0	0.6	0.0	0.4	0.0

Table 13. Lifetime Use of Illicit Substances

Substance	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
Cocaine	0.0	0.0	0.0	0.5	0.9	0.0
Crack Cocaine	0.0	0.0	0.0	0.0	0.4	0.0
MDMA (Ecstasy)	0.0	0.0	0.0	1.0	2.6	2.1
Hallucinogens	0.0	0.0	0.0	1.5	5.6	4.2
Heroin	0.0	0.0	0.0	0.5	0.0	0.0
Salvia	0.0	0.0	0.0	0.5	1.7	0.0
Ketamine (Special K)	0.0	0.0	0.0	0.5	0.0	0.0
GHB	0.0	0.4	0.0	0.0	0.4	0.0
Synthetic cannabinoid	0.0	1.1	0.6	3.5	4.7	1.0
Bath Salts	1.9	1.1	0.0	0.5	0.0	0.0
Methamphetamine	0.0	0.0	0.0	0.0	0.0	0.0
Any of the above	0.3	0.4	0.0	5.4	7.8	6.1
Inhalants	0.0	1.4	1.8	3.0	6.0	6.3

Table 14. 30-Day Use of Illicit Substances

Substance	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
Cocaine	0.0	0.0	0.0	0.0	0.4	0.0
Crack Cocaine	0.0	0.0	0.0	0.0	0.4	0.0
MDMA (Ecstasy)	0.0	0.0	0.0	0.5	0.9	0.0
Hallucinogens	0.0	0.0	0.0	0.5	2.2	2.1
Heroin	0.0	0.0	0.0	0.0	0.0	0.0
Salvia	0.0	0.0	0.0	0.0	0.0	0.0
Ketamine (Special K)	0.0	0.0	0.0	0.5	0.0	0.0
GHB	0.0	0.0	0.0	0.0	0.4	0.0
Synthetic cannabinoid	0.0	0.0	0.0	1.5	2.2	0.0
Bath Salts	0.0	0.0	0.0	0.0	0.0	0.0
Methamphetamine	0.0	0.0	0.0	0.0	0.0	0.0
Any of the above	0.3	0.0	0.0	2.5	2.9	2.1
Inhalants	0.0	0.0	0.0	1.0	2.2	1.0

Table 15. Lifetime use of prescription meds without own prescription

Substance	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
Pain meds	2.6	5.8	3.7	4.5	6.0	3.1
Steroids	1.3	0.0	0.0	0.0	0.0	0.0
Downers, sedatives	2.6	3.2	4.3	4.6	7.8	4.2
Tranquilizers	0.0	0.4	0.0	2.0	3.4	2.1
Uppers , stimulants	0.0	0.7	0.0	0.5	6.0	8.3
Any of the above	5.4	8.6	6.2	9.1	15.5	11.5
OTC meds	1.3	2.2	1.9	2.5	2.6	1.1

Table 16. 30-Day use of prescription meds without own prescription

Substance	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
Pain meds	1.0	0.7	0.6	2.0	1.7	1.0
Steroids	0.6	0.0	0.0	0.0	0.0	0.0
Downers, sedatives	0.0	0.4	0.6	1.0	3.4	2.1
Tranquilizers	0.0	0.0	0.0	0.5	0.9	1.0
Uppers , stimulants	0.0	0.4	0.0	0.5	1.7	3.1
Any of the above	1.6	1.1	1.2	3.0	5.6	6.3
OTC meds	0.3	0.4	0.0	0.0	1.3	0.0

Table 17. Age of first use

Substance	Age of onset	Grade					
		7	8	9	10	11	12
		%	%	%	%	%	%
Alcohol	Never in lifetime	94.4	90.3	84.2	53.5	42.7	29.6
	12 years or younger	5.6	3.9	2.9	3.0	5.0	3.1
	13 years or older	0.0	5.7	12.9	43.6	52.3	67.3
Cigarettes	Never in lifetime	99.4	99.6	98.8	94.5	90.5	92.9
	12 years or younger	0.6	0.0	1.2	1.5	0.8	1.0
	13 years or older	0.0	0.4	0.0	4.0	8.7	6.1
Other Tobacco	Never in lifetime	99.7	99.3	100.0	93.0	94.6	92.7
	12 years or younger	0.3	0.4	0.0	0.0	0.4	0.0
	13 years or older	0.0	0.4	0.0	7.0	5.0	7.3
Marijuana	Never in lifetime	99.7	98.9	97.1	85.6	70.1	63.9
	12 years or younger	0.3	0.4	0.6	0.5	0.8	0.0
	13 years or older	0.0	0.7	2.4	13.9	29.0	36.1
Prescription Drugs without own Rx	Never in lifetime	98.4	96.4	96.5	91.6	90.5	93.9
	12 years or younger	1.2	1.8	2.4	4.0	2.9	1.0
	13 years or older	0.3	1.8	1.2	4.5	6.6	5.1

Table 18. Reasons for using alcohol.

What 3 factors do you think influence people about your age the most to use alcohol?
(more than a few sips, not including religious activities).

Table 18A. Girls

Reason	Grades / Lifetime user: NO			Grades / Lifetime user: YES		
	7-8	9-10	11-12	7-8	9-10	11-12
	score ranking*					
Friends/peer pressure	1	1	2	1	3	2
Boredom						
Curiosity	3		3	3	2	
Ads/media						
Family tradition						
To have fun		2	1	2	1	1
Alcohol readily available						
Angry/upset with someone						
Stress/to feel better	2	3				3

* Score ranking = 1 (most likely), 2, 3 (third most likely); others, rank=4 or less.

Table 18B. Boys

Reason	Grades / Lifetime user: NO			Grades / Lifetime user: YES		
	7-8	9-10	11-12	7-8	9-10	11-12
	score ranking*					
Friends/peer pressure	1	1	1	1	2	2
Boredom						3
Curiosity	2	3	3	3	3	
Ads/media						
Family tradition						
To have fun	3	2	2	2	1	1
Alcohol readily available						
Angry/upset with someone						
Stress/to feel better						

SECTION 3. INDIVIDUAL / PEER DOMAIN

Table 19. Availability of alcohol, tobacco, drugs and guns

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
<u>If you wanted to, how easy would it be for you to get:</u>						
Alcoholic beverages						
Very easy	9.4	20.7	29.6	47.4	60.3	59.4
Sort of easy	20.1	32.4	38.9	34.7	28.4	33.3
Sort of hard	28.4	25.8	24.1	12.8	6.6	5.2
Very hard	42.1	21.1	7.4	5.1	4.8	2.1
Cigarettes						
Very easy	4.0	7.7	9.3	26.3	24.9	25.0
Sort of easy	11.0	14.2	19.9	23.7	31.9	38.5
Sort of hard	17.7	26.6	38.5	32.5	27.1	25.0
Very hard	67.2	51.5	32.3	17.5	16.2	11.5
Marijuana						
Very easy	1.7	6.2	14.2	28.2	46.1	40.6
Sort of easy	4.0	8.7	24.1	27.7	31.6	40.6
Sort of hard	9.7	18.2	32.1	26.7	13.2	11.5
Very hard	84.6	66.9	29.6	17.4	9.2	7.3
A drug like cocaine, heroin, LSD or amphetamines						
Very easy	1.0	4.0	4.3	5.7	8.3	5.2
Sort of easy	2.7	2.2	4.9	9.3	14.4	8.3
Sort of hard	6.4	13.2	25.9	29.9	24.9	35.4
Very hard	90.0	80.6	64.8	55.2	52.4	51.0
A prescription drug without one's own prescription						
Very easy	3.4	7.7	7.5	7.2	16.2	9.4
Sort of easy	8.1	12.5	9.9	19.6	22.3	14.6
Sort of hard	20.3	22.8	26.7	28.4	24.9	41.7
Very hard	68.1	57.0	55.9	44.8	36.7	34.4
A gun						
Very easy	1.0	3.6	1.9	2.6	4.4	2.1
Sort of easy	3.4	3.3	2.5	4.1	2.6	3.2
Sort of hard	6.4	13.1	16.7	15.0	17.0	14.7
Very hard	89.2	79.9	79.0	78.2	76.0	80.0

Table 20. Sources for obtaining alcoholic beverages
(Responses of youth who report lifetime alcohol use)

Questions and responses	Grade					
	7	8	9	10	11	12
Number of youth	27	38	37	104	149	75
	%	%	%	%	%	%
<u>How often do you get alcoholic beverages from:</u>						
Home, with your parents' permission						
Sometimes	63.0	69.2	47.4	44.8	40.8	48.0
Often	3.7	7.7	7.9	1.9	4.1	6.7
Home, without your parents' permission						
Sometimes	3.7	15.8	28.9	41.0	37.4	36.5
Often	3.7	2.6	2.6	8.6	9.5	4.1
Your friends						
Sometimes	0.0	17.9	31.6	55.8	42.2	51.4
Often	3.7	0.0	7.9	23.1	40.1	35.1
Your brother(s) or sister(s)						
Sometimes	3.7	17.9	21.1	29.5	24.5	21.9
Often	3.7	2.6	5.3	4.8	4.1	5.5
From other people who buy it for you						
Sometimes	0.0	2.6	16.2	23.8	31.3	34.7
Often	3.7	2.6	0.0	18.1	21.8	25.3
At a party with adults present who are aware of underage drinking						
Sometimes	3.7	23.1	18.4	32.4	30.8	45.9
Often	3.7	0.0	2.6	2.9	6.8	10.8
At a restaurant (you buy it)						
Sometimes	11.1	12.8	15.8	12.6	22.4	23.3
Often	3.7	0.0	0.0	1.9	4.1	0.0
At a store or bar (you buy it)						
Sometimes	0.0	0.0	0.0	8.6	15.0	13.5
Often	3.8	2.6	2.6	3.8	7.5	2.7

Table 21. Place and prevalence of alcohol use
(Responses of youth who report lifetime use of alcohol)

Questions and responses	Grade					
	7	8	9	10	11	12
Number of youth	27	38	37	104	149	75
	%	%	%	%	%	%
<u>In the past 30 days, how many times did you drink alcoholic beverages in the following places?</u>						
At home						
Never	69.2	64.1	68.4	59.6	63.7	60.3
Sometimes	26.9	30.8	26.3	36.5	30.8	37.0
Often	3.8	5.1	5.3	3.8	5.5	2.7
At other people's homes						
Never	96.2	79.5	71.1	35.0	29.5	26.0
Sometimes	0.0	17.9	23.7	46.6	40.4	49.3
Often	3.8	2.6	5.3	18.4	30.1	24.7
Outdoors (street, woods, field)						
Never	96.2	87.2	94.7	70.2	78.1	80.3
Sometimes	0.0	12.8	2.6	25.0	13.0	14.1
Often	3.8	0.0	2.6	4.8	8.9	5.6
At school activities						
Never	96.2	100.0	100.0	89.4	86.2	81.9
Sometimes	0.0	0.0	0.0	8.7	9.7	15.3
Often	3.8	0.0	0.0	1.9	4.1	2.8
While driving a vehicle						
Never	96.2	97.4	100.0	100.0	97.9	97.2
Sometimes	0.0	2.6	0.0	0.0	1.4	2.8
Often	3.8	0.0	0.0	0.0	0.7	0.0

Table 22. Perceived harm of substance use

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
<u>How much do you think people risk harming themselves if they:</u>						
Smoke cigarettes regularly						
No risk	1.3	0.4	0.6	3.0	3.0	2.1
Slight risk	2.2	4.7	5.5	1.5	3.8	2.1
Moderate risk	15.1	13.6	14.6	13.1	9.7	13.5
Great risk	79.2	77.4	75.6	76.8	81.4	79.2
Don't know	2.2	3.9	3.7	5.6	2.1	3.1
Use alcohol regularly						
No risk	3.5	3.6	1.2	4.1	3.4	4.2
Slight risk	14.5	9.4	7.3	14.2	15.4	19.8
Moderate risk	39.4	44.2	37.2	34.0	44.9	36.5
Great risk	36.6	38.8	50.6	41.6	33.8	36.5
Don't know	6.0	4.0	3.7	6.1	2.6	3.1
Use alcohol, 5+ drinks at one time						
No risk	3.5	2.9	0.6	4.6	5.1	5.3
Slight risk	15.9	19.4	15.3	15.7	14.0	16.0
Moderate risk	36.5	36.3	27.6	31.5	30.2	38.3
Great risk	39.4	38.8	51.5	43.1	48.1	39.4
Don't know	4.8	2.5	4.9	5.1	2.6	1.1
Use marijuana regularly						
No risk	1.6	3.2	5.0	8.1	16.9	12.5
Slight risk	5.1	11.2	15.5	17.8	20.3	30.2
Moderate risk	19.3	25.9	31.7	33.0	29.7	30.2
Great risk	65.5	53.2	42.2	35.5	30.1	26.0
Don't know	8.5	6.5	5.6	5.6	3.0	1.0
Use Rx drugs without own Rx						
No risk	3.2	1.1	2.5	1.5	4.2	2.1
Slight risk	7.0	8.6	11.0	6.1	7.6	7.3
Moderate risk	26.1	29.5	20.9	20.9	25.0	39.6
Great risk	54.8	54.3	57.7	62.8	57.6	49.0
Don't know	8.9	6.5	8.0	8.7	5.5	2.1

Table 23. Disapproval by friends of substance use

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
<u>How wrong do your friends feel it would be for you to:</u>						
Drink alcohol, 1-2/day						
Not at all wrong	2.2	2.2	2.4	11.1	6.8	11.5
Little bit wrong	4.1	10.4	20.1	22.2	19.1	14.6
Wrong	25.9	23.3	25.0	27.8	40.0	35.4
Very wrong	67.8	64.2	52.4	38.9	34.0	38.5
Smoke tobacco						
Not at all wrong	0.6	2.5	1.2	5.6	6.8	10.4
Little bit wrong	2.2	3.9	7.9	14.2	12.4	7.3
Wrong	18.0	18.6	26.2	33.0	32.1	39.6
Very wrong	79.2	74.9	64.6	47.2	48.7	42.7
Use marijuana or hashish						
Not at all wrong	0.6	3.6	5.5	21.8	36.9	46.9
Little bit wrong	0.9	6.1	15.9	20.8	26.3	20.8
Wrong	15.2	15.8	21.3	22.8	16.5	14.6
Very wrong	83.2	74.6	57.3	34.5	20.3	17.7
Use Rx drugs not prescribed to you						
Not at all wrong	1.3	2.9	3.7	6.1	5.5	8.4
Little bit wrong	3.5	5.8	7.4	11.2	16.2	16.8
Wrong	22.9	19.8	26.4	27.4	32.3	25.3
Very wrong	72.4	71.6	62.6	55.3	46.0	49.5

Table 24. Social supports

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
<u>When you have a problem that bothers you, how often do you talk about it with:</u>						
Parents or guardians						
Almost never	11.9	9.7	13.7	20.8	16.5	8.3
Sometimes	24.8	36.8	30.4	38.1	35.7	43.8
Often	32.5	29.6	30.4	24.4	26.5	27.1
Almost always	30.8	23.8	25.5	16.8	21.3	20.8
A teacher						
Almost never	61.3	66.5	64.0	77.0	75.1	66.7
Sometimes	30.1	28.1	29.2	18.9	21.8	31.3
Often	6.3	4.3	5.0	3.6	2.6	2.1
Almost always	2.3	1.1	1.9	0.5	0.4	0.0
A friend						
Almost never	8.9	10.8	6.2	6.6	7.0	1.0
Sometimes	29.5	26.3	23.6	29.6	13.9	16.7
Often	34.4	34.2	41.6	24.5	33.5	40.6
Almost always	27.2	28.8	28.6	39.3	45.7	41.7
Nobody. I keep it to myself.						
Almost never	22.3	18.4	18.6	11.2	13.9	10.8
Sometimes	46.0	40.1	41.0	36.7	39.6	43.0
Often	20.7	23.8	25.5	31.6	29.6	34.4
Almost always	11.0	17.7	14.9	20.4	17.0	11.8

Table 25. Antisocial behavior

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
<u>In the past year, I have:</u>						
Stolen something worth less than \$100	7.7	12.2	10.5	17.7	18.5	13.5
Cheated on a test	10.9	15.1	9.9	15.7	27.5	18.8
Sold illegal drugs	0.6	0.4	0.0	3.5	4.7	6.3
Brought a weapon to school	1.0	0.7	1.2	0.5	2.2	1.0
Picked a fight (not with a family member)	12.9	18.1	8.6	13.1	14.3	7.3
Bullied to hurt someone's feelings	24.3	21.7	12.7	15.5	18.2	7.5
Ridden as passenger with driver using alcohol	24.4	21.8	12.7	15.4	18.2	7.5

Table 26. Attitudes toward antisocial behavior

Questions and responses	Grade					
	7	8	9	10	11	12
	score*					
<u>How wrong do you think it is for someone your age to:</u>						
Drink alcoholic beverages	94.1	89.6	73.9	47.7	43.9	27.6
Smoke cigarettes	97.4	96.4	90.4	81.4	79.3	72.9
Use marijuana	97.4	94.2	84.3	64.1	52.4	42.1
Abuse Rx drugs	94.9	94.8	93.2	86.5	83.0	82.3
Pick a fight with someone (not family)	75.7	71.9	74.8	64.8	68.9	68.4
Place bets on-line	70.7	63.2	60.2	49.2	51.3	41.1
Drink and drive	97.5	97.7	96.0	94.4	95.2	94.7
Use marijuana and drive	97.4	96.8	95.1	91.6	85.4	86.5
Text and drive	89.3	90.6	88.2	86.5	87.8	80.7
Purposely damage property that does not belong to them	94.4	93.3	91.5	88.2	87.3	89.6
Attack someone to hurt them	94.9	93.7	94.0	90.8	92.1	92.7
Ride with driver under influence	94.2	93.2	88.8	87.7	90.1	91.1
Tease someone to hurt their feelings	77.5	79.1	81.8	80.7	87.0	85.4
Cheat on a test at school	77.8	78.5	80.2	71.9	63.3	65.6

* Score = % of maximum (0=not at all wrong, 50=somewhat wrong, 100=very wrong)

Table 27. Youth athletic activities

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
<u>What kinds of athletics are you involved in?</u>						
None	6.8	6.4	10.5	14.8	26.1	34.3
Informal, not organized	18.2	24.6	21.1	17.7	17.1	15.2
Organized outside school	83.4	82.5	38.0	38.4	34.7	28.3
School physical education	25.2	28.6	27.5	23.6	28.6	5.1
School intramural sports	6.8	5.0	2.3	1.0	3.3	2.0
Varsity, JV or freshman teams	1.8	5.4	60.2	61.6	48.2	45.5

Table 28. How youth report spending time after school

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
<u>How many hours a week do you usually spend:</u>						
Watching TV						
None	12.1	10.4	13.5	13.8	17.2	23.2
1-2 hours	48.9	45.7	48.0	41.4	48.0	42.4
3-6 hours	31.9	36.4	29.2	28.6	24.6	30.3
7 hours or more	7.1	7.5	9.4	16.3	10.2	4.0
Reading books, magazines or newspapers						
None	15.5	21.7	20.6	17.1	26.7	17.2
1-2 hours	63.0	59.2	55.3	63.8	60.9	59.6
3-6 hours	15.2	14.8	19.4	14.1	8.2	20.2
7 hours or more	6.2	4.3	4.7	5.0	4.1	3.0
Hanging out with friends in public areas						
None	16.1	17.7	16.4	18.4	20.5	20.4
1-2 hours	36.9	37.2	38.0	35.8	41.4	45.9
3-6 hours	36.3	32.5	36.3	26.9	25.8	25.5
7 hours or more	10.7	12.6	9.4	18.9	12.3	8.2
Doing volunteer work						
None	66.4	68.8	52.4	55.2	50.0	25.8
1-2 hours	28.9	27.2	40.6	39.3	40.5	59.8
3-6 hours	3.5	4.0	5.3	3.0	7.0	10.3
7 hours or more	1.3	0.0	1.8	2.5	2.5	4.1
Attending religious services or programs						
None	50.2	52.2	69.4	73.5	74.6	74.7
1-2 hours	39.3	42.4	27.1	23.0	22.5	22.2
3-6 hours	10.3	4.7	3.5	3.0	2.1	3.0
7 hours or more	0.3	0.7	0.0	0.5	0.8	0.0
Using a computer unrelated to school						
None	12.1	5.8	5.3	3.0	2.5	1.0
1-2 hours	55.9	50.2	32.4	23.4	22.4	22.2
3-6 hours	24.2	32.9	36.5	33.3	38.6	40.4
7 hours or more	7.8	11.2	25.9	40.3	36.5	36.4
Listening to music						
None	12.5	7.2	6.4	5.5	3.3	5.1
1-2 hours	47.5	47.1	37.4	35.8	24.3	38.4
3-6 hours	21.9	28.1	30.4	25.9	34.6	25.3
7 hours or more	18.1	17.6	25.7	32.8	37.9	31.3

Table 29. Self concept

Questions and responses	Grade					
	7	8	9	10	11	12
<u>How much do you disagree or agree with the following:</u>						
I feel lonely.	%	%	%	%	%	%
Strongly disagree	64.0	60.4	51.9	49.0	34.3	40.6
Disagree	30.2	27.7	34.0	34.8	37.8	42.7
Agree	4.8	10.4	10.5	15.2	21.5	14.6
Strongly agree	1.0	1.4	3.7	1.0	6.4	2.1
I am good at making decisions.						
Strongly disagree	2.3	5.0	3.7	5.1	3.0	5.2
Disagree	5.8	9.0	6.2	10.2	12.9	7.3
Agree	54.0	51.4	46.3	51.8	51.3	44.8
Strongly agree	37.9	34.5	43.8	33.0	32.8	42.7
I feel sad most of the time.						
Strongly disagree	67.8	58.8	60.2	52.0	38.8	42.7
Disagree	26.0	30.3	32.9	38.9	38.8	45.8
Agree	4.2	7.9	3.7	7.1	17.2	10.4
Strongly agree	1.9	2.9	3.1	2.0	5.2	1.0
I have so much energy, I don't know what to do with it.						
Strongly disagree	28.8	35.0	25.9	26.8	32.3	33.7
Disagree	46.3	52.0	58.0	57.6	48.7	52.6
Agree	18.1	8.3	12.3	14.1	14.7	11.6
Strongly agree	6.8	4.7	3.7	1.5	4.3	2.1
I have a number of good qualities.						
Strongly disagree	1.9	4.0	4.3	1.0	3.0	4.2
Disagree	2.9	5.8	4.3	8.6	8.6	1.0
Agree	41.2	45.5	42.6	47.2	53.0	47.9
Strongly agree	54.0	44.8	48.8	43.1	35.3	46.9
I often have trouble sleeping.						
Strongly disagree	29.1	24.2	27.2	12.6	13.4	22.9
Disagree	40.5	44.8	46.9	40.9	40.1	46.9
Agree	24.6	21.7	21.0	37.4	32.8	22.9
Strongly agree	5.8	9.4	4.9	9.1	13.8	7.3
I have less energy than I think I should.						
Strongly disagree	58.8	40.6	34.0	21.8	16.4	17.7
Disagree	32.1	40.6	48.1	52.3	41.8	40.6
Agree	7.1	12.9	13.0	19.8	30.6	31.3
Strongly agree	1.9	5.8	4.9	6.1	11.2	10.4
I stand up for what I believe in						
Strongly disagree	2.0	1.4	3.7	1.0	1.7	3.1
Disagree	7.2	6.9	6.2	7.6	8.2	4.2
Agree	53.9	51.6	50.3	56.3	55.6	53.1
Strongly agree	36.9	40.1	39.8	35.0	34.5	39.6
I believe my life is going in a positive direction.						
Strongly disagree	1.9	3.6	3.8	1.5	4.7	3.1
Disagree	2.6	5.4	6.3	4.5	8.2	4.2
Agree	36.0	37.9	39.4	51.3	48.7	41.7
Strongly agree	59.4	53.1	50.6	42.7	38.4	51.0

Table 30. Perceptions of Mental Health

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
<u>During the past 30 days, about how often did you feel</u>						
Nervous?						
Almost never	18.4	15.3	19.1	13.8	9.6	9.4
Sometimes	53.2	50.5	46.9	52.6	34.9	42.7
Often	25.1	28.7	26.5	28.1	38.9	37.5
Almost always	3.3	5.5	7.4	5.6	16.6	10.4
Hopeless?						
Almost never	78.3	73.8	72.0	64.1	49.8	55.8
Sometimes	16.7	17.1	17.4	24.1	32.8	35.8
Often	3.7	5.8	7.5	8.2	10.9	5.3
Almost always	1.3	3.3	3.1	3.6	6.6	3.2
Restless or fidgety?						
Sometimes	44.3	43.8	45.3	30.8	27.1	25.0
Sometimes	36.6	34.3	34.8	39.5	36.7	45.8
Often	16.8	16.4	13.7	23.6	22.7	24.0
Almost always	2.3	5.5	6.2	6.2	13.5	5.2
So depressed nothing could cheer you up?						
Almost never	84.6	78.8	80.2	77.1	64.8	75.0
Sometimes	11.7	13.5	14.2	15.1	21.6	19.8
Often	1.7	4.7	2.5	5.7	8.8	4.2
Almost always	2.0	2.9	3.1	2.1	4.8	1.0
Angry with someone or something?						
Almost never	31.1	24.0	31.5	17.0	17.0	22.9
Sometimes	50.2	53.8	45.7	53.6	48.5	53.1
Often	15.1	16.4	18.5	24.7	26.6	18.8
Almost always	3.7	5.8	4.3	4.6	7.9	5.2
Worthless?						
Almost never	87.5	78.8	80.9	74.4	66.7	77.9
Sometimes	8.5	12.1	12.3	16.4	18.9	14.7
Often	2.4	6.6	3.1	6.2	8.8	4.2
Almost always	1.7	2.6	3.7	3.1	5.7	3.2

Table 31. Perceptions of normative use

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
<u>About how many students in your grade do you think regularly use:</u>						
Cigarettes						
None	60.4	29.5	11.7	4.5	3.0	3.1
1-5%	26.2	48.9	27.8	30.7	31.8	33.3
6-10%	6.1	10.4	27.8	27.6	23.2	27.1
11-20%	2.9	4.7	13.6	14.6	18.5	18.8
20-30%	0.6	1.4	8.6	8.5	9.9	8.3
30-50%	0.6	0.4	3.7	6.0	7.7	3.1
More than 50%	0.6	0.4	1.9	4.0	2.1	4.2
I don't know	2.6	4.3	4.9	4.0	3.9	2.1
Alcohol (at least 2/month)						
None	51.9	23.0	3.1	1.0	0.9	3.1
1-5%	28.8	35.3	11.7	3.0	0.9	0.0
6-10%	2.9	19.8	14.8	3.0	0.9	1.0
11-20%	4.5	9.4	14.2	9.6	2.2	2.1
20-30%	3.5	4.7	17.3	13.2	8.7	4.2
30-50%	1.3	1.8	19.8	17.8	14.3	6.3
More than 50%	2.2	1.1	14.2	50.3	70.6	82.3
I don't know	4.8	5.0	4.9	2.0	1.7	1.0
Marijuana or hashish						
None	79.2	53.2	6.2	2.5	0.9	3.2
1-5%	12.2	29.1	24.1	7.6	2.2	2.1
6-10%	1.9	8.3	13.0	8.6	3.4	4.2
11-20%	1.0	2.5	18.5	17.2	8.2	7.4
20-30%	1.0	1.4	16.0	26.8	16.4	15.8
30-50%	0.6	1.4	13.0	17.2	25.9	29.5
More than 50%	0.3	0.0	4.3	18.2	40.5	36.8
I don't know	3.8	4.0	4.9	2.0	2.6	1.1
Prescription drugs without own prescription						
None	55.4	43.3	17.3	9.1	5.6	6.3
1-5%	25.6	30.3	42.6	33.3	21.2	25.0
6-10%	6.4	15.2	15.4	20.7	18.6	28.1
11-20%	5.1	3.6	8.0	12.6	19.0	20.8
20-30%	1.0	2.9	7.4	9.1	16.0	9.4
30-50%	0.3	0.0	1.9	5.6	8.7	4.2
More than 50%	1.0	0.4	0.6	2.0	3.0	3.1
I don't know	5.1	4.3	6.8	7.6	7.8	3.1
Median estimates						
Cigarettes	0.6	2.7	6.9	7.7	8.3	7.5
Alcohol	0.5	4.1	23.6	52.3	65.8	70.3
Marijuana	0.3	0.5	13.7	25.3	44.7	41.8
Rx Drugs	0.4	1..9	4.1	6.8	12.4	5.5

Table 32. Suicide awareness

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
Have you ever received suicide prevention training?						
No, never.	97.0	97.1	91.3	94.9	89.6	91.7
Yes, more than a year ago.	2.6	1.8	5.0	3.1	6.1	5.2
Yes, within the past year.	0.3	1.1	3.7	2.0	4.3	3.1
Would you like to receive suicide prevention training?						
Yes	21.6	25.2	15.9	21.4	28.7	27.1
No	78.4	74.8	84.1	78.6	71.3	72.9
I feel prepared to refer a friend who expresses suicidal thoughts to an adult who can help.						
Yes	60.1	60.6	67.1	61.7	67.2	71.9
No	39.9	39.4	32.9	38.3	32.8	28.1

SECTION 4. FAMILY DOMAIN

Table 33. Family attitudes toward substance use

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
<u>How wrong do your parents/guardians feel it would be if you:</u>						
Drink beer, wine, or hard liquor (more than a few sips)?						
Not at all wrong	0.3	0.4	0.0	0.0	0.9	2.1
A little bit wrong	0.6	1.1	0.6	3.6	2.6	3.1
Wrong	6.0	9.1	9.1	14.4	15.8	15.6
Very wrong	93.1	89.5	90.2	82.1	80.8	79.2
Smoke cigarettes?						
Not at all wrong	0.9	1.8	1.2	2.0	3.8	3.1
A little bit wrong	3.1	4.3	1.8	5.1	4.7	8.3
Wrong	14.8	15.9	17.1	16.8	16.2	14.6
Very wrong	81.1	77.9	79.9	76.0	75.2	74.0
Use marijuana?						
Not at all wrong	0.3	0.4	0.0	0.0	1.7	6.3
A little bit wrong	0.9	1.8	3.7	11.3	14.5	12.5
Wrong	4.4	4.3	9.1	16.4	18.4	22.9
Very wrong	94.3	93.5	87.2	72.3	65.4	58.3
Use Rx drugs without own Rx?						
Not at all wrong	0.3	0.4	1.2	0.0	1.7	3.1
A little bit wrong	0.3	0.7	1.2	2.6	1.7	0.0
Wrong	9.2	12.7	11.7	14.4	14.1	9.4
Very wrong	90.2	86.2	85.9	83.0	82.5	87.5

Table 34. Family status of alcohol and cigarette use

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
Do either parent drink alcoholic beverages?						
Yes	82.9	83.7	73.8	82.2	80.6	89.8
Has a family member used alcohol enough to create problems?						
Yes	6.5	10.7	14.2	14.4	12.8	15.5
Do either parent smoke cigarettes?						
Yes	7.2	6.2	8.4	10.4	7.4	5.1

Table 35. Family management

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
On a regular day, how many hours do you usually spend after school without an adult present?						
None	15.1	9.6	7.7	9.5	5.3	6.1
Less than 1 hour	45.2	28.9	25.0	24.9	19.7	18.2
1-2 hours	29.5	43.2	46.4	35.3	40.2	41.4
Up to 4 hours	7.1	14.6	15.5	18.9	21.3	29.3
More than 4 hours	3.1	3.6	5.4	11.4	13.5	5.1
When I am away from home, my parent/guardian knows where I am and who I am with.						
Definitely not true	0.6	0.0	0.6	1.5	3.7	0.0
Mostly not true	0.3	1.1	0.6	4.5	3.3	8.1
Mostly true	15.4	24.3	28.1	42.1	43.4	52.5
Definitely true	83.7	74.6	70.8	52.0	49.6	39.4
If I break one of my parent's rules, I usually get punished.						
Definitely not true	4.3	2.5	0.0	2.5	5.3	3.0
Mostly not true	10.8	8.6	14.6	16.3	16.8	14.1
Mostly true	41.5	43.2	43.9	54.5	42.6	49.5
Definitely true	43.3	45.7	41.5	26.7	35.2	33.3
My family has clear rules discouraging drinking alcohol.						
Definitely not true	14.2	12.9	18.7	11.4	8.2	11.1
Mostly not true	4.6	6.1	9.9	14.4	15.2	23.2
Mostly true	15.7	21.1	18.7	21.3	35.2	38.4
Definitely true	65.5	60.0	52.6	53.0	41.4	27.3
My family has clear rules discouraging smoking.						
Definitely not true	14.5	13.9	19.3	13.3	9.9	5.1
Mostly not true	0.6	1.4	2.9	4.9	2.5	5.1
Mostly true	4.9	6.4	6.4	9.4	10.7	14.1
Definitely true	80.0	78.2	71.3	72.4	77.0	75.8
My family has clear rules discouraging the use of marijuana.						
Definitely not true	14.8	14.6	19.9	13.9	9.0	7.1
Mostly not true	1.2	1.1	2.3	7.9	8.2	7.1
Mostly true	4.6	7.1	9.9	14.4	23.0	30.3
Definitely true	79.4	77.1	67.8	63.9	59.8	55.6
My family has clear rules discouraging recreational use of Rx drugs.						
Definitely not true	14.2	14.4	20.5	13.9	10.7	7.1
Mostly not true	0.9	1.8	2.3	4.0	3.7	6.1
Mostly true	5.3	7.2	6.4	10.0	10.7	13.1
Definitely true	79.6	76.6	70.8	72.1	75.0	73.7

Table 36. Parental attachment and involvement

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
I feel very close to my parent/guardian(s).						
Definitely not true	1.2	0.7	1.2	2.5	4.5	2.1
Mostly not true	1.9	5.0	5.3	7.9	7.0	8.2
Mostly true	15.7	17.9	26.5	34.7	32.4	36.1
Definitely true	81.2	76.3	67.1	55.0	56.1	53.6
I share my thoughts and feelings with my parent/guardian(s).						
Definitely not true	5.0	3.2	5.8	8.9	8.3	2.0
Mostly not true	10.5	14.7	16.4	15.3	17.4	14.3
Mostly true	47.4	56.3	43.9	51.0	44.2	56.1
Definitely true	37.2	25.8	33.9	24.8	30.2	27.6
I feel loved and valued by my family.						
Definitely not true	1.2	0.7	0.6	2.0	2.9	0.0
Mostly not true	0.6	1.4	1.2	3.0	2.9	4.0
Mostly true	14.2	15.8	18.8	24.3	19.8	24.2
Definitely true	83.9	82.1	79.4	70.8	74.5	71.7
My parents participate in activities at my school.						
Definitely not true	10.8	16.1	13.6	17.3	16.9	5.1
Mostly not true	25.1	29.3	18.3	21.3	32.1	30.6
Mostly true	37.5	34.3	41.4	45.0	35.0	44.9
Definitely true	26.6	20.4	26.6	16.3	16.0	19.4

SECTION 5. SCHOOL & COMMUNITY DOMAINS

Table 37. School performance

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
What kinds of grades do you usually get?						
Mostly A's	40.7	31.4	34.5	23.6	25.4	38.4
A's and B's	40.7	47.5	52.6	47.8	49.2	53.5
Mostly B's	12.7	12.5	11.1	23.2	20.1	7.1
B's and C's	4.3	7.1	1.2	3.9	3.7	0.0
Mostly C's	0.9	1.1	0.6	1.0	1.6	1.0
C's and D's	0.3	0.0	0.0	0.0	0.0	0.0
Mostly D's	0.0	0.4	0.0	0.5	0.0	0.0
D's and F's	0.0	0.0	0.0	0.0	0.0	0.0
Mostly F's	0.3	0.0	0.0	0.0	0.0	0.0

Table 38. Commitment to school

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
I try hard to do good work at school.						
Definitely not true	0.6	0.4	0.6	2.0	2.9	0.0
Mostly not true	0.3	2.5	0.0	1.0	1.2	0.0
Mostly true	24.1	26.4	20.5	28.7	22.6	19.6
Definitely true	74.9	70.7	78.9	68.3	73.3	80.4
I feel safe at school.						
Definitely not true	1.2	0.7	2.3	1.5	3.3	0.0
Mostly not true	2.5	2.5	2.9	0.5	3.7	1.0
Mostly true	27.0	36.6	34.5	32.3	38.8	25.5
Definitely true	69.3	60.2	60.2	65.7	54.1	73.5
I have a best friend at school.						
Definitely not true	2.2	1.1	4.7	1.0	8.6	2.0
Mostly not true	2.2	5.4	4.7	4.5	9.1	11.2
Mostly true	13.8	18.2	28.2	30.5	23.9	23.5
Definitely true	81.8	75.4	62.4	64.0	58.4	63.3
Teachers and staff encourage and support me to do my best.						
Definitely not true	1.9	1.1	0.6	2.5	4.1	0.0
Mostly not true	3.7	2.9	3.5	3.0	9.1	2.1
Mostly true	34.9	42.1	48.8	56.5	53.5	60.4
Definitely true	59.5	54.0	47.1	38.0	33.3	37.5

Table 39. Perception of neighborhood environment

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
<u>In my neighborhood:</u>						
There are lots of things for young people to do						
Definitely not true	1.7	1.8	10.6	9.3	14.4	13.7
Mostly not true	8.1	11.2	11.2	22.7	33.6	37.9
Mostly true	41.1	47.8	46.0	44.3	36.2	31.6
Definitely true	49.2	39.1	32.3	23.7	15.7	16.8
It is a safe place						
Definitely not true	0.3	0.7	3.1	1.0	1.8	2.1
Mostly not true	2.0	1.5	1.9	3.1	1.8	0.0
Mostly true	30.1	41.4	43.8	42.8	44.1	36.8
Definitely true	67.6	56.4	51.3	53.1	52.4	61.1
A lot of drugs are sold						
Definitely not true	63.9	35.3	17.0	9.8	7.1	8.4
Mostly not true	29.1	47.3	47.2	52.8	45.6	42.1
Mostly true	6.1	12.7	22.6	28.0	35.0	33.7
Definitely true	1.0	4.7	13.2	9.3	12.4	15.8
A few local stores offer drug paraphernalia. How do you feel about this?						
Strongly oppose	51.7	40.0	38.8	17.7	21.3	9.1
Somewhat oppose	19.5	24.6	25.3	15.3	12.7	17.2
Neutral/No opinion	27.9	31.4	29.4	54.7	48.4	54.5
Somewhat approve	0.0	3.2	5.9	5.9	6.6	11.1
Strongly in favor	0.9	0.7	0.6	6.4	11.1	8.1

Table 40. Perception of strategies to prevent alcohol use

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
<u>How important do you think the following are in preventing kids from drinking alcohol?</u>						
High price						
Very important	21.8	18.1	21.1	21.1	17.3	8.6
Somewhat important	38.9	44.2	38.5	33.7	30.8	35.5
Not important	31.0	34.1	33.5	39.2	48.1	51.6
I don't know	8.2	3.6	6.8	6.0	3.8	4.3
Checking ID's in stores and bars						
Very important	77.4	73.7	59.6	52.0	44.9	32.6
Somewhat important	15.0	19.4	26.5	31.8	32.5	42.1
Not important	3.8	6.5	10.8	12.1	20.9	22.1
I don't know	3.8	0.4	3.0	4.0	1.7	3.2
Friends who don't drink						
Very important	44.6	46.4	46.8	36.7	41.6	25.8
Somewhat important	35.3	35.9	32.9	35.2	27.0	43.0
Not important	11.2	14.1	17.1	23.5	28.8	28.0
I don't know	9.0	3.6	3.2	4.6	2.6	3.2
Parental strictness about drinking						
Very important	59.7	47.1	37.9	34.0	25.3	19.1
Somewhat important	29.4	36.4	36.6	40.6	39.1	45.7
Not important	7.3	14.7	21.1	22.8	32.6	33.0
I don't know	3.5	1.8	4.3	2.5	3.0	2.1
Driver's license suspension						
Very important	53.8	52.4	46.0	47.2	43.7	33.3
Somewhat important	28.5	33.9	35.4	34.9	33.2	45.2
Not important	9.3	9.2	12.4	12.3	17.5	18.3
I don't know	8.3	4.4	6.2	5.6	5.7	3.2
Alcohol education in school						
Very important	47.6	43.2	26.9	19.8	14.3	12.6
Somewhat important	28.9	32.6	33.1	27.9	27.7	31.6
Not important	15.2	21.2	34.4	46.2	54.1	52.6
I don't know	8.3	2.9	5.6	6.1	3.9	3.2
Blood alcohol or breathalyzer tests at school or home						
Very important	49.5	46.9	37.3	32.0	36.1	29.8
Somewhat important	29.7	37.0	44.9	42.6	39.5	41.5
Not important	6.7	8.4	11.4	18.8	18.9	23.4
I don't know	14.1	7.7	6.3	6.6	5.6	5.3

SECTION 6. COMPARISONS

Table 41. 30-Day substance use prevalence

Substance (any amount)	Grade 8			Grade 10			Grade 12	
	Westport		MTF	Westport		MTF	Westport	MTF
	2011	2014		2011	2014			
	%	%	%	%	%	%	%	%
Cigarettes	0.5	0.4	4.5	3.0	0.5	9.1	0.0	16.3
Alcohol	8.1	2.9	10.2	37.0	25.9	25.7	53.1	39.2
Marijuana	1.0	0.4	7.0	16.5	6.9	18.0	17.3	22.7
Cocaine	0.0	0.0	0.5	0.0	0.0	0.8	0.0	1.1
Crack Cocaine	0.0	0.0	0.3	0.0	0.0	0.4	0.0	0.6
Heroin	0.0	0.0	0.3	0.0	0.0	0.3	0.0	0.3
Hallucinogens	0.0	0.0	0.8	0.0	0.5	1.1	2.1	1.4
Angel Dust (PCP)	0.0	n/a	n/a	0.0	n/a	n/a	n/a	0.4
MDMA (ecstasy)	0.5	0.0	0.5	0.5	0.5	1.2	0.0	1.5
Ketamine	0.0	0.0	n/a	0.0	0.5	n/a	0.0	n/a
GHB	0.0	0.0	n/a	0.0	0.0	n/a	0.0	n/a
Salvia	0.5	0.0	n/a	0.0	0.0	n/a	0.0	n/a
Methamphetamine	0.0	0.0	0.4	0.0	0.0	0.4	0.0	0.4
K2 or Spice	0.5	0.0	n/a	1.0	1.5	n/a	0.0	n/a
Any illicit drug (not marijuana)	0.5	0.0	3.1	1.5	0.0	5.1	0.0	8.4
Steroids	1.0	0.0	0.3	0.0	0.0	0.4	0.0	1.0
Downers	1.5	0.4	n/a	2.0	1.0	n/a	2.1	n/a
Tranquilizers	0.0	0.0	0.9	0.0	0.5	1.6	1.0	2.0
Uppers (stimulants)	0.5	0.4	n/a	1.5	0.5	n/a	3.1	n/a
Pain meds (inc. opioids)	3.0	0.7	n/a	1.5	2.0	n/a	1.0	n/a
Over-the-counter meds	1.5	0.4	n/a	1.0	0.0	n/a	0.0	n/a
Any non-prescribed med	5.1	1.1	n/a	4.0	3.0	n/a	6.3	7.0
Inhalants	0.5	0.0	2.3	2.0	1.0	1.3	1.0	1.0
Energy drinks	28.6	8.2	n/a	21.8	12.8	n/a	11.1	n/a

* n/a = data not available

Table 42. Lifetime substance use prevalence

Substance (any amount)	Grade 8			Grade 10			Grade 12	
	Westport		MTF	Westport		MTF	Westport	MTF
	2011	2014		2011	2014			
	%	%	%	%	%	%	%	%
Cigarettes	4.6	0.4	14.8	10.1	4.9	25.7	8.1	38.1
Alcohol	34.5	13.6	27.8	65.0	51.7	52.1	76.5	68.2
Marijuana	3.6	1.4	16.5	33.0	12.9	35.8	36.7	45.5
Cocaine	0.5	0.0	1.7	0.5	0.5	3.3	0.0	4.5
Crack Cocaine	0.0	0.0	1.2	0.0	0.0	1.5	0.0	1.8
Heroin	0.5	0.0	1.0	0.0	0.5	1.0	0.0	1.0
Hallucinogens	0.5	0.0	1.9	2.5	1.5	4.4	4.2	6.4
Angel Dust (PCP)	0.5	n/a	n/a	0.5	n/a	n/a	n/a	1.3
MDMA (ecstasy)	0.5	0.0	1.8	1.5	1.0	5.7	2.1	7.1
Ketamine	0.5	0.0	n/a	0.0	0.5	n/a	0.0	n/a
GHB	0.0	0.4	n/a	0.0	0.0	n/a	0.0	n/a
Salvia	0.5	0.0	n/a	4.0	0.0	n/a	0.0	n/a
Methamphetamine	0.5	0.0	1.4	0.0	0.0	1.6	0.0	1.5
K2 or Spice	0.0	1.1	n/a	2.5	3.5	n/a	1.0	n/a
Any illicit drug (not marijuana)	1.0	0.4	9.3	7.5	5.4	15.7	6.1	24.7
Steroids	1.0	0.0	1.1	0.0	0.0	1.3	0.0	2.1
Downers	6.1	3.2	n/a	8.0	4.6	n/a	4.2	n/a
Tranquilizers	0.5	0.4	2.9	1.5	2.0	5.5	2.1	7.7
Uppers (stimulants)	0.0	0.7	n/a	0.5	0.5	n/a	8.3	n/a
Pain meds (inc. opioids)	10.7	5.8	n/a	6.5	4.5	n/a	3.1	n/a
Over-the-counter meds	2.1	2.2	n/a	3.0	2.5	n/a	1.1	n/a
Any non-prescribed med	15.2	4.7	n/a	14.5	7.4	n/a	9.3	21.5
Inhalants	5.1	1.4	10.8	6.5	3.0	8.7	6.3	6.9
Energy drinks	61.4	28.6	n/a	67.5	41.4	n/a	38.4	n/a

* n/a = data not available

Table 43. Perception of harm and availability

Substance	Grade 8			Grade 10			Grade 12	
	Westport		MTF	Westport		MTF	Westport	MTF
	2011	2014		2011	2014			
	%	%	%	%	%	%	%	%
Perception of “great harm” with regular use								
Cigarettes (pack per day)	73.0	77.4	62.4	73.5	76.8	70.8	79.2	78.2
Alcohol (1-2 per day)	39.5	38.8	30.8	26.8	41.6	30.6	36.5	23.7
Marijuana (regularly)	65.8	53.2	61.0	25.5	35.5	46.5	26.0	39.5
Parents would feel it "very wrong" for me to use:								
Cigarettes	82.7	77.9	n/a	79.5	76.0	n/a	74.0	n/a
Alcohol	58.7	89.5	n/a	35.4	82.1	n/a	79.2	n/a
Marijuana	87.8	93.5	n/a	67.3	72.3	n/a	58.3	n/a
Substance “fairly” or “very ” easily available								
Cigarettes	33.5	21.9	49.9	60.3	50.0	72.9	63.5	n/a
Alcohol	77.2	53.1	56.1	84.4	82.1	78.2	92.7	89.7
Marijuana	28.9	14.9	39.1	68.3	55.9	69.7	81.3	81.4

* n/a = data not available

Table 44. Comparison in Westport: Tobacco

Substance	Grades 7-8				Grades 9-10				Grades 11-12 2014
	2000	2002	2011	2014	2000	2002	2011	2014	
	%	%	%	%	%	%	%	%	%
Lifetime cigarette use	19.9	16.4	3.1	0.5	54.4	42.9	7.9	3.5	7.9
30-day cigarette use	8.4	4.2	0.5	0.2	25.8	16.5	2.5	0.8	2.0
Parent(s) smoke	17.3	15.0	7.1	6.7	26.7	23.6	9.6	9.3	6.8
Very easy to get	13.3	14.3	8.1	5.8	45.4	41.6	24.1	18.8	25.0
Source sometimes or often:									
Friends	14.2	13.4	1.0	n/a*	50.6	41.3	7.6	n/a	n/a
Parents, no permission	7.1	4.5	1.0	n/a	12.7	12.7	2.3	n/a	n/a
Store	5.7	6.1	0.3	n/a	29.1	22.2	4.1	n/a	n/a
Perceived great harm, regular use	76.0	78.1	74.6	78.5	73.8	79.6	71.7	76.0	81.0
Most close friends use	1.8	2.1	0.8	n/a	16.7	6.7	1.0	n/a	n/a
Very wrong for teen to use	50.5	57.6	91.3	95.5	14.8	28.6	58.7	73.8	62.2
Parent feels very wrong for me	80.5	80.9	84.0	91.5	57.3	68.5	78.9	85.7	80.5
Friends feel very wrong for me	n/a	n/a	n/a	77.3	n/a	n/a	n/a	55.0	47.1

* n/a = data not available

Table 45. Comparison in Westport: Alcohol

Substance (any amount)	Grades 7-8				Grades 9-10				Grades 11-12
	2000	2002	2011	2014	2000	2002	2011	2014	2014
	%	%	%	%	%	%	%	%	%
Lifetime use	47.6	38.5	27.2	10.8	78.3	73.7	57.0	37.9	65.3
30-day use	20.5	15.0	6.3	1.7	56.6	56.0	31.0	15.2	41.8
Drunk 3 or more times	5.6	>1.1	0.5	n/a*	26.1	31.9	20.6	n/a	n/a
Drink 4 or more at a time	3.2	<1.0	0.0	7.8	19.9	21.2	13.8	25.5	46.1
Family rule discourages use	68.6	n/a	54.6	63.0	46.8	n/a	37.8	53.0	37.4
Parent(s) drink	63.0	67.6	85.6	83.2	65.9	65.0	89.2	78.7	83.2
Problem drinking in family	19.0	15.0	9.7	8.3	24.8	19.5	16.7	14.4	13.3
Very easy to get	28.4	27.8	35.1	14.9	42.0	46.7	53.2	39.4	60.2
Source sometimes or often:									
Friends	30.1	17.4	4.4	1.3	70.7	66.4	41.8	25.8	54.6
Parents, no permission	17.5	13.7	4.7	1.5	43.8	41.8	23.0	17.1	29.4
Store	3.8	2.8	0.3	0.3	17.7	15.9	2.5	3.5	13.4
Place of alcohol or drug use									
At home	9.0	5.1	20.4	3.7	30.0	24.8	20.9	14.5	24.6
Homes of other people	8.1	5.1	5.9	1.5	40.4	40.7	42.8	20.9	47.0
Perceived great harm, regular use	50.5	62.5	37.7	39.3	56.4	48.4	30.4	46.8	45.6
Most close friends use	2.3	3.9	1.8	n/a	33.5	33.7	29.2	n/a	n/a
Very wrong for teen to use	36.2	50.6	66.4	87.1	6.1	11.9	20.8	37.1	20.4
Parent feels very wrong for me	57.5	67.4	61.2	79.7	32.5	36.0	42.4	77.6	75.1
Very important in preventing teens from drinking									
High price	28.1	26.1	17.3	20.2	17.6	18.4	10.6	21.0	14.9
Checking IDs	74.8	81.1	65.9	75.7	57.4	45.1	42.0	55.4	41.5
Friends who don't drink	58.1	66.3	46.3	45.5	44.6	40.9	38.0	41.6	36.9
Parental strictness	50.0	59.9	61.0	54.0	27.2	25.1	36.6	35.8	23.6
Alcohol education in school	41.6	41.9	42.5	45.7	23.4	19.2	17.7	22.9	13.8

* n/a = data not available, question not included in that year.

Table 46. Comparison in Westport: Drugs

Substance (any amount)	Grades 7-8				Grades 9-10				Grades 11-12
	2000	2002	2011	2014	2000	2002	2011	2014	2014
	%	%	%	%	%	%	%	%	%
<u>Marijuana</u>									
Lifetime use	5.9	8.4	2.6	0.8	39.3	38.8	23.1	8.7	31.6
30-day use	4.1	4.6	1.1	0.3	27.1	23.2	11.8	4.6	14.7
Very easy to get	6.2	11.9	8.7	3.9	33.8	40.6	33.1	21.8	44.6
Perceived great harm	78.6	81.6	72.1	60.0	66.0	57.8	34.6	38.6	29.0
Most close friends use	<1.0	2.8	0.0	*	15.3	16.0	8.2	*	*
Very wrong for teen to use	71.8	70.3	89.2	93.8	24.7	24.0	44.1	57.3	30.3
Parent feels very wrong for me	91.0	91.0	90.3	94.1	73.3	69.5	68.8	78.9	63.5
Friends feel very wrong for me	*	*	*	79.3	*	*	*	45.0	19.6
Downers (barbiturates, sleeping pills, Quaaludes)									
Lifetime use	6.8	5.6	6.0	2.9	14.2	7.7	6.4	4.5	6.7
30-day use	<1.0	*	7.8	0.2	<1.0	*	6.7	0.8	3.1
Pain meds (codeine, Percodan, dilaudid)									
Lifetime use	11.9	10.6	7.8	4.1	17.4	11.3	6.7	4.2	5.2
30-day use	<1.0	*	2.6	0.9	<1.0	*	2.2	1.4	1.5
Uppers (stimulants)									
Lifetime use	n/a	n/a	1.1	0.3	n/a	n/a	1.5	1.4	6.7
30-day use	n/a	n/a	0.8	0.2	n/a	n/a	1.0	0.6	2.1
In past year:									
Sold illegal drugs	1.4	2.1	1.3	0.5	6.9	6.9	2.5	2.0	5.2
Bought illegal drugs	2.8	2.8	1.6	n/a	19.1	15.3	9.7	n/a	n/a
Lot of drugs definitely sold in neighborhood	3.6	4.3	5.8	2.8	16.2	9.1	15.2	11.2	13.4
People in neighborhood definitely trying to keep kids off drugs.	42.4	44.1	65.0	n/a	23.6	21.9	41.0	n/a	n/a

* Not recorded.

SECTION 7. CORRELATIONS – 30-DAY ALCOHOL USERS VS. NON-USERS

Tables in this section compare respondents (in all grades) who reported drinking alcoholic beverages within the past 30 days (Users) with those who reported they did not (Non-Users). Mean scores reported in each table are derived from the same data used to generate the tables in previous sections of this report. Mean scores are ascending intensity scales, as explained in footnotes. The rescaling calculation and determination of statistical significance are explained in METHODS. Statistical significances indicated are: n.s. = no significant difference ($p > 0.05$), 0.05 = [$p = 0.01$ to 0.05], **0.01** = [$p = 0.001$ to 0.01], **0.001** = [$p < 0.001$ to 0.001], **<0.001** = [$p < 0.001$]. See METHODS.

Table 47. Social supports

Question and response choices	Statistical Significance	Scale Score, Recent Alcohol Consumption		
		NO	YES	YES/NO
	p-value	% of max	% of max	%
<u>When you have a problem that bothers you, how often do you talk about it with:</u>				
Parents or guardians	n.s.	55.6		
A teacher	n.s.	13.8		
A friend	n.s.	63.8		
Nobody, I keep it to myself	n.s.	46.2		

* Mean scores are based on the 4-point scale of Table **, rescaled to 0-100.

Higher score means GREATER likelihood of talking with person(s) indicated.

Table 48. Attitudes toward antisocial behavior

Question and response choices	Statistical Significance	Scale Score, Recent Alcohol Consumption		
		NO	YES	YES/NO
	p-value	% of max	% of max	%
<u>How wrong do you think it is for someone your age to:</u>				
Taunt someone to hurt their feelings	n.s.	81.2		
Cheat on a test at school	n.s.	76.6		
Drink alcoholic beverages	<0.001	74.3	17.6	23.7
Smoke cigarettes	n.s.	90.2		
Use marijuana	<0.001	82.3	32.2	39.1
Pick a fight with someone (not family)	0.01	72.8	60.7	83.3
Place bets on-line	0.05	59.8	38.8	64.9
Drink and drive	n.s.	96.2		
Use marijuana and drive	n.s.	94.2		
Text and drive	n.s.	88.2		
Purposely damage property that does not belong to them	n.s.	91.4		
Attack someone to hurt them	0.01	93.4	87.8	94.0
Ride with driver under influence of alcohol or drugs	n.s.	90.7		

* Mean scores are based on the 3-point scale of Table **, rescaled to 0-100.

Higher score means the act was considered MORE WRONG by the average respondent.

Table 49. Time spent after school

Question and response choices	Statistical Significance	Scale Score, Recent Alcohol Consumption		
		NO	YES	YES/NO
	p-value	% of max	% of max	%
<u>How many hours a week do you usually spend:</u>				
Watching TV	n.s.	43.5		
Reading books, magazines or newspapers	n.s.	35.0		
Hanging out with friends in private homes	<0.001	43.2	54.6	126.4
Doing volunteer work	n.s.	17.1		
Attending religious services	n.s.	14.8		
Using a computer unrelated to school	n.s.	58.4		
Listening to music	n.s.	56.4		

* Mean scores are based on the 4-point scale of Table **, rescaled to 0-100.

Higher score means more time spent in the activity by average respondent.

Table 50. Self concept

Question and response choices	Statistical Significance	Scale Score, Recent Alcohol Consumption		
		NO	YES	YES/NO
	p-value	% of max	% of max	%
<u>How much do you disagree or agree with the following:</u>				
I feel lonely.	n.s.	21.2		
I am good at making decisions.	n.s.	74.7		
I feel sad most of the time.	n.s.	18.4		
I have so much energy, I don't know what to do with it.	n.s.	30.1		
I have less energy than I think I should.	n.s.	78.5		
I have a number of good qualities.	n.s.	39.2		
I often have trouble sleeping.	n.s.	30.7		
I stand up for what I believe in.	n.s.	75.9		
I believe my life is going in a positive direction.	n.s.	79.8		
<u>In the past 30 days, how often did you feel:</u>				
Nervous?	n.s.	42.7		
Hopeless?	n.s.	14.6		
Restless or fidgety?	n.s.	29.9		
So depressed nothing could cheer you up?	n.s.	9.9		
Angry with someone or something?	n.s.	34.0		
Worthless?	n.s.	10.2		

* Mean scores are based on the 4-point scale of Table **, rescaled to 0-100.

Higher score means STRONGER AGREEMENT by average respondent.

Table 51. Other characteristics possibly related to alcohol consumption

Question and response choices	Statistical Significance	Scale Score, Recent Alcohol Consumption		
		NO	YES	YES/NO
	p-value	% of max	% of max	%
Weekday time after school without adult present	n.s.	44.9		
Does either parent drink alcohol?	0.05	79.0	94.4	119.5
Anyone in family ever had problems with alcohol	<0.001	10.7	22.1	205.8
What kinds of grades do you mostly get?	0.05	47.8	53.4	111.6
How long in Westport schools?	n.s.	87.4		
Play varsity or JV sports?	n.s.	37.5		

Appendix.

Survey Instrument
Westport Youth Survey 2014

Westport Youth 2014

1. Introduction

This survey is sponsored by Positive Directions and Westport Public Schools. The survey is open to youth in grades 7 through 12 attending school in Westport. We are conducting the survey to learn about your experiences, feelings and influences regarding tobacco, alcohol, drugs, and other activities. This is not a test. There are no right or wrong answers.

We encourage you to answer **truthfully**. Your answers cannot be traced back to you, so you can be completely honest. This is your chance to be heard.

If you are taking this survey later in the cycle, you may have heard classmates talking about the questions or answers they gave. We are relying on your independent spirit and integrity to give answers based on your OWN opinions and experiences, regardless of what you may have heard.

Please work as quickly as you can. If you don't find an answer that fits exactly, choose one that comes closest. You should not compare or discuss your answers with other students while you are taking the survey, but you may ask your teacher or survey administrator if you do not understand a question.

Until you click **Done>>** at the end, you may back up and change answers. To discontinue taking the survey, click the Exit Survey box. If you exit, you are all finished, and cannot return to the survey later. When you have completed the survey, click **Done>>** and wait for instructions from your teacher.

2. Personal

SECTION 1: Questions About You.

1. What grade are you in now?

- ☐ 7 ☐ 8 ☐ 9 ☐ 10 ☐ 11 ☐ 12

2. What is your gender?

- ☐ Female ☐ Male

3. How do you describe yourself?

- ☐ White or Caucasian
☐ Black or African American
☐ Asian or Pacific Islander
☐ Native American
☐ Hispanic or Latino
☐ Other (please specify)

3. School, Relationships

SECTION 2: Questions About School, Relationships.

4. On a regular weekday, how many hours do you usually spend after school without an adult present?

- ☐ None
- ☐ Less Than 1 Hour
- ☐ 1 To 2 Hours
- ☐ Up To 4 Hours
- ☐ More Than 4 Hours

5. Are you eligible for free or reduced lunch at school?

- ☐ No, I pay full price
- ☐ Yes, my lunch is free, or I pay a reduced price
- ☐ Don't Know / Not Sure

6. About how long have you gone to school in Westport?

- ☐ This is my first year.
- ☐ 1-2 years.
- ☐ 3-5 years.
- ☐ More than 5 years.

7. What kinds of grades do you mostly get? (Please choose one or two.)

- ☐ A's
 ☐ B's
 ☐ C's
 ☐ D's
 ☐ F's

8. Please choose how true the following statements are for you

	Definitely NOT True	Mostly NOT True	Mostly True	Definitely True
I try hard to do good work at school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel safe at school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a best friend at school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Teachers/staff at my school encourage and support me to do my best.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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9. Are you involved in athletics? (Please choose all that apply.)

- ☐ No
- ☐ Yes -- informal, not through an organization
- ☐ Yes, organized outside school (Recreation Dept., etc.)
- ☐ Yes, school physical education activities
- ☐ Yes, school intramural sports
- ☐ Yes, on varsity, JV or freshman team(s) representing my school.

10. How many hours a week do you usually spend:

	None	Up To 3 Hours	3 To 7 Hours	More Than 7 Hours
Watching TV?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Reading books, magazines or newspapers?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hanging out with friends at malls or other public areas?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Doing volunteer work?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Attending religious services, groups or programs at a church, synagogue, or temple?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Using a computer for recreation (email, online, etc.) not related to school work?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Listening to music?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

11. Please choose how true the following statements are for you.

	Definitely NOT True	Mostly NOT True	Mostly True	Definitely True
When I am away from home, my parent/guardian(s) know where I am and who I am with.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I share my thoughts and feelings with my parent/guardian(s).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My parent/guardian(s) participates in activities at my school, including attendance at school events.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel very close to my parent/guardian(s).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel loved and valued by my family.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If I break one of my parent/guardian(s) rules, I am usually disciplined.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

4. Substances (1)

SECTION 3: Questions About Substance Use.

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12. Please choose how true this statement is for you:

My family has clear rules to discourage me from the following:

	Definitely NOT True	Mostly NOT True	Mostly True	Definitely True
Smoking cigarettes or using tobacco.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Drinking alcoholic beverages.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Using marijuana.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Using prescription drugs not prescribed to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

13. Do either of your parents/guardians:

	NO	YES
Smoke cigarettes?	<input type="radio"/>	<input type="radio"/>
Drink alcoholic beverages?	<input type="radio"/>	<input type="radio"/>

14. Has anyone in your family (such as a parent, brother or sister, not including you) ever used alcohol so that it created problems at home, at work, or with friends?

☐ NO ☐ YES

15. A few local stores offer drug paraphernalia (like bongs or papers for rolling joints) for sale to everybody, including teenagers. How do you feel about this?

- ☐ Strongly oppose
- ☐ Somewhat oppose
- ☐ Neutral / No opinion
- ☐ Somewhat in favor
- ☐ Strongly in favor

5. Substances (2)

16. Think back over the past 30 days. On how many days, if any, did you use any of the following?

	In my LIFE I have NEVER used.	Never in past 30 days.	Occasionally (1-4 days).	Frequently (5-20 days).	Almost every day (21 days or more).
Cigarettes.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other tobacco product (like snuff, chewing tobacco, cigar, pipe tobacco).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e-Cigarettes.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Marijuana or hashish.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Any illegal drug other than marijuana.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A prescription drug without your own prescription.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
An energy drink (like Red Bull, Monster, Amp or Rock Star).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
An energy drink containing alcohol.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

17. Think back over your entire lifetime and try to remember whether you have **EVER used any of the following. If so, what was your age when you **FIRST** used the substance?**

	NEVER Used	12 or Younger	13 or Older
Cigarettes.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other tobacco product (like snuff, chewing tobacco, smoking tobacco from a pipe).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Alcoholic beverages (more than a sip, and NOT including religious activities).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Marijuana or hashish.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A prescription drug without your own prescription.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

18. During the past 30 days, on how many days (if any) did you drink alcoholic beverages (more than a sip, and NOT including religious activities).

- ☐ I have NEVER had alcohol to drink.
- ☐ Not in past 30 days.
- ☐ Occasionally (1-4 days).
- ☐ Frequently (5-20 days).
- ☐ Almost every day (21 days or more).

6. Alcohol

19. How often do you get alcoholic beverages from:

	Never	Sometimes	Often
Your parents, <u>with</u> their permission?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your parents, <u>without</u> their permission?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your brother(s) or sister(s)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
From other people who buy it for you?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At a party with an adult's permission (21 or older)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At a restaurant?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At a store or bar (you buy it)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

20. In the past 30 days, did you drink alcoholic beverages in any of the following places:

	Never	Sometimes	Often
At your home?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At the homes of other people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
On the street, in the woods, or in parks or fields?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At school activities, like dances or sporting events?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
While you were driving a car, truck or motorcycle?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

21. In the past 30 days, how often have you had 5 or more alcoholic drinks (beer, wine, wine coolers, mixed drinks, hard liquor, etc.) during a single occasion?

- ☐ I have NEVER in my life had 5 or more drinks on a single occasion.
- ☐ Never in the past 30 days.
- ☐ Occasionally (1-4 occasions)
- ☐ Frequently (5-20 occasions)
- ☐ Very frequently (21 occasions or more)

7. Substances (3)

22. What 3 factors do you think influence people about your age the most to use alcohol (more than a few sips, and not including religious activities)?

	Most Important	Second Most Important	Third Most Important
Friends / peer pressure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Boredom	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Curiosity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Advertisements / Media	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Family tradition	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
To have fun	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Alcohol readily available	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Angry / upset with someone	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Stress / to feel better	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

23. How important do you think the following are in preventing teens from drinking alcoholic beverages?

	Very Important	Somewhat Important	Not Important	Don't Know
High price	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Checking ID in stores and bars	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Friends who don't drink	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Parental strictness about drinking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Having driver's license suspended for drinking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Alcohol education in school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Breathalyzer tests	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

8. Substances (4)

24. How much do you think people risk harming themselves physically or in other ways when they do the following:

	No Risk	Slight Risk	Moderate Risk	Great Risk	Don't Know
Smoke cigarettes, 1 or more packs a day?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Drink alcoholic beverages, 5 or more drinks once or twice a week?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Have 1-2 drinks of an alcoholic beverage nearly every day?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use marijuana 1-2 times or more a week?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use prescription drugs occasionally without their own prescription?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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25. How wrong do your parents feel it would be for you to do the following:

	Not At All Wrong	A Little Bit Wrong	Wrong	Very Wrong
Have 1-2 drinks of an alcoholic beverage nearly every day?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Smoke tobacco?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use marijuana or hashish?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use prescription drugs not prescribed to you?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

26. How wrong do your friends feel it would be for you to:

	Not At All Wrong	A Little Bit Wrong	Wrong	Very Wrong
Have 1-2 drinks of an alcoholic beverage nearly every day?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Smoke tobacco?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use marijuana or hashish?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use prescription drugs not prescribed to you?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

9. Substances (5)

27. Have you EVER used any of these drug(s)?

	NO, Never	YES, But NOT in the Past 30 Days	YES, In Past 30 Days
Inhalants (things you sniff or inhale to get high)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cocaine	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Crack cocaine (rock)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Allovetes (vites)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
MDMA (Ecstasy)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hallucinogens (LSD, acid, mushrooms, Angel Dust)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Heroin	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Salvia	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ketamine (Special K)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
GHB	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Methamphetamine (Meth)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Synthetic marijuana (Spice, K2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Bath Salts (Ivorywave, Red Dove)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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28. Have you ever used any of these drug(s) on your own, without your own prescription or a doctor or dentist telling you to?

	No, Never	Yes, But NOT in the Past 30 Days	Yes, In Past 30 Days
Prescription pain medicines (for example OxyContin, Vicodin, codeine, or dilaudid)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Steroids (juice, roids)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Downers (for example barbiturates, sleeping pills, sedatives, Quaaludes)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Tranquilizers (Valium, Xanax, Librium)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Uppers (for example Ritalin, Adderall, amphetamines, or speed)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Over-the-counter medicines to try to get "high" (for example cough medicines, mouthwash)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

29. If there were 100 randomly chosen students in your grade, how many do you think:

	None	1-5	6-10	11-20	20-30	30-50	50+	I Don't Know
Smoke cigarettes?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Drink alcohol twice a month or more?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use marijuana or hashish?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use prescription drugs without own prescription?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

10. Traits and Opinions

30. How much do you agree or disagree with the following?

	Strongly Disagree	Disagree	Agree	Strongly Agree
I feel lonely.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am good at making decisions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel sad most of the time.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have so much energy I don't know what to do with it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a number of good qualities.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have trouble concentrating.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have less energy than I think I should.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I stand up for what I believe in.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I believe that my life is going in a positive direction.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

31. In the past year, did you

	NO	YES
Steal something worth less than \$100?	<input type="radio"/>	<input type="radio"/>
Cheat on a test at school?	<input type="radio"/>	<input type="radio"/>
Sell illegal drugs?	<input type="radio"/>	<input type="radio"/>
Bring a knife, gun, or other weapon to school?	<input type="radio"/>	<input type="radio"/>
Pick a fight with someone (not a family member)?	<input type="radio"/>	<input type="radio"/>
Said or did something mean to someone with the idea of hurting their feelings?	<input type="radio"/>	<input type="radio"/>
Ride as a passenger with a driver under the influence of drugs or alcohol?	<input type="radio"/>	<input type="radio"/>

11. Traits and Opinions 2

32. When you have a problem that bothers you, how often do you:

	Never Or Almost Never	Sometimes	Often	Always Or Almost Always
Talk about it with your parent(s) or guardian(s)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Talk about it with a teacher?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Talk about it with a friend?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Keep it to yourself?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

33. Have you ever received suicide-prevention training?

- ☐ No, never.
- ☐ Yes, more than a year ago.
- ☐ Yes, within the past year.

34. Would you like to receive suicide-prevention training?

- ☐ YES
- ☐ NO

35. I feel prepared to refer a friend who expresses suicidal thoughts to an adult who can help.

- ☐ YES
- ☐ NO

36. How wrong do you think it is for someone your age to:

	Not At All Wrong	Somewhat Wrong	Very Wrong
Tease or taunt someone with the idea of hurting their feelings?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cheat on a test at school?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Drink beer, wine, wine coolers or hard liquor?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Smoke cigarettes?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use marijuana?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use prescription drug without own prescription?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pick a fight with someone (not a family member)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Place bets, on-line or in person?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Drink and drive?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use marijuana and drive?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Text and drive?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Purposely damage property that does not belong to them?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Physically attack someone with the idea of hurting them?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ride as a passenger with a driver under the influence of drugs or alcohol?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

12. Community

37. Please choose how true the following statements are for you.

	Definitely NOT True	Mostly NOT True	Mostly True	Definitely True
There are lots of things for young people to do in my community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My community is a safe place.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A lot of drugs are sold in my community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

38. During the past 30 days, about how often did you feel:

	Never Or Almost Never	Sometimes	Often	Always Or Almost Always
Nervous?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hopeless?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Restless or fidgety?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
So depressed that nothing could cheer you up?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Angry with someone or something?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Worthless?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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39. If you wanted to, how easy do you think it would be for you to get:

	Very Easy	Sort Of Easy	Sort Of Hard	Very Hard
Alcoholic beverages?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cigarettes?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Marijuana?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A gun?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A drug like cocaine, heroin, LSD, or amphetamine?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A drug without your own prescription, like Ritalin, Xanax, or OxyContin?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

13. Thanks!

Everybody in Westport thanks you very much for sharing your thoughts and experiences!

Make sure you are all finished, then click on **Done>>** at the bottom.

Thanks!!